



सहयोग :
आईएलओ / आईपेक
कार्यक्रम नेपाल

द्वितीय अन्तर्राष्ट्रिय श्रम दिवस
को अवसरमा

प्रशिक्षक निर्देशिका



जिफन्ट



एनटीयूसी



डिकोन्ट

हाम्रो भनाई

cf0Pn-cf-cf0k\$ndfgj aṛlavg lj?4sf]cleofgdf w}ai{v cfj fh p7fp)cPsf]tYo ; jlj ltt} 5 . o; }kljt4tf :j?k cf0Pn-cf]cf0k\$ sfo\$ḍ cḍ(t ^) eḍf a9Ldh\$xd?df rḥlaḍLaṛlj vg lj?4 rṭgf clej4 tyf kḡ{yfkḡf sfo\$ḍdf hfū?s tyf lsḍflzn ; /sf/Ltyf u} ; /sf/Llgsfo, /fhuf/bḥtf tyf dhh/ ; u7gx? kl/rfng u/ḥf]5 .

gkḥndf cf0Pn-cf-cf0k\$ sfo{t /xḥf]Ps bzssf]cgejdf dfgj j ṛlj vg lj?4 w}sfo\$ḍx? sfo{ḡ og xḥ}cfPsf 5g\ cf0k\$sf sfo\$ḍx? lgsi6 kḥ/sf afn>d pḍdhgsf]nflu ; doj4 sfo\$ḍ ofhgḡf; f/ ; ṛflnt 5g\ sfo{ḡnd]aṛlj vḡdf k/ḥf tyf hfḡvddf k/ḥfnf0{p4f/ ugḥf] nflu TICSA-Trafficking in Children in South Asia kl/ofhgḡ cḍ(t rḥlaḍLaṛlavg tyf cf] f/k; f/ lj?4 ; /sf/Ltyf u} ; /sf/Llgsfo, /fhuf/bḥtf tyf dhh/ ; u7gx?; Ḥ ; dḡ o u/Llj leḡ lqmfsnfkx? ; ~rfng e0{/xḥf 5g\

cf0Pn-cf-cf0k\$ / dhh/ ; u7gx?sf]; ḡQmkḡf; df agḥf]oftfoft dhh/x?sf]nflu of]tḥnd kl:tsf kxnf]kḡf; xḡ. o; cu8LrḥlaḍLaṛlj vg lj?4 cleofgdf gkḥn 6ḥ olgog sḥf] -NTUC, gkḥn 6ḥ olgPg dxḡ; 3 -GEFONT_ tyf gkḥn khḥtflḡs 6ḥ olgog dxḡ; 3 -DECONT_ sf]; ḡQm tḥj j wḡdf o; kḥ/sf]; ḡQmcleofgn]; ṛfng ePsf]lyof]. o; ; xsfo{ḡ w}gkḥnLrḥnaḥx? aṛlavgsf]vt/fah6 ; rṭ e0{cfkḥ]; Sg]pNḡylgo ; xofḡ kḡf0{oftfoft dhh/x?n]; fdflhs bḡoḥj klḡ cfkḡf]klḡa4tf hḡx] u/ḥf]bḡvḤ . o; ; ḡQmtḥnds]dVo p2Ḷo tḥnd kl:tsf lḡdḡḡ cfrf/ ; kḡf lḡdḡḡ / dfgj aṛlj vg lj?4 klḶIf0f sfo\$ḍx? ; ṛfng ugḶ oftfoft Ifḡdf sfo{t dhh/ tyf sdḥf/x?nf0{; rṭ u/fpg] hḡrṭgf clej4 ugḶ dfgj aṛlavg h:tḥ]sht sfoḍf kḡḥḡx?nf0{p4f/ ugḶ/ ; xofḡLsfoḥtf{klḶIf0f Jofks ?kdf ; ṛfng ugḶxḡ\

o; cleofgdf tḡj6}dhh/ ; u7gx?n]lj leḡ sfo{x? ; Ḷḡḡ ug{5ḥf 5ḥ}?kdf cuj f eldsf lḡj ḡḡ u/ḥf lyP . h; df gkḥn 6ḥ olgog dxḡ; 3n]klḶIf0f tḥnd kl:tsf nḡgsfoḍf cuj f0{u/ḥf]lyof] eg]gkḥn 6ḥ olgog sḥf] n]oftfoft dhh/x?sf]nflu cfrf/ ; kḡf nḡg sfoḥf0{cutḥ lbPsf]lyof]. o:t}gkḥn khḥtflḡs 6ḥ olgog dxḡ; 3n]klḶIf0f tḥnd ; ṛfngdf cuḶldsf lḡj ḡḡ u/ḥf] lyof]. oLtlḡ}; u7gx?sf]sfoḥIfḡnf0{dWgh/ /fḡ}pxḡḤ?sf]; xḶgo sfoḥf0{wḡj fb glb0{/xḡ ; lsbḡ .

o; tḥnd kl:tsfah6 oftfoft dhh/ ; fyḶx?n]cf cfkḡf]bḡoḥj nf0{/fdḡ] Ḥ ; bkofḡ / kl/rfng ugḶḡḡ . rḥnaḥLaṛlavg /fḡyḡd sfoḍf dḡuḶzḡsf]?kdf tof/ kl/Psf]o; kl:tsf tyf cfrf/

; ktfn]eljiodf hflvd ; dxd /xsf tyf arlavgsf]sht sfof km\$; ; dbfox?nf0{to:tf u}sfggL
lsqfsnfkx?af6 lg?T; flxt ug{cxd eldsf lgjfx ug\$.

gkfn 6\$ olgog dxf; 3sf >Llj b/ sfsI]gkfn 6\$ olgog sff] sf >Lwd{e08f/L tyf gkfn
k]ftf]qs 6\$ olgog dxf; 3sf >LrG|k| fb 9sfn]sf]; x]lgo kof; n]ubf{of]sfo{; lkG xg ; s\$]f
xf]. t; y{pxf?nf0{cf0Pn=cf] cf0k\$ x]lbf wofj fb 1fkg ub\$. of]kl:tsf n]yg sfof cf-
cf gf]I]qaf6 cdNo of]ubfg k]vofpg' xg]8f= u]kfn l; j fsf\$; >Lldlgiff vqL9u]gf; >L; hgf kfyh
tyf cG' k08]; d] wofj fbsf kfq xgxG .

cGdf, klzIof tfndsf ; xefuL dnb/ ; fyx?sf]dxTj k0f{; 'enfj x?af6}tfnd kl:tsf tyf cfrf/
; ktf tof/ ePsf]cjut u/fp5'. cfzf 5 , dfgj arljvg lj?4 cys kof; clj/n ?kdf cu8L
a9b}hfg]ck]ff /fb}gkfn dfgj j r]ljvg dSt /fi6sf]?kdf :yflkt xf] eG]sfdgf ; kt xdf]egf0
6^aWofpg rfxG'.

ejlbo,

श्री प्रचा भासुप्रसात
clkm/ 0r fh{
cf0Pn=cf] gkfn

भूमिका

cG{fli6e >d ; u7gsf]cf0k\$ sfoqnd cG{t r[hj}L tyf j fnj fnsf j r]j vg lj?4sf]cleofgd
oftfoft dhh/nf0{; d}g]u/Lb}zsf dfctf kkt ltgj 6f 6\$ olgog dxf; 3x? gkfn 6\$ olgog
dxf; 3 -lhk06_ gkfn 6\$ olgog s[u] -Pgl6ol; _ / gkfn khftf]Gs 6\$ olgog dxf; 3 -l8sf06_
nf0{o; df ; m}g ul/of]. gkfn 6\$ olgog dxf; 3nf0{Dofgc n}yg, Pgl6ol; nf0{cfrf/; ktf tof/
ug{/ l8sf06nf0{klz]fs klz]f0f sfoqndsf]nflu lhDj j f/Lk/}f]lyof]. ltg j 6}dxf; 3df cfj 4
oftfoft If]df lqmf]zn /fli6e ; 3x? gkfn oftfoft :jtG dhh/ ; u7g, gkfn oftfoft dhh/ ; 3
/ gkfn oftfoft dhh/ ; ef nf0{566f 566}ultlj lw ug{lhDj j f/L lj efhg ul/Psf]lyof].

gkfn 6\$ olgog dxf; 3n]cfkng]lhDj j f/Lj d]hd oftfoft dhh/sf nflu of]klz]fs lgb] ; sf tof/
u/}f]5 . o; n]dfgj j r]j vg lj?4 ; r}ng ul/g]t]ndsf nflu cfj :os lgb}z / cfw/et lj ifo
jZtsf]j f/}f hfgs/Lu/fpg]ck]ff ul/Psf]5 . o; df k}tt lj ifo / ; fdfu}n]lj ifojZtsf ; fy}
o; sf]k}stf]sf]nflu cfj :os lgb}z klg ug} .

of]Dofgcnsf]; fdfu} ; sng, n}yg gkfn 6\$ olgog dxf; 3sf ; lrj -lzIf lj efu_ lj b/ sfs]h]ug{
ePsf]xf]. of]sfo}f nflu ; xof]h ug{cG{fli6e >d ; u7g, 8f= ufkfn l; j fs}L, cf0Pncf]cf0k\$
sfoqndsf kd}v ldlgiff 9üfgf, jls{ sld6lsf ; hgf kfy/h -kkn]f0f j fr_ /d}z k}h -lx/f06}_ ,
Hf]Lk}h -j/}_, wd{e08f/L-oftfoft dhh/ ; 3_ rG/fh 9sfm -oftfoft dhh/ ; ef_ ; xt
n}ysnf0{w}oj fb 1fkg ub}f} ; fy}cfkng]yk ; e}fj x?af6 lgb}zsfnf0{cf]emf]/ Joj x]l/s j gfg
; xof]h ug{g]klz]f0df ; m}g ; Dk0{ ; fy}x? tyf dxf; 3sf ; fy}x? k}t x]l} w}oj fb 1fkg ug{
rfx]5}. o; lgb}zsf]; Dj lGwt If]df ck]ft ; w/sf nflu yk of]hbg ug{ck]ff ; xt z}sfdf
JofQmub}f}.

मुकुन्द न्यौपाने

cWIf

gkfn 6\$ olgog dxf; 3 -lhk06_

कार्यक्रमको उद्देश्य

- s= oftfoft Ifqdf sfoxt dnb/ Pj +sdxf/Lxnf0{dfgj ařlavg lj?čsf]lj zif klzIf0f kbfg u/L z; Qns/Of ug{.
- v= oftfoft Ifqdf sfoxt dnb/ tyf sdxf/Lxnf0{; ul7t u/LpgLxsf xs clwsf/ kl{t ; r{t u/fpg}.
- u= oftfoft Ifqdf sfoxt dnb/x{sf alr dfgj ařlavg, dlxf lxřf tyf b{ Jofkf/sf lj ifodf r{tgf clej{c ug{/ ; f\$ nflu o; Ifqdf lqmfzIn ; u7gxnf0{kl/rfng ug{.
- 3= dfgj ařlavg xg ; Sg]hflvddf k/\$f dlxfx{sf]pčf/ u/L; dfh Pj -kl/jf/df lhDdf nufpg ; xof{ ug{.
- a= oftfoft Ifqdf sfoxt dnb/ tyf sdxf/Lxnf0{dfgj ařlavg h:tf]h36 ck/fw lj?4 ultlj lwdf ; mlg u/f0{; fdflhs bfoTj kl{t lhDd]f/ xgsf nflu kl{t ug{.
- r= oftfoft dnb/x{nf0{; dflsf]; Ddflgt gful/ssf]kdf :yflkt u/fpb}; d4 agfpb}nfg}.
- 5= pN]vt sfo{ug\$]nflu tfnd ; fdul- klzIfs lgb]zsf tof/ ug{.

तालिम निर्देशिकाको उद्देश्य

- != tfnd sfo{mddf ; xefulePsf #) hgf ; xefulx{n]dftxtdf x/\$n]!) ÷!) hgfnf0{tfnd ; řfng ubf{ckgfp'kg{klzIf0f lj lwsf]af/df hfgsf/Lu/fpg}.
- @= dftxtdf ; řfng ul/g]tfnd sfo{mddf]lj ifoj:t' / kf70qmsf]af/df cfj Zos lj ifout hfgsf/L u/fpg}.
- #= % lbg]klzIfs klzIf0f sfo{f0{Joj:yt c kdf ; řfng u/fpg d2t k}ofpg}.
- \$= cfudLbgdf oftfoft Ifqdf dfgj ařlavgsf]lj?4 ; řfng ul/g]tfndsfnflu cfj Zos ; 6e{ ; fdulsf]kdf pkof{ ug{.

निर्देशिकाको प्रयोग

- of]lgb]zsf oftfoft Ifqdf sfd ug{sdbf/, sdxf/L, Joj:yfksx{sf]nflu dfgj ařlavg tyf cf] f/ k; f/ lj?4sf]ultlj lwsf af/df ; řfng ul/g]tfnd sfo{mddf]nflu kof{ ul/g\$.
- o; df pN]y ul/Psf lj ifoj:tx{ oftfoft Ifq egLtlspsf]e6f afx\$sf lj ifox{ / c6 Ifqdf klg pkof{ ug{; l\$6 .
- o; df pN]y ul/Psf lj ifon]dfgj ařlavgsf]af/df cfw/e{ 1fg lbgf]nflu pkof{ xg\$.

शिक्षण विधि र समय

- of]lgb]zsf kof{sf]nflu lj lw / ; do tfnsf ; mlg ; q ofhgf / lgb]zsfdf pN]y ul/P adflhd xg\$.

प्रशिक्षण सत्र र प्रशिक्षकलाई सुझावहरू

पहिलो सत्र

परिचय : ; xefulx; alr

उद्देश्य : Ps cfk; df 3hldn eO{tflnd cj lwe/ ; xh j ftj /Ofdf ; xefuLxg5g\

क्रियाकलाप :

- klzIIsn]cfrfl/s 2 kdf :j fut ub}sfocmdsf]p27o dfly k\$z kfg].
- ; xeflutfsf]; Vofsf]cfw/df a/fa/ cfw xg]u/L!-!% / !-!% gDa/sf]uffh agfpg]. ; xefuInfO{ pQmuffhfa6 x/\$nfO{tfcG nufpg]. gDa/ ldn\$hf hf\$InfO{ ü}a:g nufO{Ps cfk; df % ldg\$ s/f ug{nufpg]/ % ldg\$ kl5 Psn]csff]af/df atfpg eG].
- kl/rodf o; sf]gfd, 7ufgf, olgog, sld6L, o:tf]tflnddf efu lnPsf]glnPsf] lnPsf]eP sg, sg lj ifodf ; dt ; fVg nufpg].
- kl/ro sfocmd ; DkG eO{; s kl5 klzIIsn]kl/rosf]dxG sf]af/df / kl/rosf]qmdf blvPsf sdLsdhf/]InfO{s6gllts 9En]atf0lb].

दोस्रो सत्र

अपेक्षा पहिचान

उद्देश्य :

- ; xefulx; sf]sfocmd kltsf]?lrsf]lj ifo klxrfg ug].
- ; xefuInfO{lj ifoj :tsf]uDeL/tfsf]afw u/fpg].

क्रियाकलाप M

- ! = ; xefulx; ; ahfO{df sf8{pknAw u/fpg].
- @ = sf8df x/\$n]pQmsfocmdf l; Sg rfx\$]dxG kOf]lj ifo s]xf] < nVg nufpg].
- # = n]vPsf]lj ifo :jomfO{k|tt ug{nufpg]/ ; f]sf8{kmfl6g af\$]jf °nIk rf6df /fVg].
- \$ = ; xefulx; af6 cfPsf]ck]ffsf]; HkLs/Of ub]pQmtflnd cj lwdf 5nkm ul/g]lj ifoj :tsf]af/df atfpg].

विषयसूची

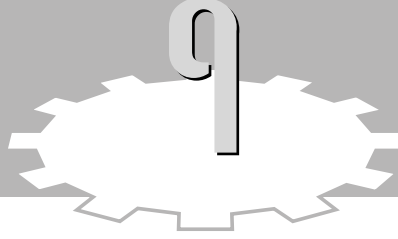
xdfs]egf0{	u
eldsf	a
sfoqndsf]p27o tyf tflnd lgbkzsf]p27o, kofu, lj lw / ; do	r
klzIf0f ; q / klzIfsnf0{; ' fj xz	5

विषय प्रस्तुति सत्र□	विषय	
!	dfgj aḥlavgsf]cj wf/0ff / kl/efiff	!
@	dfgj aḥlavgsf]Pltxfi; s kf7eld / gkfnsf]cj :yf	#
#	dfgj aḥlavgsf ksf/xz	^
\$	dfgj aḥlavgsf]j tdfg cj :yf	*
%	dfgj aḥlavgsf]tG tyf sf/0fxz	!)
^	dfgj aḥlavgsfnfu dfu / klt{kIf	!#
&	dfgj aḥlavgsf]kofhg	!*
*	dfgj aḥlavgsf kl8t / ; mlg klfxz	@)
(dfgj aḥlavgsf kl8t / ck/fwlsf]klxrfg	@@
!)	dfgj aḥlavg klqmof dfu{	@%
!!	dfgj aḥlavg ck/fw kofij t lhNf tyf gfsfxz	@&
!@	dfgj aḥlavg sfo\$ ck/fwlsf]axfgf	@(
!#	dfgj aḥlavgsf nfu kofu ul/g]; Defo :yn	#!
!\$	dfgj aḥlavgsf]tff t/sfxz	##
!%	dfgj aḥlavgsf]c; /xz	#^
!^	dfgj aḥlavgaf6 xgg xg]clwsf/xz	#(
!&	dfgj aḥlavgaf6 hflug ckfgpg'kg]; fj wfgL	\$!
!*	dfgj aḥlavg ; DaGL; d:of xn ug{ePsf kof; xz	\$#
!(dfgj aḥlavg lj?c cGt//fli6 sfggxz	\$^
@	gkfn clw/fhsf]; lj wfg / dfgj aḥlavg	%)

@!	hlp df:glaplg]Pg @) \$#	%#
@@	dhSLPg @)@)	%%
@#	afnafnsf ; DaGwLPg @) \$*	%&
@\$	dfgj ařlavgaŋ kl8txčsflpčf/ tyf kg:yfkgf	%(^@
@%	j)Łs /řuf/L/ a; f0-; /f0	^@
@^	gkfnsf]oftfoft Ifq	^*
@&	dfgj ařlavg / oftfoft dnb/ / Joj ; foLsf]eldsf	&!
@*	dfgj ařlavgsf ; d:of ; dfwgsf rgfřL	&#
@(dfgj ařlavg lgoG0fdf JolQm; dbfo, gful/s ; dfh, / 6\$ olgogsf/ /řhsf]eldsf	&%
#)	Pr cf0{le P8\	&&
#!	; d:ofsf]kčfj sf/L; dfwfg	*)
#@	; d:ofsf]; dfwgsf nflu třsnlg / bl3řfnlg /0fgllt	*\$

dfgj j řljvg ; Djlgw sřLpbfx/0fxč	*^
5nkmsf nflu sřLtYout 36řfxč	
• 5Ssnlsf]syf ÷ dgdfosf]syf	*&
• xlnnsf]syf ÷ snfj třsf]syf	**
• s[0řsdf/řsf]syf ÷ s[0řsf]syf	*(
• ; řhsf]syf ÷ dħsf]syf)
; Ge{; fduř	(!
sfořrd třnsf	@
křřřkm/	(\$

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf]cjwf/0ff / kl/efiff

उद्देश्य

; xefuixḥnf0{dfgj aḥlavgsf]kl/efiffsf]af/ḥf :ki6 u/fpg].

क्रियाकलाप

१.□ dfgj aḥlavg eGfn]shf0{elgḤ < egLk7g ug].

@= k7g ubf{kfn}kfn]af]g nufpg]/ af]g grfxghf0{a9Lbjfj glbg].

#= cfPsf pQ/ °nlk rf6{df l6Ḥ}hfg].

\$= pQ/sf]; HkLs/0f ubf]kl/efiffsf]nflu tof/ ul/Psf]:nf08 byf0{ki6 JofVof ug].

%= o; df pbfx/0sf]ḥkdf jḥzs /fhuf/df uP/ 7uIdf k/ḥf / cgfxsdf ef/tsf]j7ofmodf aḥPsfxḥsf]syf lng ; lsḤ .

मूल्यांकन

; xefuInf0{dfgj aḥlavg eGfn]s]a%ḥ'xḤ egLk7g ug}; lsḤ <

मानव बेचबिखन/ओसारपसारको अवधारणा

dfgj aṛlavgsf]kf/De bf; ou blv g}ePsf]xf]. bf; oudf dfgj aṛlavg lj zif u/L>dsf nflu ug{ul/Gof]. kl5 lj :tf/}ofg ahf/ kribpg yfnkl5 ofg Jofkf/sf nflu dfgj aṛlavg ug{sfid xg yfNof]. lj Zj df ; qf-c7f/f-ztf/bblv g}of]ck/fwsf]z'j ft ePsf]cgdfg ul/Psf]5 . vf; u/L pklgj zsf/L/fi6sf uf]f zf; sx' n]c'p'gf]ofg]P5f k'f ug{sf]nflu snf hft / sltko sdhf] uf]f hftsf dxnfx;nf0{c'p'gf ef/bf/-bnfndfkn' cf] f/k; f/ ug{u/fpg]uy}.

dfgj aṛlavg zAbsf]koffi ; eQm/fi6«; 3n]; g\() lt/ dxnfx;sf]Zj t bf; Jofkf/nf0{aerfpgsf] nflu koffi ul/Psf]xf]. o/fk]Ldh'sx;af6 c/j / kjk/fbx;df 3/fo; Lsfdsf nflu /vf]Isf]kdf jf ofg bf; Isf]kdf sfd nufpgsf]nflu dxnfx;sf]cf] f/ k; f/ ug{sf]o{pGdhg ug{sf]nflu ; g\() \$ df Zj t bf; Jofkf/ pGdhg ; DaGwLcGt//fi6e ; Ddrtf ; DkG ePsf]lyof]. ; f]c]lwdf dfgj aṛlavg cG/dh's ebf cG//fi6e dh'sx;df a9Lxg]ub'of]/ To; nf0{/fi6e ebf cG//fi6e ; kdf g}a9L dfqdf krf]l/t eof]. ; g\(\$ (df dfgj aṛlavg-cf] f/k; f/ pGdhg ug{dx; lGw lgdf] ePsf]xf].

of]zAnf0{lj zif u/Lofgsd{kdxnf j f jZof] [Isf]nflu dfq aṛlavg ul/Psf]egL; slrt ; kdf koffi ul/Psf]lyof]. ; fy}dfgj uGJo dh'ssf ; /sf/x' n]o:tf]sfohf0{u} sfggL ; kdf ePsf]egL lj leG ; dodf o; sf]lgoGof ug{cWofudg gltx;sf]; dt th'f u/\$f lyP . t/ klg of]; d:of lgoGof xg ebf cem]s/fin aG}cfPsf]5 / ; s6sf]kdf lj sl; t e0/x\$]5 . tTsfng cj:yfdf dfgj cf] f/ k; f/sf]sfohf0{lgoGof ug{sf]nflu ul/Psf sfodf aṛPsf JolQm]dfgj clwsf/ xgg ePsf]s/fnf0{jjf:tf ub'fo:tf]sfohf nlf'x; ; j lR5s xg'eG]cf/fk ; dt nu0Psf]kfOG5 . o:tf cf/fk s'xLdh'sx;df cem; Dd klg sfod g}/x\$]5 .

मानव बेचबिखन/ओसारपसारको परिभाषा

मानव बेचबिखन/ओसारपसार भन्नाले 5ffs/ldf sg}bf] f]JolQm]cfly\$ cfocfhg ug{p2Zon]dNo InQ sg}klg JolQm]f0{p; sf]OR5f lj ?4sf]siddf nufpgsf]nflu Ps 7fpäf6 csf{7fpäf nfg'jf To:tf] sfo{ughf0{afW kfg{eG]aler6 . o; sfodf dflg; nf0{lgh] j:t' ; /x aṛg]tyf ; Dj lGwt JolQm]f0{yxf ge0{laqm]ul/f]xG5 .

o:tf sfo{ug{jf u/fpgsf nflu 8/, wDsL, an koffi ul/Psf] ha/h:tLaGws agfPsf] hfn; fhLu/} jf 9f6\$]f] z]Qmj f cf]bfsf]b?koffi u/\$f.]nf'nfmr byfPsf]j f k} f lbPsf] sg}krf]bfsf]cfzf byfP/ etk ul/Psf] unt cfZj f; g byf0{jf unt ; Derf u/f0{Ps 7fpäf6 csf{7fpäf nluPsf]cf]b xg ; Sb5 .

xfdf]bzsf lj leG efua6 lj leG axfgdf dfgj aṛlavg e0/x\$]5 . jbz /f]uf/Isf]gddf, /fd]hflu/ nu0{lbg]axfgdf, ld7f]vfg /fd]nfpfg lbg] gSsnLlj fxsf]axfgdf jf c6 o:t}k\$[tsf]sfo{u/Lr]hlaGL jf afnafnsnf0{ef/tsf lj leG zx/x', vf8Ldh'sx', x^s^a, a'ss h:tf dh'sdf aṛg]ul/Psf]5 . jbz /f]uf/Isf]gddf gSsnL; Derf u/}, t]sPsf]sfd glbP/, t]sPsf]tna jf c6 ; lj wf glbP/ Pj -p; sf]OR5f lj kl/t sfd ug{afW kfg]sfid ePsf]5 eg]of]klg Ps ksf/sf]dfgj aṛlavg xf]. o:tf] ksf/sf]; d:ofaf6 kl8t eP/ nfvd]g]kfnL>ldsx; vf8Ldh'sx; / dn]; ofdf a:g afW ePsf 5g\

nfmr, qf; / wDs]af6 OR5f]j kl/t pkoffi ug{dfgj clwsf/sf]xgg ug{xf]. dfgj clwsf/sf]xgg Pp6f h3G ck/fw xf]. o; ck/fwn]; fdf]hs lj e, lj s[t / lj ; utnf0{a9fj f lbG5 .

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf]P]txfl; s kf7eld / gkfnsf]cj:yf

उद्देश्य

; xefulxḥn]dfgj aḥlavgsf]P]txfl; s kf7eldsf]af/ḥf :ki6 atfpg ; Sg\$g\

क्रियाकलाप

- □; xefulnf0{kf7eldsf]af/ḥf s]yxf 5 < cfpgh]eG]egL5nkm vhf ug{
- □cfPsf]s'/mf0{l6ḥ}hfg]/ ; f]lj ifodf cḥsf]wf/Of s]5 egLl6ḥ0Lug{nufpg}.
- □5nkmdf p7\$ḥ ; a}lj ifonf0{°nlk rf6ḥ{l6ḥ}hfg}.
- □cfPsf s'/sf]; ḥḥLs/Of ub}tof/ ul/Psf]:nf08 k}tt u/L:ki6 kfg}.
- □:ki6 kfg}; j fndf xh'/jj fxḥn]b/af/sf]syf ; gfPsf]s'/f, cflbnf0{pbfx/Ofsf]ḥkdf lng ; lsḤ .

मूल्यांकन

k}tt lj ifodf slt a%of}egLk7g ug{; lsḤ .

मानव बेचबिखनको ऐतिहासिक पृष्ठभूमि

dfgj aṛlavgsf]P]txfi; s kf7eldsf]rrf{ubf{j}bssfn; Dd klḡkg{xG . pQ/j}bssfn df /fhf
oofltn]c^ogLkqLdfwjLljZjfldqlzio ufnanf0{Zofds0f{3f}f lngsf]nflu pkoḡ ug{lbPsf /
ufnan]xoZj, lj jḡf; , lzlj / kdQ gfpšf /fhfx; nfo{dfwjLpkeḡ ug{kbfg u/} 3f}f kḡ u/}f]
36gfaf6}dfgj aṛlavgsf]0txf; kf/De ePsf]dfG ; lsG -dfgj aṛlavg lj?4 kx/fo6\ cleofgsf
nflu klzIfsx; clwj tḡf रामकृष्ण काफले / दिलिप कोइराला]b:tj}hsf cfw/df

kḡrgsfnsf g/jnkyf Pj +ToxLaḡsf]lj zif hḡtsf]; dḡndf sdf/f sdf/L/vG]/ ltgḡsf]zf/l/s
zif0f ug{kyf, bf; oulg k?ifkḡf; ; dḡndf bf; lkḡL; dḡ dḡnss}cwḡdf /xg]/ bf; Inf0{dḡnssx;af6
dḡf]-hgsf]nflu pkoḡ ug{/ ofzif0f ; dḡ ug{kj}Q kḡ dfgj aṛlavgs}kḡt;ksf ḡkdf lng
; lsG . lj zif u/Lgf/lhḡtnfo{dḡf]-hgsf]j:t' agfpḡ' r/0sf]bf; L7fg} pkoḡ ug{/ gf/Isf]
pkoḡaf6 cly\$ cfocḡḡ ug{tyf lj leG ju{/ hḡtsf dḡf; x;nf0{OR5fj k/t cly\$ cfocḡḡsf]
nflu pkoḡ ug{dfgj aṛlavgsf pbfx/0fx; xḡ\

dfgj aṛlavgsf]k/Dk/f xḡf{clksLdhx;df kḡMhĒLcj:ydf /x\$ / ; Eotfsf]5gs; Dd
gkfPsf cgsGf/ Ifḡdf a:g]sḡf juḡfo{hah{tLafw} ; Eo zx/df Nof0{lj leG hḡvd sḡsf]
nflu aḡg]rng /x\$]s/f 0txf; df kf0G .

नेपालमा मानव बेचबिखन

gḡndf kyj lg/fof zfxsf]zf; gsfnb}v g}cyfḡ lj qḡ ; j-t*^% eGf cuḡ8 b}v g}dfgj aṛlavg
xḡ]s/f cḡdfg ug{; lsG . To; ḡ}lj=,*^% ; fndf dḡf; x; aṛlavg ug{gkfoḡ}; DaGwL?Ssf
hf/Lul/Psf]lyof].

/fof zf; gqḡdf >L# rG|zdz]sf]zf; g sfḡ cuḡ8; Dd bf; kyf sfod ePsf]sdf/f sdf/Isf]
lsgaṛ xḡ]sfd xḡ]uYof].

lj=,*(!) sf]dhḡLpḡdf kḡ hlp df:g]aḡ]sfoḡly lgoGof ug{Jo:j:yf ul/Psf]lyof].

lj=,*(! ; fndf >L# rG|zdz]n]gḡndf sdf/f sdf/Lkyfsf]cGosf]3fif0f u/kḡ5 sdf/f
sdf/Isf]lsgaṛ ul/g]kyf sfḡL; kdf cGḡ ePsf]eP tḡkḡ o; sf]csf]ḡkdf of]sfo{hf/Lg}
/x\$]5 . lj=,*(! (* (df bf; tyf sdf/f sdf/L/vG]tyf aḡ]sfoḡfo{lgifv ug{sfḡḡ hf/Lul/Psf]
lyof]. o; }sfndf /fgsf]b/jf/df ; ; f/]wfo{sḡL/vG]rng eg]oyfj t g}/x\$]kf0G .

/fgf zf; gsfnsf]cGḡ kl5 kḡ gḡndf dfgj aṛlavg sfo{bḡ leq / afx/ sfḡḡL/ u} sfḡḡL
bj}tj/n]xḡ]u/}f]5 . ef/t nufot cGḡ lj bḡLdhḡdf lj leG axḡḡdf rḡ}aḡL, afnaḡnsfx;sf]
jḡ lj vg xḡ]u/}f]5 . cfḡ j}ḡzs /ḡuf/Isf]gḡdf ; dḡ ljZj sf w}ḡ; f]dhḡdf dfgj aṛlavg
xḡ]u/}f]5g\

chsf|of|cj:yfsf|; dhdf klg dfgj aṛlavg sfo{h:tsf|Ṭo:t}5 . :jbṛ tyf ljṛdf /ṫuf/sf|
 gddf dfgj cf|f/k; f/, lagf kjṛf|f Ps bṛaf6 csf|bṛ hfg|vNf l; dfg, cfṬ/s tyf afxà a; f0; /f0,
 wldṣ tyf ; f:s|ts ljeḥ, clyṣ, ; fdlhs / /fhgllts c; dfgt, kl/j fl/s c; demf/LPj ṛṫgfsf|
 cej sf sf/Ofn|xfdf|h:tf|cNklj sl; t dhṣdf dfgj aṛlavgsf|; d:of al9/xṣf|5 . cfh ljZj df dfgj
 >dnf0{Hbmf; ù thgf u/LPs bṛaf6 csf|bṛdf nfg|sfd ul/Ṭ . Ṭo; df gṫndf /xṣf|j /ṫuf/L/
 sd Hbmf b/sf sf/Of ljZj >d ahf/df gṫn ; :tf|>dsf|cfkl{ug|bṛsf|}kdf kl/lrt 5 .

Ṭo; ḥ|dfgj pkof|s}sf/Of cfṬ/s tyf jḥṛs /ṫuf/sf|gddf upäf6 zx/ / Ps bṛaf6 csf|
 bṛdf dfgj :yfgṬ/Of e0/xṣf|5 . upäf6 zx/ k:gṫ; ljleḠ pBṫwḠf xṫn, 3/fo; Lsfd /
 Jofkl/s ; ṛyṫṫ df /ṫuf/Isf|gddf kof| ul/Ṭg\ o:tf :yfgdf Ḡḡtd >d dṫb08sf|cej df
 jf sfgḡ sfofḡ og gugṫ|ubf{>d zṫf|f jf cḠ g/fdf sfd ; dṫ u/fḠ . Ṭo:t}jḥṛs /ṫuf/sf|
 gpdṫ sltko JolQmṫ bnfaf6 7lug|u5ḡ\ sltko ljṛdf klu; sḫ5 Ṭoxf“pglxṫnf0{sd
 kl/>ldsdf lgḠg:t/sf|sfd ug{nuf0{>d zṫf|f ul/Ṭ . sltkosf|ofḡzṫf|f ul/Ṭ eg|sltkonf0{
 ofḡJofkl/df ; mḠg xḡ ; dṫ afṬ u/fḠ . :jbṛdf klg /fd|nfpg|/ dl7f|vfg kfg|nṫ byf0{
 up3/sf sltko ; ṫṫm ḫf rḫlaḠlxṫ bnfxfṫaf6 cḠfgdf aṫofnoxṫ df alrg kuṣf 5g\ sltko
 cṫg|bṛdf cṫg|:jḥṫLbfhṫf0xṫaf6 ofḡzṫf|f sf lzsf/ agfḠPsf 5g\eg|sltko 0R5f, clgR5f
 jf afṬtn|ofḡJoj; fofdf ; mḠg u/fḠPsf 5g\ ljzif u/Lxṫn, Soflj g /j6/fḫṫ df dlxf sdṫf/Isf|
 ṫkdf ufxs cfsliff ug|; fwg agfpg'/ ofḡzṫf|f df kg{afṬ kl/g' klg o; sf|ḤnḠ pbfx/Ofsf|
 ṫkdf lng ; lsṬ .

बँधुता अम प्रथा र मानव बेचबिखन

klZrd gṫnsf ljzif u/Lbfa, afṣ|albḠf, sḫfnL/ s~rgk'/ lhNfxṫ df kṫnt aṫj f >lds /Vg|
 kyf klg dfgj aṛlavgsf|Pp6f ṫk xfl. of|>dnf0{afṬsf/L>d klg elgṬ . hldḠf/sf|3/df
 sdḠfn|hṫuf hḡg nufot Ṭoxf“cf0kg|; Dk0f{sdxṫ ug|ub5ḡ\ Ṭo:tf sdḠfxṫn|cṫgf|3/kl/jf/df
 cf0kg|; d:of nufot rḫkj ṣf|nflu hldḠf/af6 C0f lng|ub5ḡ\ pQmC0sf|efsf gf3ḫ5 ; fl
 /sdsf|Aofh klg ; ḡjdf abNḫ}nfg|ul/Ṭ . Ṭof|C0sf|Aofh gub|}tg{sdḠf c; dy{xṬ / pQmC0f
 ltgṣf nflu hldḠf/sf|3/df sdḠsf|}ṫkdf a; } sṣf ug|axfgdf lhḠulel/ sdḠsf|}ṫkdf ḫjg
 latfpg'kg|xṬ . Ṭo; sf|cnḡf pQm>ldssf ; Dk0f{hxfg kl/jf/ g}sDn/L, uḡf/, eḡj/ / aṣ/xlsf|
 ṫkdf hldḠf/sf|3/df sfd ug{afṬ xṬg\ of|qmd >ldssf|5f/f| gflf, kgflf ubḡp; sf|gof“
 k':tfxṫn}; dṫ hldḠf/s}3/df a:g afṬ xṬg\

; fyḫ/fgf dḡns; ù lnPsf|; ṫḡ|j f ltg|kg|/sd gof“dḡnsn|tl/lbP/ ; ḫL; ṫḡLtl/lbg|hldḠf/sf|
 3/df sdḠf a:g hfg|kṫng klg lyof|. o; /Lk':tḫk':tf; Dd aṫj f >ldssf|}ṫkdf /xṣf sdḠfxṫ Pp6f
 hldḠf/af6 alrP/ csf|hldḠf/sf|3/df klḡ|ubḡ|o; /Lklg dfgj aṛlavgsf|>ṫnf hḫ8Psf|5 .

o; /La:g|u/ṣf >ldsxṫn|kfgp' kg|; ljwfxṫ / clwsf/xṫaf6 ; dṫ jḫ-rt xḡkg|xṬ . Ḡḡtd
 Hbmf tyf cḠ sgḡ|klg kṣf/sf|; ljwfxṫaf6 jḫ-rt ul/Psf|xṬ . >L% sf|; /sf/n|@)%& ; fpg
 @ ut|sdḠf afṫ >d dQmug|3ḡf0ff u/Lof|kyfsf|cḠo u/ṣf|5 . t/ klg Jofxfl/s ṫkdf eg|
 afṫ >ldssf|}ṫkdf /xṣf sdḠfxṫsf|; d:of ; dfwfg xḡ ; sṣf|5ḡ .

विषय प्रस्तुति सत्र

3

विषय

dfgj aḥlavgsf k\$ḥ/xḥ

उद्देश्य

; xefulxḥn]dfgj aḥlavgsf k\$ḥ/xḥsf]af/ḥf atfpg ; Sg\$g\

क्रियाकलाप

- □; xefulxḥnf0{^÷^ hgfsf]% ; dḥ agf0{dfgj aḥlavgsf slt k\$ḥ/ xg ; S5 egL5nkm u/fpg}.
- □; dḥnf0{5nkmsf nflu !) ldg\$; do lbg]/ cfPsf s/fnf0{°nlk rf6ḥf nḥg nufpg}.
- □; a); dḥsf]kḥtlt kl5 !) ldg\$ 5nkm ug{u/fpg}.
- □5nkmat6 cfPsf s/fnf0{; dḥ cfw/ agf0{o; sf]# j 6f k\$ḥ/sf]af/ḥf tof/ u/\$f :nf08 byf0{ JofVof ug{.

मूल्यांकन

- □; xefulnf0{k7g u/Lslt k\$ḥ/ / s]s]egLk7g ; fḥ ; lsḥ .

मानव बेचबिखनका प्रकार

गर्भवतः अन्तर्गत विभिन्न प्रकारका बच्चाहरूको बिक्री तथा खरीदको प्रक्रियालाई मानव बेचबिखनको अर्थमा बुझिन्छ ।

१. बालबालिकाको बेचबिखन :

यसको अर्थ नयाँ जन्म भएको बालबालिकाको बिक्री तथा खरीदको प्रक्रियालाई बुझिन्छ ।

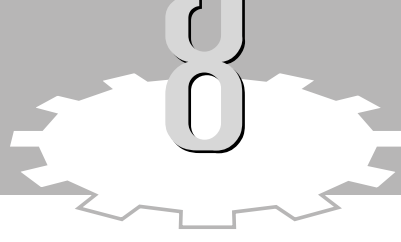
२. बालबालिकाको बेचबिखन :

यसको अर्थ बालबालिकाको बिक्री तथा खरीदको प्रक्रियालाई बुझिन्छ ।

३. श्रमिकको बेचबिखन :

यसको अर्थ श्रमिकको बिक्री तथा खरीदको प्रक्रियालाई बुझिन्छ ।

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf]j tḥfg cj:yf

उद्देश्य

; xefulxḥn]aḥlavgsf]j tḥfg cj:yfs]af/ḥf atfpg ; Sgḥg\

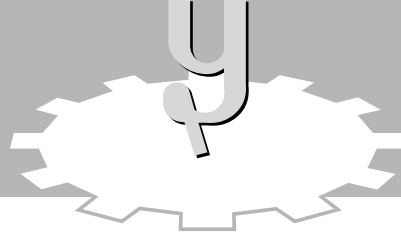
क्रियाकलाप

- □; xefulxḥn]aḥlavgsf]j tḥfg cj:yfs]af/ḥf cf-cḥgf]cgej atfpg nufpg].
- □pglḥḥsf]s/f l6ḥ}hfg]
- □p7ḥf s'/sf]; ḥḥs/ḥf ub}j tḥfg cj:yfs]af/ḥf tof/ ul/Psf :nf08 kḥtt ug].

मूल्यांकन

- □kḥttsf]cḥḥdf ; xefulnf0j tḥfg cj:yf s:tf]/xḥ < / s:tf]nḥḥf]egLatfpg nufpg].

विषय प्रस्तुति सत्र



विषय

dfgj aṛlavgsf]tḡ tyf sf/0fxḡ

उद्देश्य

dfgj aṛlavgsf]sfoḡf ws]ḡ/ cfsiḡf ug{tḡxḡsf]af/ḡf atfpg ; Sgḡg\

क्रियाकलाप

- १.□ ; xefuInf0{^÷^ hgf u/L; dḡdf ljefhg ug]; dḡnf0{gḡfndf dfgj aṛlavg sfoḡf tḡ jf sf/0fxḡ sḡ]xfḡfḡ\egL#) ldgḡ 5nkm ug{nufpg}. 5nkmaḡf cḡPsf lgrfḡxḡ °nk rḡḡf ptḡf].
- #= ; dḡafḡ Ps hgf kḡtḡf 5fḡg nuf0{x/ḡ ; dḡnf0{kḡtḡsf]nflu % ldgḡ ; do lbg].
- \$= cḡPsf % j6}; dḡsf lḡisifḡf0{n:s/}6fḡg nufpg].
- %= ; HḡLs/ḡf ubḡp:t)abf l6kḡḡ ug].
- ^= tof/ ul/Psf :nf08 byfpg]/ ki6 kḡf]. o; df :nf08df byfPsf eḡf a9Lsf/ḡf jf tḡxḡ cḡPḡf ; dfj ḡ ug{; lsḡ .

मूल्यांकन

- ; xefuInf0{sf/0fxḡ s]s]xḡ\egLkḡg ug{; lsḡ . dfgj aṛlavgnf0{lḡsifḡf ug]/ cfsiḡf ug{ tḡxḡ s]s]xḡ\egLkḡg ug{; lsgḡ .

मानव बेचबिखनका कारण र मागपति पक्षहरू

मानव बेचबिखनका कारणहरू

dfgj aṛlavgsf]sf/Ofsf]vḥLubf{o; sf]uxg ḥkdf lj ZnifOf ug{k}xG . sltko cj :yfdf dflg; cfkmalrbb' eG]yxf xbf xb}klg afWtfj ; o:tf]; d:of eflg tof/ ePsf]xG eg]csf]tkn c1fgtfj ; jf c(hfgdf g)aṛlavgsf]lzs/ ePsf]xg ; S5 . To; ḥ]o; nfO(dfj g aṛlavgsf]lzs/ xg pTk]/t u/fpg]klf o:tf]sfoḍf nfg' kg]afWffds cj :yfsf sf/Ofxḥsf]ḥkdf lj ZnifOf ug{k} .

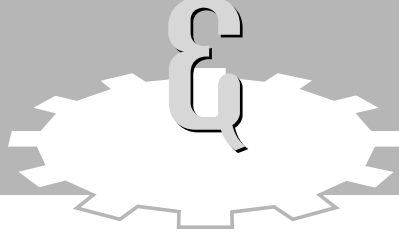
कारणहरू

- पितृसत्ता/सामाजिक भेदभाव MgkfnL; dhn clxn] Dd klg lkt[Qffds ; fṛaf6 keḥlj t 5 . ; f]Lsf/Ofn] ; ḥgfg]eḥefj / c; dfgtfsf sf/Ofn]; dhaf6 jfSs nfu] o; sf]dlQmf]vḥLdf eḥfl/gḥḥsf] nflu unt JolQmḥn]keḥj kfg{; Sg]xgn]aṛlavgsf]df/df kg{hfg]xG .
- सुखी जीवनको चाहना Mdfg; :jefj n]:jfykklOfL ePsf]p; n]x/ḥ ; dodf ; v / ; d]4sf]nflu eḥfl//xḥ]xG . csf]knk]nsf eO/xḥ]7ḥf]lx;sf]sf/Of hgtfsf]cḥyḥ cj :yf sdh] /xḥ] 5 . To; sf/Ofn]pglḥḥsf]bgs cfw/et cfj Zostf ; dḥ kl/klḥg{uf/f]kl//xḥ]5 . csf]tkn ; dhdf ax; Vos hgtf dWd juḥf /xḥ]n]; f]juḥf JolQmḥsf]ck]ff ; ḥL/ ; d]4 xg]xG . o; n]ubf{klg dflg; xḥ aṛlavgsf]lzs/df kg{; Sg]vt/f /xG .
- अशिक्षा, चेतनाको कमी र अज्ञानता Mdfgj aṛlavgsf]sf/OfxḥdW]dxG]kOf{sf/Of clzIfnfO{klg lng ; lsG . lg/lf/ ePsf sf/Ofn]ubf{unt dg; fo /fv]JolQmḥn]; lhn} ü knfpg ; Sg]vt/f /xG . lg/lf/ JolQmḥnfO{xsf'nub}5 ; xL/ unt s]xf]eG]af/ḍf 56ḍfpg g; Sbf pglḥḥ cgj Zos ḥkdf kmg ; Sg]xG . ; fy}j]ḥzs /ḥuf/ldf hfgḥ]nflu pglḥḥ; ü ul/g]; Derḥf kq, cḥ sfuhft / ; lj wf cḥbsf]af/ḍf eḥffut / cḥ sltko sf/Ofn]ubf{c:ki6 xg]xgn]dflg; unt 7fpḍf kmg ; Sb5 . ; Dalḥt bḥsf]sfgg / lgods]hfgsf/lsf]cefj n]klg sltko JolQmḥ knḥf] 36gfgḥ 5g\ o:tf sf/Ofx?n]ubf{klg dflg; aṛlavgsf]lzs/ xg ; Sg]; Defj gf /xg]xG .
- सामाजिक कुसंस्कृति Mkfd]l]; dhhsf]s'; ḥsf/ Pj +; fdlhs lj s[tsf]sf/Ofn]klg dfgj aṛlavgsf] ck/fw xg]ubḥ . r18kj { dḥkftdf ul/g]j /Joj x/ Pj +eḥefj n]dflg; nfO{; dhaf6 cnlug] agfpg ; Sb5 . o:tf]cj :yfdf To:tf kl8t JolQmḥ s; ḥf]; ḥuḍf klḥ]xgn]klg aṛlavgd f kmg ; Sb5g\ csf]knk; dhhsf ?9lj flL; fdlhs ; ḥs[tsf]sf/Of h:tf]rf8j f8, bfOḥ]cḥb h:tf ; dhdf ul/g]ult]lwdf ; mlg xg g; sḥf]sf/Ofn]ubf{klg ; f]cfj Zostf k'f ugḥ]nflu klg dflg; j]ḥzs /ḥuf/ldf hfg afW xG / To; df klg 7uldf kg{; Sb5 .
- जानकारी/सूचनाको अभाव Mkoḥt ; ṛgf Pj +; ḥf/sf]sdlsf sf/Ofn]j]ḥzs /ḥuf/ldf hfgḥ]cj :yf / Toxf'eḥ]g' kg]sl7gf0sf]af/ḍf kfoḥt hfgsf/Lxg ; Sbḥ . csf]knk;o:tf]sfoḍf hfgsf]nflu jf cj :yf cfOkb{ckgfp' kg]; fj wgl]af/ḍf hfgsf/lsf]sdL/xḥ]sf/Ofn]klg dfgj aṛlavgsf] df/df kg{; Sg]xG .
- खुला र अनियन्त्रित सिमाना Mgkfn eḥ/tsf]l]; dfgf vḥf /xḥ]sf/Ofn]klg bO{bḥsf gful/sxḥ lgj fḥ cfj fudg ug{; Sb5g\ o; n]ubf{ef/tsf sltko zx/ / eḥ/tsf]af6f]kḥḥ u/Lvḥ8Ltyf dn]; of

h:tf bꞑxꞑ df uꞑ sfggLx; fan]dfgj aꞑlavg / cf] f/ k; f/ ug[sfid e0/xꞑf]5 . olb l; dfgf vhf ge0{0hfht lng' kg[ePsf]v08df o; sfodf sꞑLxb; Dd /fꞑ nfg ; Sg]cj:yf /xg]xꞑ .

- गरिबी र बेरोजगारी Mkfd]bꞑ gkfn ljZj sf]clt u/La dhꞑdWꞑsf]Pp6f xf]. oxꞑsf e08}\$@ kltzt hgtf ul/alsf]/yfdlg /xꞑf 5g\ ul/alsf]dVo sf/Of egꞑf]j /fhuf/Lklg xf]. gkfn df 7hf]; Vof j /fhuf/ / cw{j /fhuf/ cj:yfdf 5g\ ul/alsf sf/Ofn]pTkG xg]; d:ofsf]; dfwfg ug{/ zx/ nufot lj bꞑLdhꞑdf u0{/fhuf/Lu/Lcfo chꞑ ug[cleniffn]w]jh; JolQmꞑ aꞑlavgsf]df/df k/ꞑf 5g\
- स्वेच्छिक/बाध्यात्मक बसाइ-सराइ M; fdilhs clyꞑ jf cꞑ sltko sf/Ofn]ubf{afWꞑf]ds ꞑkdf jf :j R5s cꞑgf]:yfgaf6 :yfoLꞑkdf cꞑq ; g[sfonfo{a; f0-; /f0 elgꞑ . a; f0-; /f0df lgtfꞑ gof":yfg / JolQmꞑsf]; Dks{xg]xgfn]klg dfgj aꞑlavgn]kꞑo kꞑpg]xꞑ . sltko cj:yfdf a; f0-; /f0sf]aꞑdf g]aꞑlavgsf]lzs/ agꞑpg]cj:yf ; dꞑ /xꞑ .
- यौन पर्यटनको विस्तार Msltko klZrdf ; ꞑs]tdf vhf ofꞑ Joj ; fonfo{j ylgstf lbOPsf]sf/Ofn]klg ofꞑ koꞑssf]lj :tf/ ePsf]5 . o; n]klg dfgj aꞑlavgnfo{kꞑo lbPsf]kꞑ0ꞑ . pbfx/Ofsf]ꞑkdf ljZj sf sltko dhꞑsaf6 To:tf bꞑxꞑ df ofꞑ Joj ; fosf]nflu dfg; nfo{kꞑofpg]ul/ꞑ .
- घरेलु हिंसा, भेदभाव, शोषण Mkfd]dhꞑ cw{; fdfꞑL/ lkt[Qꞑf]ds ; fꞑ clxn] Dd klg sfod /xꞑf sf/Ofn]ubf{3/h' lxꞑsf]b/ al9/xꞑf]5 . InuLo eꞑefj / cꞑ kꞑ[tsf zꞑf0fꞑꞑ klg sfod g] 5 . o:tf]kꞑ[tsf]zꞑf0af6 kl8t JolQmdQmꞑgsf]nflu ljleꞑ kꞑTg ubꞑ . o:tf]vfn]sf]kꞑTg ug[ꞑmddf dfgj aꞑlavgsf]sfo{ug]JolQmꞑsf]; ꞑuꞑf kꞑ hfg]xꞑ .
- राजनीतिक अस्थिरता : cl:y/ /fhglltsf]sf/Ofn]klg dfgj aꞑlavgsf]sfoꞑf ; xofu klu/xꞑf]5 . /hgllts sf/Ofn]ubf{xhf/fꞑf]; Vofdf dfg; xꞑ lj:yflkt ePsf 5g\ lj:yflktꞑsf]kꞑ:yfkgf] 7f] ofhgfsf]cefj /xꞑf]5 . o:tf]ofhgfsf]cefj df pgLꞑ cnkq k/ꞑf]sf/Ofn]klg o; af6 dQmꞑg]axfgdf klg dfg; xꞑ aꞑlavgsf]df/df kl//xꞑf 5g\

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsfnflu dfu / klt{kIf

उद्देश्य

!= ; xefu{x;n]dfgj aḥlavgsf]dfu / klt{sf]af/df atfpg ; Sg\$g\

@= dfgj aḥlavgd dfu / klt{aIrsf]cG/; DaGwsf]af/df atfpg ; Sg\$g\

क्रियाकलाप

!= ; xefuInf0{dfu / cfklt{eGfn]s]a%gXG egLkZg ug]. cIPsf]pQ/ °nlk rf6df ptfb]hfg].

@= dfu / klt{sf]kIfnf0{dfgj aḥlavgd s; /LpNy ug{; lsG egLkZg ugxf] <

#= dfgj aḥlavgsf]dfu kIF s]s]/ klt{kIf s]s]xg\egLsIffdf 5nkm rnfpg]. 5nkmaf6
cIPsf s/fnf0{; Hk]s/Of u/Ldfu ÷ cfklt{/ dfgj aḥlavg sfo\$ dfu / klt{kIIsf]af/df
tof/ u/\$f]:nf08 byf0{ki6 kfg].

मूल्यांकन

!= d\$fsf8{lbP/ dfu ÷ klt{kIIsf abf l6kg nufpg].

@= pQmd\$fsf8{; \$ng u/Ls:tf]l:ylt xg{; lsG .

मानव बेचबिखनको माग र पूर्ति पक्ष

dfgj j† ljvgsf nflu cfsifg ug{jf To; sfohf0{ljleGg tG{xz}n]pTk\|t ul//x\$ 5g\ o:tf tG{xz}n]dfgj a†lavgd fdfg; xz}nf0{cfsifG ug{jf ws}g]sfd ug{xG . oL tG{xz}nf0{lgDg adfhd pNhy ug{; lsG .

मानव बेचबिखनको पूर्ति पक्ष

(१) □ बहुदो बेरोजगारी Mg{knsf] > d ahf/df jiffL# nfv ddfg; xz} cfpj]ub5g\ ; f]cgkftdf /fhuf/lsf] cj; /sf]; hgf xg'sf]; \$f ePsf snsf/vfgf / ; #yfgxz} aG xb}u0/x\$ 5g\ o; n]ubf{ j]fhuf/lsf]; Vof al9/x\$]5 . g{knsf]hg; Vofsf]7hf]lx; ; f sif kzd fdf cfl>t 5 . sif kzd fdf nlfGxz}sf nflu df} dLsfd xg]u/\$fh]klg cw]fhuf/sf]; Vof ` g a9L5 . o:tf]cj:yfdf pd] ku\$ /fhuf/lsf nflu efi/Psf oj fxz} sfdsf]nflu hxf; s}hfg klg tof/ xG5g\ To; h] s; h]; fdfG sfdsf]cf; byfpgf ; fy}:j lsfG{u0{a†lavgd kg{; Sg]; Defj gf xG .

(२) □ गरिबी Mg{knsf] ` 08}\$@ kl|tzt JolQmz ul/alsf]/yfdlg cyft\b]gs ?= &).- sdfpg klg dl:sn kg{/x\$ 5g\ sdhf] cfly\$ cj:yfsf]sf/Ofn]kl/jf/nf0{xftdv hfGsf]; d:of k/\$f cleefj sxz} ; f]sfo\$]nflu COfd kmg ; Sb5g\ o:tf cleefj sxz}sf nflu 5f]f5f]lxz} kl/jf/sf] afemaG k5g\ of]; d:of ; dfwgsf]nflu cfdafah]j \$]Nks pkfosf]kdf cPgf 5f]f5f]lxz}nf0{sg}g sg}sfd fdf nufpg afW xG . of]cj:yfdf pglxz}sf afafnsf a†lavg ; d† ug{ ; S5g\ afafnsfn]sdfPsf]cf]bfg]af6 kl/jf/sf]cfly\$ cj:yfnf0{cnslt /xt klG ; S5 eG]; f† kfoMkfd]; dhhsf]ufp\$ JolQmz sf]/x\$]5 . cfo chGsf]sg}klg pkfo gePsf] sf/Ofn]lj bzd f u0{sdfP/ Nofpg]/ cPgf]uhf/f rnfpg]; f† ; d† /x\$]kf0G . o; af6 unt JolQmz]xftdf kl/ laqm xg kb5g\

(३) □ सामाजिक परिवेश M xdf] bz} clxn]klg cw{; fdGL cj:yaf6 ulh/x\$]5 . ; fdGL pTkfbg ; DaGwsf]sf/Ofaf6 zff0sf]b/ a9L5 . dfg; n]cPgf ; fdf]hs ultj]lwz} rfn rng l/tl/j fh cg; f/ ug{kG}xG . ; fdf]hs ultj]lwdf vrff'kj]Q gSsn ug{kG}afWtf, bfg bftJo / bf0hf] h:tf s; #sf/sf]sf/Ofn]ubf{dfg; afW eP/ lj blzg s/ nlfG}xG .

(४) □ लिंगिय विभेद M dhhsf]kt] Qf]ds ; f†sf sf/Ofn]gkndf lnu0 lj eH / b?T; fxg oyfj t /x\$]5 . oxLlj eHsf]sf/Ofn]ubf{fhuf/lsf]cj; /; lhDj]f/L, bfloj / kx†df lj eH /x\$]5 . dlxf / k?if alr cfly\$ clwsf/df c; dfgtf /x\$]5 . dlxfn]cPgf]clwsf/sf]koff] u/Lcf]Y\$ kl/rfng ug{kfpbf h]u/] eP klg ckm:j tGq xg vfh]G]cj:yf /x\$]5 . clxn] Dd klg dlxfnz}nf0{csf\$]3/ hfG]/ csf\$}; j fdf hljg latfpg]JolQmz]kdf x/g]ul/Psf]5 . sltko ufpd] 5f]lxz}nf0{lj Bfno k7fpg]ul/bz} . k7f0xfn]klg :shsf]k9f0 k/f gu/L alr]df 56fpg]ul/G . o; /Lk9g gkPsf 5f]lxz}sf]hlj sifhGsf]nflu /fhuf/lsf]lj sNkx}sf]vfh]af6 j†-rt xg kb5g\ pglxz}n]afGsf]nflu c}dfly e/ kg{afW xG . r†gf cej]sf]sf/Ofn] pglxz} cPgf]clwsf/sf]af/df cgle1 /xg]xgn]cfk]dflysf]lyr]dr]df rkrk ; x] a:g afW xG5g\ o:tf]lj eH]n]ubf{dfg; nf0{o; af6 56sf/f kfpG / ; j tGtf kj\$ hlj gofkg ug\$]nflu lj blzg]jf a; f0 ; g{sfd xG . of]cj:yfdf dfg laqm xg ; Sg]; Defj gf xG .

(५) चेतनाको अभाव MclzIff / r†gfsf]sdIsf sf/Ofn]sg}cds JoflQm]ug{vfh\$]g/fdf]sdfdf ; xofh kVof0{cfkkmkg afW xGg\ bnfaf/f ul/Psf]ultljwnf0{a%g g; Sbf j f laqm ul/g ul/Psf]; D´ ffsf af/df hfgsf/Lgxbf lgbff JolQmalrPsf xGg\ ljzif u/Ldxnf tyf rlnj \$L o:tf]k\$[tsf]hndf kb5g\ kmg uPsf 36gfx; yk}5g\

(६) बसाइ-सराइ Mfjlo c; Gthgtfn]ubf{bzd f; dfgkfts ljsf; ePsf]5g . sltko ulldof Ifix;df lj sf; sf kjff/x; ; dt]sf]cej 5 . dflg; x; ; ljwfsf]bfi6n]jf /fd]/fhuf/Lug{cf; df zx/tkncfslif x}a; f0 ; g]ub5g\ of]qnd; ü]p; sf]cej klg cuif8 j9Lx\$]xG . cej sf sf/Ofn]o; n]afWfids a]rg'kg{xg ; Sb5 .

(७) प्राकृतिक प्रकोप M efa]ns lj s6tfsf]sf/Ofn]jleG ; dodf xg]k\$[ts k\$]ksf 36gfn]ubf{ dflg; x; a\$/j/ / ; sDj; L; dt xg]ub5g\ o:tf]cj:yfdf pglx; o:tf vfnsf unt sfo{ ug{afW xg5g\ lj bz hfg]j f c6 sfddf nlg afW aG5g\

(८) शिक्षाको अभाव तथा गुणस्तरहीन शिक्षा Mclly\$ cej, lj Bfno 69f ePsf]sf/Of Pj -cleefj sss]r†g :t/sf]sdIsf]sf/Ofn]ubf{clxn]klg sltko ulldof If]sf afnafnsfx; lj Bfno hfbg\ To; df klg 5f/Inf0{:sh gk7fpg]k†ng clxn} Dd klg sfod g}5 . csffkntufsf lj Bfnodf hfgx; sfdshsf]cj:yf x/] km{sf]; dodf dfq lj Bfno hfg]ub5g . o:tf :yfgdf lzIs klg lgoldt gxg ; S5 . oLsf/Ofx;n]ubf{w}afnafnsfx; lzIffsf]cj; /af6 j†rt xg] ePsf]sf]klg uOf:t/ gxg]xG . csffkns}afnafnsfx; ljleG sf/Ofn]alr}df lj Bfno 5f8g]ub5g\ o; /Llj Bfno 5f8g]jf hfg dg gug]afnafnsfx; 3/h'afn>dlt/ cfslif xGg\ zx/lt/ cfpglj f bnfmx;n]cg\$fnfe b}f0{zx/ jf lj bzt/ nu] a†lavg ug]ul/G .

(९) भूमिहीनता Meldsf]c; dfg lj t/Of kOfnIsf]sf/Ofn]hgtfsf]7hf]lx; ; f eldlj xg /xg afW ePsf] 5 . slif kzfsf]dh cfw/sf]kdf /x\$]elddf h; n]hff5 p; ü hldgsf]j fidTj xbg . csff] hldgdf jfWtfn]hft] j :tfsf]cj:yfdf ; f]JofQm]f0{cfkngf]sfd kl† lj t]off hfg ; S5 h; n] ubf{tof]JoflQm]f0{lj bz hfg jf c6 sfo\$]nflu afW kfg]xG .

(१०) समाजमा रहेको छुवाछूत Mxidf]; dhdf clxn]klg 5j5t kyf sfod 5 . o:tf]skyf]sf]sf/Ofn] ubf{; dhdf blnt tyf pTk18t hftx;sf dxnf k?ifx; pk]ff, ckn]gf zffof vlg afW 5g\ o; af6 dlQmkfpgsf]nflu sltko ojfojtL, afnafnsfx; up“5f8] 69f u0{a:g]axfgf vfhL /x\$] xGg\ o; cj:yfn]ubf{klg pglx; dfgj a†lavgsf]lzs/ aG ; S5g\

(११) सशस्त्र संघर्ष Mxidf]bzd f @)%@ ; fnb]v lg/Gt/ ; kdf rn\$]lx;f]ds aGsf sf/Of nueu afx] xhf/ dflg; x; sf]d]to'ePsf]/ nfv]lj:yfkt xg ku\$ 5g\ pQm]f/g]kl/jf/sf afnafnsfx; cfdafaaf6 la5f8g ku\$ 5g\ o; /L6x'/f ag\$ jf la5f8g ku\$ s}afnafnsfx; aRgsf nflu 3/h'>dtkncfslif e0/x\$ 5g\ csffkntuf]ds aGsf]eo / qf; af6 dlQmxgsf]nflu ojfojtLnufot c6 dflg; x; ; jbz lj bz :yfoLj f c:yfoL; kdf hfg tof/ xGg\ pglx; ; lhn}a†lavgsf]hndf kmg kl5g\

dfly pN|vt afWtfsf sf/Ofn|lj; agf0/x\$flkl/j zdf lj bzd/ /fhuf/Isf cj; /x; ; hgf xg|s/fn| cfsif ub\$. lj bzd uP/ kms\$ sLJolQm; pglx;n|NofPsf/sdaf6 lau| uPsf|JoJxf/ ; wf/\$f| p; n|b|b5 . o; n|cfkklg lj bz hfg|j f zx/ k:g|c7f ug{k|b5 .

o; sf|; fy}ufp\$|bu|tfsf sf/Ofn|; a}k\$|sf cj; /x; df j|rt xg ku\$|xG . o; nf0{zx/sf| ; a}k\$|sf|; udtfn|x/\$; dodf cfsif ul//x\$|xG . zx/ j f lj bzd oftoftsf|; lj wf ; ~rf/sf| ; lj wf ; jf:Yo tyf lzIfsf|; udtfsf sf/Ofn|JolQmf0{cfsif ub\$. a; f0-; /f0 u/fpg afW kb\$. o; n|ubf|j|c e0/x\$|zx/Is/Ofdf JoJl:yt xg g; Sbf klg dfg; x; a|lavgd f k/\$f 5g\

मानव बेचबिखनको माग पक्ष

(१) विभिन्न किसिमका रोजगारी अवसरको सम्भावना Mj /fhuf/Isf|7hf|df/df k/\$f JolQm;n|j|z /fhuf/Idf uP/ kms\$ JolQm;n|cPgf|3/ JoJxf/ JoJl:yt u/\$f|lj b| af6 kms\$ dlxf;n| ufpdf k|fpg|edaf6 d|t eP/ a|lavgsf|nflu cfsif xg|ub\$g\ ; fy}ufpdf j|yr{e0{x\$| cj:yfdf ; x/df /fhuf/Isf|; efj gf by| klg j|lj vgsf|nflu cfk|:j|Isf|tof/ xg|ub\$.

(२) सुगमता / सम्पन्नता Mufpdf /x\$|k6of/ n|bf|cj; / lj xgtf, lj sf; sf|k|fw/sf|cefj sf sf/Ofn| cQfnPsf JolQm; zx/sf|/deml / ; udtf Pj+cj; / k|t xg|cf; df zx/ Pj+lj bzd hfg n|eg|xG . o; /Ln|ePsf;x|sf|nflu gs|f|ds lj rf/ /Vg|x;n|pglx|sf|rxfgf cg; f/sf| /fhuf/Isf|JoJ:yf ul/lbg|axfgdf unt sfo{ug\$|nflu p|k|t ug|xG / :jo+JolQmkmg ; Sb5 .

#_ vhf ahf/ cy{JoJ:yf Mvhf cy{Qsf|gltsf|sf/Ofn|j|; s klhsf|kj fx Pj =>dsf|cf| f/ k; f/df vshf|kgf xg uPsf|5 . o; cj:yfdf ; :tf|>d ePsf|dhsj f6 dxuf|>d ePsf|dhsdf >lds cfk|kul/G . o:tf|cj:yfdf klg dfgj j|lj vgsf|; efj gf xG .

-\$_ /fd|cj; / / lj j fx ug|axfgf Mdfglj o :j efj sf|sf/Of /fd|hflu/ kfp|cyj f /fd|s\$| ; u lj j fx ul/ ; vLlhjg ofkg ug|; kgfs|cfw/df klg j|lj vgsf|df/df kg{; xh}:j|Isf|? klg 7hf|; Vofdf /x\$|kf0G . o:tf|cj:yfdf o:tf k\$|Isf k|fegdf k/| unt JolQmsf|; utn| kmg hfg|xG .

-%_ ; r'gf / klj lw / gj; ~rf/sf|lj sf; sf|k|efj Mj Wdfg cj:yfsf|; f/sf|lj sf; ; u}lj s|Isf| ; Vof klg j 9\$|5 . 0G/g\$, Odh nufot lj leG k\$|sf lj 1kg c|bsf sf/Ofn|klg dfgj j|lj vgsf|dfu k|df j n ku\$|5 . o:tf v|nsf lj 1kg / ; f/ klj lwsf|k|of| ug|vf; ul/ slnnf pd|sf j fnj flnsf?nf0{unt sfo\$|; bz klg u0{b; \$f|gSsn ug|v|bf klg of|; d:of hl6n j g\$|5 .

^- यौन बजारको विस्तार Ms|tko lj sl; t dhsx;df vhf ; kdf ofg ahf/sf|lj:tf/n|dfgj a|lavgsf| dfu k|fnf0{k|f|; fxg u/\$f|5 . xdf|b|zsf|; G|edf klg u} sfggLx; fj n|ofg JoJ; fonf0{a9fj f lbOPsf|5 . ; fy}ef/tsf k|v zx/x;df ePsf|ofg ahf/sf|lj:tf/n|klg ofg JoJ; fodf n|eg\$|

dfu lbg kl|tlbg a9bf]5 . of]dfu klt{ug{ef/t nufot c6 bzx; aff ; dt o:tf kzf jf Joj ; fosf]nflu a;lavg xg]ub5 .

(७) धन आर्जन गर्ने सजिलो माध्यम Mj /fhuf/L/ sdhf] cly\$ cj:yfsf sf/Ofn]ubf{5ff]; dodf w] cflbfgLug\$]nflu dflg; n]dfgj a;lavg ug{kz}df nlg]ub5g\ csffknh; /LeP klg k}f sdfpg]kj]Qsf]sf/Of c'g}dflg; n]c'g}gftf uftfx;nf0{; dt a;lavg ug{; dt kl5 gkg] l:ylt klg 5 . of] Jojkf/, u} sfggL>d jf 3/h'>d nufot o:t}k\$]sf]>dsf ljleG axfgdf bnfxf;n]dflg; a;lavg ug{sfo{ul/x\$] 5g\

(८) रोजगारीका अवसरप्रतिको आर्कषण Mzx/ jf lj bzd] /fhuf/Isf cj; /x; kz:t /x\$]eG]krf/n] klg dflg; x;nf0{lj bzd] uP/ sfd u/Lwg cfhg ug{cfslift u/\$]xG . o; s'/sf]krf/ k}f/df vf; u/Lbnfx; lj zif ;kn]nfuf xGg\ csffknhupdf eGf zx/df cly\$ pkhgsf nflu ljleG k\$]sf cj; /x; kft xg]xgm]klg dflg; x; zx/lt/ cfslift xg]ub5g\o; n] klg dfgj a;lavg]dfu a9fpg]u/\$]5 .

(९) सस्तो भ्रम : sg}klg nufgLstfx; ; :tf]>dsf]vfh]df xGg\ ; :tf]>dsf]nflu afnafnsf tyf dlxfx;sf]koffi a9Ldfqdf u/\$]kf0G . 3/h' sfd, ; ; fgf xfn, r/f e\$]df sfd ug{ 0\$] e\$] Pj -dl; gf]sfdsf nflu o:tf >ldssf]vfh]Lul/G / bnfxf; dkn ckl{ug{ul/G . To; n]klg dfgj a;lavg]dfu a9fpg]sfd u/\$]5 .

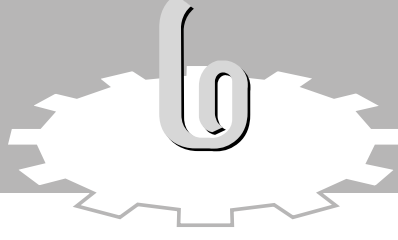
१०. विद्रोह गर्न नसक्ने स्थिति Mlxnf tyf afnafnsfx; c'gf]; d:of klt jf c'gf xs clwsf/sf nflu lj bfx]df sd pqg]Ifdtf /V5g'eG]dfGofn]klg ljleG sfdsf]nflu dlxf tyf afnafnsfx;sf] dfu xg]ub5 . To; h]klg nufg]stfx]dlxf tyf afnafnsfx; s}dfu ug{u/\$]kf0G . o; n] klg dfgj a;lavg]dfunf0{a9f0/x\$]5 .

(११) शहरी रमभ्रमको आर्कषण Mlxnf, afnafnsf tyf ojfx; zx/df ePsf]/derdaf6 cfslift xg] sf/Ofn]klg dfgj a;lavgnf0{; xoffi klu/x\$]5 . u/La kl/jf/sf dfq ge0{sltko 3/df vfgnpg klg]cj:yf ePsf ufplt/sf dflg; x; klg zx/sf ; ljwf, cj; /x; aff cfslift e0{ efu] jf ; fylx;sf]nx]x]df nfu] zx/lt/ c'Psf xGg\ zx/df aff]pkfo vfh]sltko bnfnsf] hfndf kn]La;lavgdf kg]ub5g\ o; n]klg dfgj a;lavg]dfuk]nf0{kff; fxg lbg]sfd u/\$]5 .

(१२) साइबर क्याफे, क्याविन र डान्स रेस्टुराँहरू अत्यधिक मात्रामा खुल्नु Mj hf/df clxn]yk}; foj/ Sofkn]Soflj g /j6/fx? vhf 5g\ o; df /fhuf/Isf cj; /x? bl]vPsf]5 tklg o:tf :yfgx?df lj zif/ul/ cl:nn sfd tyf g/fdf ultljwx? xg]ub5 . o; \$]dfWdn]klg dfgj j]ljvgnf0{kff; fxg ku\$]5 .

(१३) अन्य MB/h'>ddf nufpg, p6 bf3 vhfpg, ; s{ df vhfpg, cE k]of/Of ug{ duG]agfpg, pQhs gfr grfpg, r/f kl]g]e\$]df sfd u/fpg, c6 hf]vdk0{Pj -x]gsf/s sfodf nufpgsf nflu dfgj sf]dfu xg]u/\$]5 .

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf]køfhg

उद्देश्य

dfgj aḥlavg sg sg køfhgsf nflu ug]ul/Ḡ egLatfpg ; Sgḥg\

क्रियाकलाप

- dfgj aḥlavgaḥ s]s]clwsf/xḥ xgg xḡ ; Sh5g\egL; fdlxs kḥg ug].
- cfPsf]pQ/xḥsf]dVo dVo abf °nlk rf6ḥf l6ḥ}hfg].
- l6lkPsf s/f dfly sḥL5nkm ub]xgg xḡ]clwsf/xḥsf]tof/L:nf08 byf0{JofVof ug].

मूल्यांकन

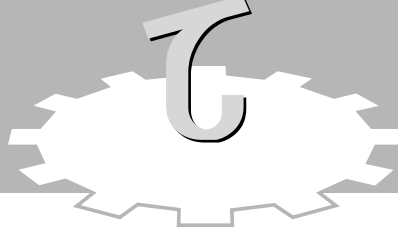
- sIfsf]cḠodf ; xefuInf0{kḥg ug].

मानव बेचबिखनको प्रयोजन

vf; ul/ j tdfg cj:yfdf dfgj j rlj vg lgleG k\$[Lsf sdfs nflu nufpg]ul/G . o; df sd Hbfnf tyf ; lj wdf j 9Lsfd nu0{sd pTkbs nfutdf pTkbg ul/ dgknsf]2[6Lsf /flvPsf]xG . o:tf] cj:yfdf kfk] sfd, c; lhnf]sfd / vt/f0{sdfs cnjf cG ; dfh4f/f j xisf/ ul/Psf To:t} k\$[Lsf sfdkg u/fpg]ul/G . vf; ul/ dfgj j rlj vgdg lgDg sdfs]nflu nufpg]ul/G .

- a7ofj Qdf nufpg
- 3/h' gfs/ agfpg
- ; s{ df vhfpg
- cE kTof/k0f jf cE lensf nflu
- dfg]sfof nufpg jf duG]agfpg
- x\$ndf sddf nufpg
- bptfn0{r9fpg
- aWj f dhb/ agfpg
- cj w lqmsnfkdf nufpg
- p6 b\$df kofu ug{
- hlvdLsfof nufpg
- cltly ; Ts/ u/fpg
- pQhs gfr grfpg
- >dsf]zif0f ug{

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf kll8t / ; mlg klfxc

उद्देश्य

dfgj aḥlavgsf kll8t / ; mlg klfxc sf]klxrfg u/Lc;nf0{atfpg ; Sg5g\

क्रियाकलाप

- dfgj aḥlavgaḥ kll8t / ; mlg klfxc? sf]sf]xg ; Sb5g\egL; fdlxs k7g ug].
- cfPsf]pQ/x;sf]dVo dVo abf °nlk rf6{f l6b}hfg].
- l6lkPsf s/f dfly s;L5nkm ub}xgg xg]clwsf/x;sf]tof/L:nf08 byf0{JofVof ug].

मूल्यांकन

- sIffsf]cGdf ; xefuInf0{k7g ug].

मानव बेचबिखनमा पीडित पक्ष

lj zif u/Ldfgj ařlavgdfljleG cj:yfn]ubf{kll8t xg ; Sg]xG . o; df lgDg lnltv cj:yfsf JolQm; a9Ldfqdf kll8t xg]u/řf 5g\

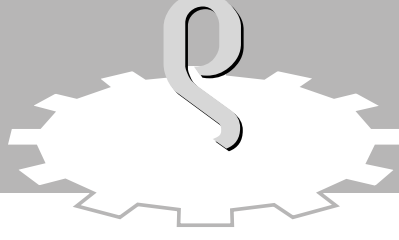
- křts křkař kll8t
- aG jf o4 kll8t / z/OffyK
- ; fdlhs cřofodf k/řf
- cflyř l:ylt sdhf] ePsf
- lg/If/ / clzllftx;
- sřLug]j f ; v vř]rřxgf ePsf -dxG] fsřř a9LePsf]
- a; ř0-; /ř0 u/řf jf lj :yflkt kl/j f/x;
- lzIf, ; řgf, / ; řf/ař jř-rt ePsf
- a]řhuf/
- přkll8tx; Pj -ej; /ař jř-rt
- cgfy, řx/f, Psn dlxf
- ř/la
- cř kř]řsf lj klQdf k/řfx;
- c; ul7t řdfbf/

संलग्न पक्ष

dfgj j řlvgsfodf lgDg JolQm; ; řlg /xřf xGg\

- lsG]j f řddf nufpg]
- a]gřnhfg]j f křofpg]
- cf>o lbgř; řfpg]
- pkeřř]j f uřs
- křřfg]÷zlQm/ křř]b'koffu ugř
- ; řgf lbg]
- Ařlavgdfl k/Lkřř/ cřřřfx;
- :yfglo tyf ařxà bnřfx;
- řřofnodf řdfugř;
- řřof] Qdf ; řlg JolQm;

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf kll8t / ck/fwlsf]klxrfg

उद्देश्य

- dfgj aḥlavgsf ck/fwlsf]klxrfg ug{/ cḥnf0{; hu u/fpg ; Sg\$g\
- dfgj aḥlavgsf kll8tsf]klxrfg u/Lpḥf/ ; xoffi kḥofpg ; Sg\$g\

क्रियाकलाप

- ck/fwlsf]lj zifftxḥ s]s]xḤg\egL; fdlxs kḥg ug{.
- pQ/ cfPsf]cfw/df °nlk rf6ḥf l6Ḥ}hfg]/ cḤodf ; HḥIs/Of ub{tof/L:nf08 byf0{JofVof ug{. o; sf]kḥ Ḥnf0{hf\$ḥ}dfgj aḥlavgsf kll8txḥnf0{s]xḤg\egLkḥg ug{. cfPsf]pQ/nf0{ ; HḥIs/Of u/L:nf08 kḥtt ug{.

मूल्यांकन

- kḥg ; fḤ]/ pQ/sf]cfw/df dNof^asg ug{; lsḤ .

मानव बेचबिखनका पीडितको पहिचान

dfgj aḥlavgaḥ kll8t klfsf]p4f/, kg:yfkgf tyf o; sf]/f\$yfdsf nflu /Ofgllt thḥf ug{o:tf kll8tsf]klxrfg cḤḤ dxḤkOf{s/f xf]. o; /Lkxrfg ePsfxḤsf]p4f/ / ck/fwlnf0{sfggLsf/j fxL ugḥfnflu ljleḤḤ pkfoxḤ cjndj g ug{; lsḤ . o; sfhflu ljzif kḥf/sf]/Ofgllt cjndj g ugkgf cfjZostf xḤ . of]cj:yfdf lj ljw sf/Ofn]ubf{kll8tn]cfkngf]oyfy{fnf0{nsfpg]l5kfp]xg ; Sb5 . o; sf nflu cfjZos ; sḥ jf nlf0xḤsf]cfjZostf kb5 . Ḥo:tf nlf0f / ; sḥxḤ ; fdfḤ lx; fan]kQf nfbg}g; Sg]xg ; Sb5 . o; df ljzif kḥf/sf]; lk, 1fg / Ifdtfsf ; fy}:j o+kll8tsf] ; xofḥ h?/LxḤ . t; y{lgḤḤ cj:yfsf]cWogafḥ kll8tsf]klxrfxg xg ; Sg]; eḥgf /xḤ .

१. आवासको अवस्था M; f3/f]7fp,“ plrt 9n lgsf; sf]kaḤw gePsf] s8f ; /If 3/f ePsf] rnvḥ ugḥfnflu klḥtaḤw, cfkngf]cfj f; sf]af/ḥf :jomf0{hfgsf/LgePsf] cfkng}Joḥ:yfkgdf cfj f; Ifḥsf]k/j tḥḤ ug{g; Sg]cj:yfdf /xḥf]cfw/afḥ klḥ kll8tsf]klxrfg ug{; lsḤ .
२. कामको अवस्था M>d sfggsf]pN^{a3}g ul/Psf] nfd]sfo{306f, ljleḤḤ axfgdf tna /f\$sf ugḥ ul/Psḥ, kl/>lds glbPsf] afḥw jf afwḥsf/Lsfddf nuf0Psf] :j P5fn]klḥ pQmsdafḥ x6ḥ g; Sg]afwḥtf /xḥf]cj:yfafḥ klḥ kxrfg ug{; lsḤ .
३. स्वआर्जनको लागि पहुँच र नियन्त्रणको अभाव M; DalḤwt >ldsnf0{cfkngf]tna ; lj wsf]af/ḥf cfkng cgle1 /xḥf] cfkng]u/sf]cfḥbfgLslxNḥ}cfkngf]xftdf gkgḥ cfkng]kfp]Hbfnf ; lj wsf]af/ḥf :jomf0{yxf gePsf] cfkng]kfp]Hbfnf tyf ; lj wḥxḤ cfkngf]edḥf ubfḥsf]vrḥf sḥf ul/g] u/ḥf]jf bnf nufotsf JofQm]aeng]u/ḥf]jf klxn]g}Psdi6 aenḥ nlu; sḥf] cfkng]Ḥo; 7fpḥdf sfd u/ḥf]Hbfnf ; lj wafḥ cfkngf kvḥf]lnPsf]COfsf]eQrfgLug{sḥf ug{eḤ}axfg ePsf]cj:yfafḥ klḥ kll8tsf]klxrfg xg ; Sb5 .
४. चलखेलमा नियन्त्रण M; DalḤwt sdbf/ jf >ldsnf0{cfkng]sfd ug{:yfgsf]af/ḥf / cfkngf]cfj f; sf] af/ḥf kOf{hfgsf/lsf]cefj /xḥf] ; f]JolQmcfkng'; Lotfptf 3Dḥ jf aflx/ lg:sgdf klḥtaḤw /xḥf]jf o:tf]sfdsf]nflu csf]s; ḥf]lgu/fgldf ; w}/lx/xg'kg{cj:yf /xḥf]; fy}cfkngf0{hfg OR5f gnfuḥf]:yfgdf klḥ hj ḥ:tLj f bj f df hfgkg{afwḥtf /xḥf]cj:yf klḥ csf]klxrfgsf] nlf0f xf].
५. अरूको आश्रयमा बाँच्नुपर्ने Mḥfḥf]JolQmsf]pkl:yltf emsg] tl; ḥ / c:jfeljs Joḥxf/ blvg] c/fPsf] sfd dfq ug{Psḥf]f]Joḥxf/, kZgsf]pQ/ lbḥ lxrlsrfg] cfkngf ; d:of eḤḤ jf :ki6 s/f /Vg grfxg] :fḤ tḤ atfpgsḥf]; ḥf eḥf]/ jgf 6Ls/f dfq ug{rfxf' cllbafḥ klḥ kxrfg xg ; Sb5 .
६. कानुनी कागजपत्र तथा चिनारी MḥSsnLsfuhf xg'jf ; DalḤwt JolQmḥ Ḥo:tf sfuhf g}gxg', gSsnL cleefj ssf]axfgf agfpg' >d Ohfht kq lagf kjḥ u/ḥf]jf gSsnL6fen 8sdḤḤ ; fydf /xg' ; fy} Ḥo:tf sfuhf]sf]af/ḥf hfgsf/Lg}gxg]cflb cj:yfsf cfw/df klḥ kxrfg ug{; lsḤ .
७. स्वास्थ्य अवस्था MbAnf] cWf/f]la/fdLh:tf]cgxf/, dḥdf ljleḤḤ kḥf/sf vtxḤ blvg' emḥf/f] / ljleḤḤ lsl; dsf ; ?f /fḥafḥ ul; t ePsf cj:yfsf cfw/df klḥ kxrfg ug{; lsḤ .
८. आफैले गरिरहेको काममा स्वयं अनभिज्ञ Mḥfḥf/Ldf hfgkj} /fḥf/Ldf hḥf]sf]cj f:ydf afḥfḥf ; DalḤwt 7fpḥdf klu; ḥkl5 jf sfd ul//xḥf]cj:yfdf pQmsfdnf0{Joḥl:yt ug{af/ḥf cfkngcgle1 /xḥf]

xG . sfd ug{; j fndf s]sfdff hfg] lsg hfg] s]s]ug{kb5, To; kl5 d]/elddsf s]eG] af/df :jo-kl8t JolQmcgle1 /x\$]cj:yf klg xg]ub5 .

९.□ आकृते गन्तव्यको जीवन शैलिको बारेमा जानकारी नभएको M; DalGwt b}zsf]efiff, rfnrng, l/ltl/j fh, p; sf]xs clwsf/ Pj +sfggLJoJ:yfsf]af/df cgle1tf ePsf]j f To:tf s'/fsf]af/df k] {tflnd ; dt glnPsf]cfwf/df klg klxrfg ug{; lsg]xG .

o; df a}lavgsf]hflvddf k/\$f afnafnsfx}sf]xsdf :ki6 sfuhLJoJ:yf / cfkmlG]:yfgsf] hfgsf/LgePsf] afnssf]ofqsf]cj:yf Psn jf p; u ; mlG ; fylx; usf]gftsf]cfwf/, pQmlolQmsf] :jefj / JoJxf/, afnafnsf k}flj t ePsf sg}36gf kl/36gfsf]cWog, afnafnsfx} k}zgsf]pQ/ lbg / p; sf]hlj grof\$]af/df atfpg]b]/Psf]pT; fx, pglx}n]atfPsf 36gfx}, Toxf'xg ; Sg] lx}f cflb / pglx}df ; q}dt ePsf ljleG ; ?jf /flx}sf]cfwf/df klg klxrfg ug{; lsG .

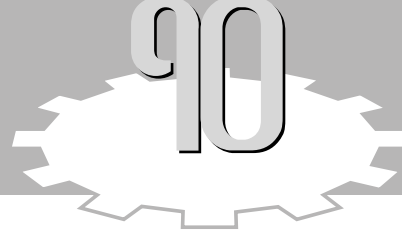
To; }u/Lo:tf hflvddf k/\$f dlxfx}sf]xsdf klg :ki6 sfuhLk}df gePsf] cfkmg]uGJo / Toxf\$]/ltl/j fh cflbsf]af/df cgle1 /x\$] efiffsf]lfgsf]cej, Toxf\$]rfnrngdf leHg g; s\$] 3/h'lx}fa6 kl8t ePsf tyf To:tf sfo\$]nflu ; fdlhs ; AfOsf]nflu ; hfnst]; dt cej /x\$] kfl/jfl/s bflotj ; lxt pkl:ylt ePsf]j f cflb cj:yfa6 klxrfg ug{; lsG .

मानव बेचबिखन गर्ने अपराधीको पहिचान

dfgj a}lavg sfo{ug{ck/fw]sf]; xLklxrfgsf]cejf df dflg; x} ed\$sg]/ kmg ; Sg]xG . o:tf vfnsf]sfd ug{ck/fwx} ljleG }k / cj:yfdf k}tt xg]xGg\ clxn] Dd ePsf 36gfsf]cfwf/df x}f{o:tf JolQm}sf]; hfn 7hf]xG . p; n]x/\$ kl:l:yltsf]dNofsg u/LJoJxf/ ub5 / lgbfif JolQmfO{kmfpg]xG . o; df lgDg s'/fdf Wfg k}ofpg'h?/L5 .

- ufp}f k}z ug{gof'cgxf/sf]JolQm/ p; sf]cfr/O / JoJxf/sf]cWog
- gof'JolQmh; n]nuftf/ }kdf w}wg sdfpgsf nflu c6q st}hfp"egLbjfj lb0/x\$]xG To:tf JolQmfO{zsf]sf]bl}6n]xg}{kg}xG .
- glrg\$]JolQmt/ ; fdf6 kl/rodf klg l; gdf xg}{hfp"jf c6q 3Dg hfp"eG]k}tj /flv/xG eg]j f kmfO/xG eg]To:tf JolQmdf]y zsf ug{kb5 .
- afx/af6 cfPsf]dflg; h; n]5ff]; dodf g}k} k}tj /fv} lax]u/Lzx/ nhf'eg]vfnsf] s'/f ub5 eg]klg zsf ug{kb5 .
- ; fdf6 lrg}hg\$] jf cfk}x}n]klg zx/df w}k} f sdfpg]7fp}f sfd nufO{lbG'd; u hfp" egLkmfpg yfN eg]klg zsf ug{kb5 .
- cgfj Zos }kdf ; s{ df v}hpg nfG, lx/f]lx/}Dg agfO{lbG, pkrf/ u/fO{lbG, egL; /f\$ /fv}JolQmfO{klg zsf ug{kg}xG .
- g}hf]dfG] gof"e}df g}cjf Zostf ebf a9Lenfs'; f/Lj f vr}r{ug}df cu} / xG eg]klg Vofn ug{kb5 .
- g}hf]dfG]h; n]a9Llgu/fgL/ bM ladf/df ; xof} k}ofPsf]5 eg]klg s}Lzsf ug{kg}xG .
- ufp\$]sg}dlxf jf k?if afx/af6 cfPsf]cgfj Zos u/uxgf nufO{t8se8s ug] afx/sf] af/df a9Lavfg ug]/ nfnrf a9fpg]ultlj lw ul/x\$]cj:yfnfO{klg zsf]sf]bl}6n]xg}{kb5 .

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavg klqmf dfu{

उद्देश्य

dfgj aḥlavgdf kōfī xg]dfuḥf]af/ḍf atfpg ; Sgḥg\

क्रियाकलाप

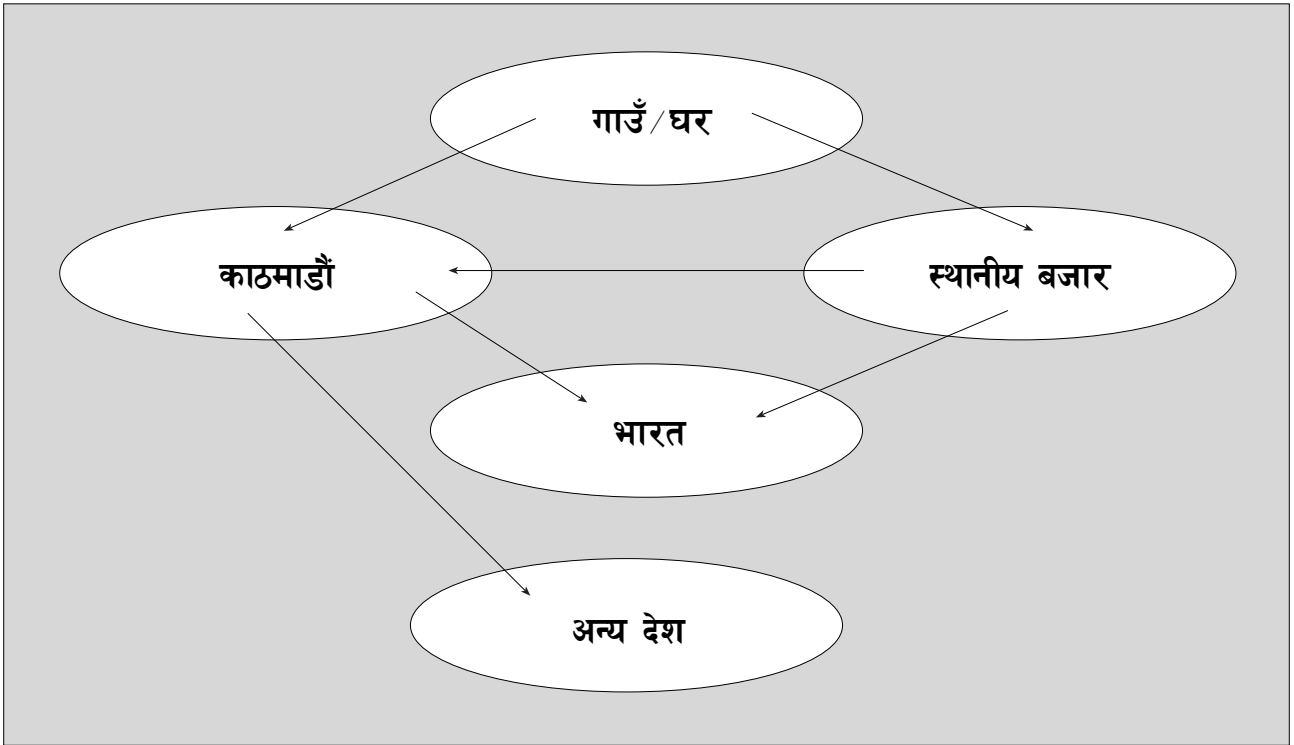
- ljZj sf]dfg lrqdf byfpb}klqmf dfuḥf]af/ḍf ki6 kfg].
- ljZj sf]dfg lrqdf ydlkg / wfuf]f/f dfgj aḥlavgsf]z?jft / uḤJosf]:ynāf/f hfḥg nufpg].
o; /Lhfḥg nufpbf ; xefuXḥnf0{kfn}kfnf]; do lbg].

मूल्याङ्कन :

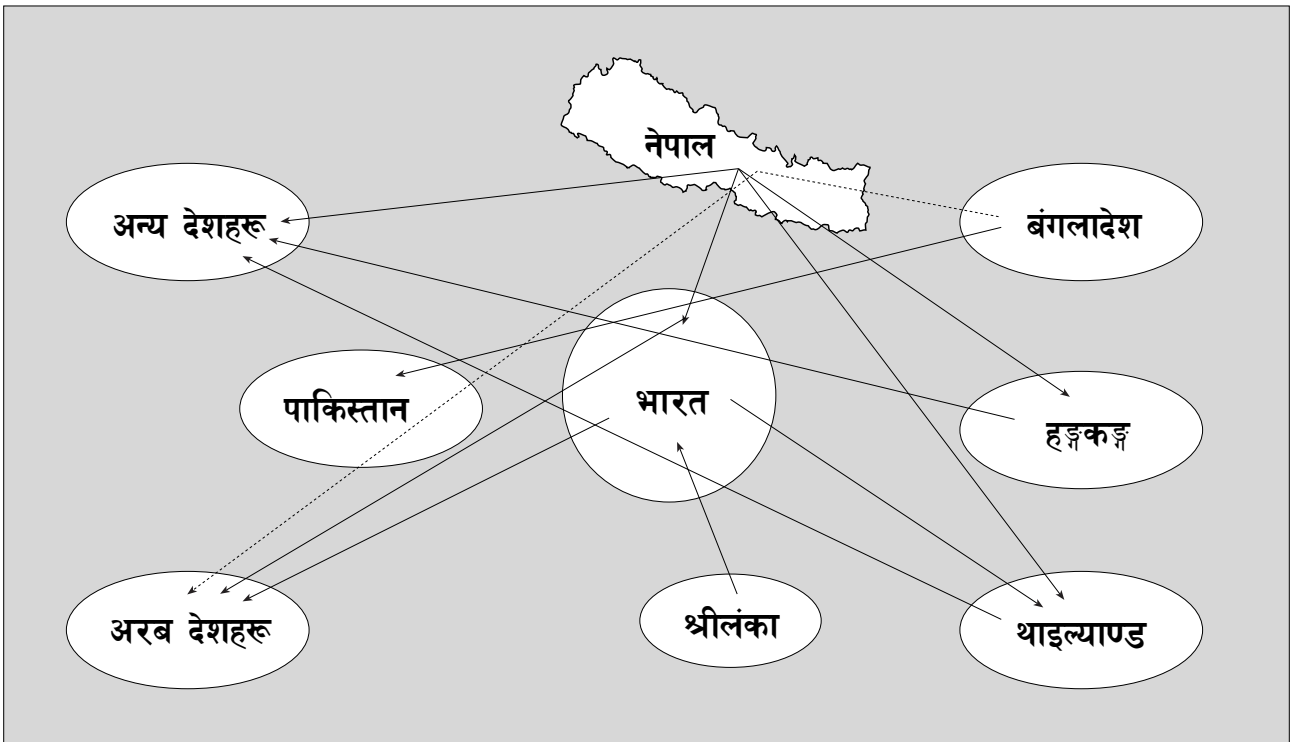
- ; xefuInf0{afḥf lrq sfḥ{nuf0{wsf]f/f hfḥg nufpg].

मानव बेचबिखनको प्रक्रिया (मार्ग)

नेपालभित्र



नेपालबाहिर



; fī Mdxnf tyf afnafnsf aṛlavglj?4 ; xsdḷ; dḷ gḷfn -P6lj g.

विषय प्रस्तुति सत्र

११

विषय

dfgj aḥlavg ck/fw kēflj t lhNnf tyf gfsfx;

उद्देश्य

dfgj aḥlavg kēflj t lhNnf tyf gfsfx; sf]klxrfg u/Latfpg ; Sgḥg\

क्रियाकलाप

- dfgj aḥlavgaḥ s]s]clwsf/x; xgg xg ; Sb5g\egL; fdlxs kZg ug{.
- cfPsf]pQ/x;sf]dVo dVo abf °nlk rf6{f l6ḥ}hfg].
- l6lkPsf s/f dflj sḥL5nkm ub}xgg xg]clwsf/x;sf]tof/L:nf08 byf0{JofVof ug{.

मूल्यांकन

- sIfsf]cḤodf ; xefuInf0{kZg ug{.

अपराध प्रवृत्ति प्रभावित जिल्ला तथा नाकाहरू

ck/flws kj lQsf nflu ck/fwIx;sf ljleGg 7fpX;df ljleGg ; dX / ;kx;df /x\$fxGg\ o:tf] ck/fwIx;n]ufp3/af6 zx/; Dd, zx/blv ef/tlo ; ldf; Dd, ; ldfblv uGJo zx/; Ddsf]; Ghn lgdQf u/Laflavg ugub5g\ rlna6lsf]aflavgssf]nflu ef/tsf]dDj Qx lbNnL, snsQf, nvgp, uf/vk/, dhkmk/, / vf8Ldhssf sXL/fi6x; ; dt uGJosf];kdf /x\$flkf0G5 .

प्रभावित जिल्लाहरू

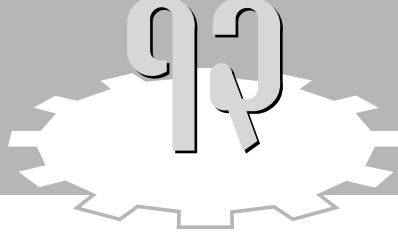
ljutsf ; dodf dfgj aflavg / cf] f/k; f/sf]ck/fwaf6 sXL lhNnf dfq kfljt ePsf lyP eg] xfn clw/fhsf clwsfz lhNnfd o; ksf/sf ultlj lw xg]u/\$f]5 . dfgj aflavgaf6 &# lhNnf kfljt ePsf 5g\ h; dW]gj fsf, wlb^a, l; GwkNrf\$, sflnL, sflknf-rf\$, dsjfgk/, bf^a, uf/vf, af\$]l; GwL, pbok/, /; jf, gjnk/f; L, ' fkl, /fd\$fk, ; nfxL, dxQ/L, wgif, lrtjg, nlnk/, sf:sL, df]^a, ; g; /L ;kQXL k; f; / sf7df8f]u/L@ lhNnf o; af6 a9Ldfqdf kfljt /x\$fxGg\

मानव बेचबिखनको लागि नेपालबाट भारत लैजाने प्रमुख नाकाहरू M

जिल्ला\नाका

Onfd	kzklgtu/
/f;x6	julgof
' fkl	sfs8leQf
k; f{	/S; fh
df] ^a	hfljgL
;kQXL	; gflL
sflnL	uf/lk06f
slknj:t'	sf0fgu/
; g; /L	e06f] f/L
dxflQ/L	dl6xfgL
bf ^a	sfQnf]f;
; nfxL	; fgj iff{
af\$]	;k8of
s~rgk/	jgj f; f

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavg sfoḥf ck/fwlsf]axfgf

उद्देश्य

dfgj aḥlavg sfoḥf ; ḥḥg ck/fwln]gfsfdf ḥ Sofpg kḥfḥ ug{axfgfsf]af/ḥf atfpg ; Sgḥg\

क्रियाकलाप

- dfgj aḥlavgaḥ s]s]clwsf/xḥ xgg xḥ ; Sb5g\egL; fdlxs kḥg ug{.
- cfPsf]pQ/xḥsf]dVo dVo abf ḥnlk rfḥḥf l6ḥ}hfg].
- l6lkPsf s/f dḥy sḥL5nkm ub{axgg xḥ]clwsf/xḥsf]tof/L:nf08 byf0{JofVof ug{.

मूल्यांकन

- sIffsf]cḥodf ; xefuInf0{kḥg ug{.

मानव बेचबिखन गर्ने व्यक्तिले सीमावर्ती नाकामा प्रहरीहरूलाई झुक्याउन गरिने बहानाहरू

- >ldfg÷>ldt]sf]gftf - lbbLaxgL, bfh'-alxg]sf]gftf
- afa'5f]Lj f 5/ l5d]sf]gftf
- ; s6sf]cj:yfdf c:ktfn nhfg nfu\$]
- ; fdfg lsGg lx8\$]
- la/fd]sf]axfgdf c]flw pkrf/ ug{lx8\$]
- gft]f/ eGg lx8\$]
- c]knt sxf'lx8\$]
- labdf 3/ c]Psf]labf ; sLkms\$]

विषय प्रस्तुति सत्र

१३

विषय

dfgj aḥlavgsf nflu kōḥ ul/g]; Deḥo :yn

उद्देश्य

- dfgj aḥlavgsf nflu pkōḥ ug{; Sg}; Deḥo :ynsf]af/ḥf atfpg ; Sgḥg\
- To:tf :yfgdf ; /Ift xg pkfosf]vḥLug{; Sgḥg\

क्रियाकलाप

- dfgj aḥlavgaḥ s]s]clwsf/xḥ xgg xg ; Sb5g\egL; fdlxs kḥg ug{.
- cfPsf]pQ/xḥsf]dVo dVo abf °nlk rf6ḥf l6ḥ}hfg].
- l6lkPsf s/f dḥy sḥL5nkm ub{ xgg xg]clwsf/xḥsf]tof/L:nf08 byf0{JofVof ug{.

मूल्यांकन

- sIffsf]cḥodf ; xefuInf0{kḥg ug{.

मानव बेचबिखनमा प्रयोग हुन सक्ने सम्भाव्य स्थलहरू

dfgj j jljvg Pp6f h3G ck/fw ePsfh]o:tf]sfo\$fnflu lj zif :yfg / cj:yfsf]kqf] ug{ul/Psf] xG . To:tf :yfg / cj:yfsf]j f/qf hfgsf/L/fvL ; /Iift xg' kg{xG . To:tf ; efo:ynx? lgDg /x\$ 5g\

- 3/, 8]f
- kfgLk3]f]
- 3f', bfp/f dhhkft ug{7fp\$;
- dhf, kj { efh, hfqf, lj j fx, pT; j cflb
- sf/vfgf -un}f÷ufdG, Of e\$fi, 9uf vfgL, _
- l; gdf xn÷; s{ xn
- a; , a; kfs{
- af6f]la/fPsf]cj:yf
- PsfG :yn
- lj Bfno
- nfd]ofqf
- àG kqf] t Ifq
- ; /OfyKl; lj /
- Soflj g÷8fG /i6/f'
- xfn, nh, /i6/f' e\$L
- efh,] l/s6]
- cgfyfno
- c; /Iift ufdIOf÷lk5l8Psf]a:tL

विषय प्रस्तुति सत्र

१४

विषय

dfgj aḥlavgsf]tff t/sfx

उद्देश्य

gkndf dfgj aḥlavgsf nflu kofu ul/Psf tff t/sfs]af/df :ki6 e0c;nf0l; sfpg ; Sg5g\

क्रियाकलाप

- ; xefuX;nf0; fdlxs ;kdf kofu t/sfs]cgej jf hfgsf/Isf af/df atfpg nufpg].
- ; fLhfgsf/Is]cfw/df JofVof ub}tof/L:nf08 k}tt ug].

मूल्यांकन

- sIffsf]cGofdf ; xefuInf0{k7g ug].

मानव बेचबिखनका तौरतरिकाहरू

बेचबिखन गर्ने तौर तरिका

बैधानिक तरिका M

lj Bdfg cj :yfdf j b|zs /fhuf/Isf]gddf vfnPsf sltko j b|zs /fhuf/ ; DaGwLJoJ ; fo ug| sDkgIx; n]gSsnL ; D' f|f u/L gSsnL sfuhftsf]cfwf/df >L% sf] ; /sf/af6 :j Is[kft u/L lj b|zdf dfgj laqm ug{ul/G . o:tf]cj :yfdf laqm ePsf; sf]xsdf >L% sf] ; /sf/af6 sf/jfxL ug{ ; Sb5 . o; d]klg ; DalGwt JolQmf] ; xldtdf sfuh u/LuPsf]cj :yfdf sf/jfxLug{ ; Sg]cj :yf /xbg . sltko gSsnLsfuhft tof/ u/Lj b|z k7fpg]sDkgIx; c:yfoL/xg]/ T; sf ; ~rfs akQf xg]klg ul/Psf]5 .

अवैधानिक तरिका M

of]tl/sfdf dlxf j f k?ifnf0{lj leG axfgdf nnf0{kmsf0{j f cg\$ if8oGaf/f cPgf a; df kf/] laqm ul/G . vf; u/Llaqm ug{ o:tf]k\$[tsf]sfof0{lgDg tl/sfx; cj nD]g ug{ul/Psf]5 .

प्रत्यक्ष सम्पर्कबाट M

ef/tsf sltko j Zofno ; ~rfng u/La; \$f JolQm; ufpdf u0{kTof kl8tsf kl/jf/; ü e\$3f6 u/Lj leG lsl; dsf kpfeg byf0{kf/jfl/s ; xldtn]Pj :j o+pQmkzdf hfg]JolQmf0; dt kefj kfg{ul/G .

दलाल (एजेण्ट) को माध्यमबाट :

o:tf sfof] ; mlg bnfnx; n]lj leG tl/sfx; ckgf0{lj b|zdf kYofpg]ub\$g\

(१) नक्कली विवाह M

of]tl/sf of]sfof]nflu clt ; /n / a9Lrng rNtdf cfPsf]df]gPsf]5 . ufp\$ l; wf ; fwf clzIf ft cleefj s / pQmlgbff dlxfnf0{nnf0{kmsf0{cPgf]xfepaf/f a; df kf/L gSsnL lj jfx u/Lj b|zdf 3dfpg nfg]axfgdf aPlavg ug{ul/G .

(२) आय आर्जनको आकर्षणमा परेर M

bnfnx; n]lj b|z jf zx/df nu] /fd]hflu/ nuf0{j f cG Jofkl/sf]kpfegdf kf/] a9Lk} f sdfpg ; Sg]axfgdf laqmlj t/Of ug{ub\$. dlxf afnafnsf tyf cG pd/sf k?if ; dt o; /L laqmxg]u/\$f 5g\ o; af6 dlxfx; b] Jofkl/ h:tf sfd ug{/ k?ifx; cG v/fa tyf ck/flws k\$[tsf]sfd ug{afW xg]5g\

(३) आफन्तकहाँ पुऱ्याइदिने बहानामा M

lj b|zdf /x\$]cfknt]afnf0{k7fPsf]axfgdf pQm7fpdf kYof0]bg]egLaPlavg ug{u/\$f] 36gxf; klg 5g\ o; df z'zdf kl8t klEsf]; xldt /x\$]eP tklg p; nf0{kYofpg lhDdf lng] JolQm]unt dfu\$]koff u/Lj f cG pkfoaf6 laqm ul/G .

(४) सर्कसमा खेलाउने बहानामा M

cjfw afnafnsfnf0; s{ df v]g]sf]nflu egLkmsf0{kmsf0{euf0{nu] laqm ug{kfng klg

/xʃf]5 . k6s k6s ; s{ af6 laqm ePsf xʃf]pʃf/ ; dʃ ePsf 36gʃ xʃf] ljeG ; dodf afx/ cʃPsf 5g\ o:tʃ]sfoʃf cleefj sʃf]:j Is[ʃt aʃ/ eufP/ nfg]u/ʃf]kʃPsf]5 .

(५) औषधि वा लागू पदार्थको प्रयोग M

lj leG axfgdf nfu" cʃf]wʃf]; jg u/f0{xʃf] c j:yfdf lj bʃzʃf]ahf/df kʃf]pg]sfo{kʃg e0/xʃf 5g\ o; /L cʃf]w ; jg u/f0{xʃf] e0{pkrf/sf nfu ef/ttkʃf]nʃg nfuʃf]axʃf agʃpg]ul/5 .

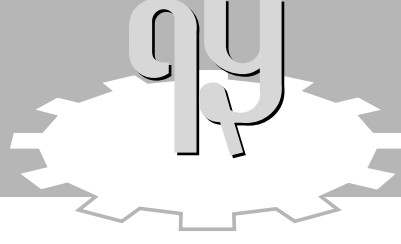
(६) धर्मपुत्र/धर्मपुत्रीको बहाना M

bM kʃPsf kl/j f/sf afnafnsnf0{/ p; sf cleefj sxʃnf0{nnf0{kʃf]f0; IkGʃtsʃf]wʃf bʃf0{ wd{kq ÷ wd{kqL/fvʃf]nʃf egLnʃg]ul/5 / laqm ug]ul/Psf]5 . o; /Lul/g]aʃlavʃdf kʃf]Mh; f]afnafnsnf kʃf]t ePsf xʃf]5g\

(७) अन्य :

dfgj aʃlavʃf]sfoʃf nfuʃf JolQm; n]JolQmʃf]lj leG c j:yʃf]cʃf]ng u/L pgʃxʃnf0{ kʃf]pg]/ laqm ug]u/ʃf 5g\ o; df dgʃf]~hʃf]kʃf]egdf kʃf]/, pkrf/ u/f0bʃ' eg], zx/ 3df0bʃ' eg], bM, cʃkʃdf ; xof]Lag] kʃf]f0{eʃf]f0{ 8/ qf; wʃf]Lbʃf0{/ cʃf] if8oʃq /r] laqm ug]; dʃ u/ʃf]kʃPsf]5 .

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgsf]c; /xḥ

उद्देश्य

dfgj aḥlavgsf]c; /sf]lj Znif0f ug{/ ; flj f/ḥf :ki6 e0{cḥnf0{atfpg ; Sgḥg\

क्रियाकलाप

- != ; xefuInf0{^ hgfsf]% ; dḥ agfpg] / dfgj aḥlavgsf]c; /sf]af/ḥf 5nkm ugḥf]nflu !% ldgḥsf]; do lbg].
- @= 5nkmsf]lgisiff0{°nlk rf6ḥf ptfg{nufpg]/ x/ḥ ; dḥsf]Ps hgfnf0{kḥtt ug{nufpg].
- #= kḥtt ul/Psf °nlk rf6ḥf; ḥḥls/0f ubḥc; /xḥsf]af/ḥf tof/ ul/Psf :nf08 byf0{ki6 kfg].

मूल्याङ्कन

- ; fdlxs ḥkdf kḥg ug{; lsḥ .

मानव बेचबिखनका असरहरू

dfgj aṛlavgsf]c; /xḲ vf; u/L; a}Ifqdf kg{ubḡ . o; nf0{# txdJ JofVof ug{; lsḠ .

१. व्यक्तिसमाथि पर्ने असर

- शारीरिक शोषण Mdfgj aṛlavgn]dfgj lo ; jḡgnf0{Vofn ubḡ . dfgj sf]v/b jf laqm ug{hf] sf]In]JolQmf0j:t'; /x kōfhg ug{kōḡg ubḡ . o; df ly |8 cyff kḡkḡ, vt/fk0{sfd, c; lhnf] sfdxḲ df To:tf JolQmḲnf0{kōfh ul/Ḡ . o:tf]cj:yfdf aṛlavgdJ k/ḡf JolQnsf]w/ḡḡf w} zf/l/s zff0f xḡ]ubḡ . o; afḡ pgsf]z/Ldf bl3ḡfn; Ddsf]c; / xḡ]lj leḠ ; ḡfḡds /fḡxḲ nlfḡ]; efj gf xḠ .
- मानव अधिकारको हनन Mdfgj aṛlavgaḡ kll8t JolQm]cḡḡf ḡḡtd dfgj clwsf/sf]xs ; dḡafḡ j-l-rt xḡ]xḠ . aḡrPsf JolQnsf]cḡ ; fdfḡ JolQm]kfpḡ]gful/s, /fhḡlts, ; fdlhs, ; f:s]ts / cflyḡ nufotsf ; Ik0{clwsf/xḲ xgg xḠ . t; y{p; n]lḡtfḡ lḡblzt hlj g dfq lhpḡ afW xḡ]xḠ . o:tf]cj:yfdf p; ũ cḡḡf]JolQmt ckgḡ]kgsf]k'}cefj /xḠ . cḡḡ sl7g / si6s/ hlj g ofkg ug{afW xḡ]xḠ .
- आत्महत्या गर्नेहरूको संख्यामा वृद्धि Mha dflg; sf]JolQm] klt jf cfkm]u/ḡf]sfdafḡ c; ḡi6 xḡ yḡḡ . ta p; n]ḡ; afḡ 56sf/f kfpḡsf nflu kōḡg ug{yḡḡ5 . o:tf]kḡf/sf]kōḡgaḡ c; km ePsf] cj:yfdf p; sf]clḡd pkfo dg{xf]eḠ]7x/ ubḡ / ckḡ]ts dḡḡsf]; xf/df kḡḡ5 . o:tf] ckḡ]ts dḡḡnf0{xfdlcfldfxḡof eḡ5f}; cḡḡfxḡof cḡḡnfḡg/L/ lḡḡfj fḡsf]k/Ofd xf].
- पेशा रोजनबाट बञ्चित MalrPsf]dflg; cḡḡf]kḡf jf Joj; fo /fḡ]clwsf/afḡ j-l-rt agḡf]xḠ . p; nf0{kḡf jf Joj; fosf]5ḡḡ ug{clwsf/dfly cs}cds JolQm]clwsf/ hdf0; sḡf]sf/Ofn] afWḡfj; p; n]ḡḡPsf]kḡfdf nlfḡ'kg{xḠ . o; n]p; sf]ḡr, rfxḡf / OR5sf]cfw/df kḡḡsf] 5ḡḡ u/Lsfd ug{afḡ j-l-rt xḡḡ .
- यौनजन्य सखा रोगहरूको शिकार Mkḡoh; f]dlxn tyf afnaḡnsf]aṛlavḡ ofḡhḡ kḡ]tsf]sfdḡ nufḡsf]nflu ug{ul/Psf]5 . o:tf]kḡ]tsf]sfdḡ ofḡhḡ h3ḡ ; ?jf /fḡxḲ ; ḡḡḡt xḡ ; Defj gf xḠ .
- असामयिक/असहज मृत्यु MkḡoMvt/foQm kḡkḡ / :jf:Yonf0{xḡgLkḡofḡ]vfnsf]sfd Pj +c; lhnf] sfdsf]nflu dfgj aṛlavḡ ug{ul/Ḡ . o:tf]cj:yfsf]sfdḡ :jf:Yonf0{xḡgLkḡ ; Sḡ]hḡ]vdsf ; efj ḡfxḲ a9Ldfqdf xḠ . o:tfvnsf hḡ]vdk0{sfdsf sf/Ofn]c; fdlos / c; xh dḡḡ'xḡ] jf Hḡḡ hḡḡ ; Sḡ]vt/f klḡ ḡolts}dfqdf xḡ]xḠ .
- 3/h'lxḡfdf jḡ M
- ; dhafḡ jlxist xḡ'kg]M
- cḡḡḡḡsf]efj ḡafḡ j-l-rt M

२. समाजमाथि पर्ने असर

- सामाजिक विकृति र अपराधीकरण बढ्ने Mdfgj aṛlavg Pp6f ; fdfllhs ck/fw xfl. o:tf]; fdfllhs ck/fwkOf{sfdsf]sf/Ofn]; dfhdf lj s[t knhg ; S5 . Pp6f ; Eo ; dfhdf u} sfggL sfo{xg] dflg; nf0{knspfg] eufpg] axlj j fx ug] ckh/Of h:tf ck/flws ultlj lwn]k}o kfpfg]xG . o:tf] sfo\$]klt/fy ug]pk/ ; f3flts xdnf h:tf sfd klg xg]ub\$.
- उत्पादकत्व घट्ने MpTkfbgsf ; fwgx; dW\$]dxG] kOf; fwgsf] ; kdf dfgj >dnf0{ln0G . o:tf] dfgj >dsf]plrt kl/rfng ePsf]v08df pTkbsTj a9g]xG . >ldssf]>dsf]; dlrt kl/rfngsf nflu p; sf]of]otf / lfdtf adffhdsf]sfd / sfd cg; f/sf]Hbfnf clgj fo{5 . t/ dfgj aṛlavgaṛ dflg; sf]>dsf]zff0f ul/Psf]xG . p; nf0{ul//x\$]sfdk]t ; tli6 xg]cj:yf ; hgf xbḡ . afWffds cj:yfaṛ ul/g]>dn]; xLglthf lgsfng ; Sbḡ . To; ḥ]pTkbsTj 36ḡ hfg]xG .
- शोषण, उत्पीडन बढ्न सक्ने: dfgj j ṛlj vg Pp6f bf; Tj sf]gdgfsf]?kdf ePsf]j:je]lj s ?kdf o:tf] sfo\$] lkl8tx? z] gsf]df/df k/\$f xGg . u} sfggLx; fj n]sg}s/fsf]k]Lxg5 eg]To; df clwsf/sf]s/f sd /xg ; S5 . o; /Ldfgj j ṛlj vg Pp6f z] g / pTk]8gsf]dfWd klg j Gg kb5 .
- सामाजिक एकतामा बाधा : :j:y ; dfhsf]lgdf0df sdL ; fdfllhs eḥefj df j 4 ; dfhsf]kl]ti7fdly cfr ; ; dfhdf cfk; Ldgdffj / cljZjf; j ftfj/Ofsf]; hgf ; fdfllhs dn0 df0tfdf sdL

३. राष्ट्रमाथि पर्ने असर

- pTkbs zlQndf xf;
- n]Es ; Gthg vnalng]
- l; Efbz ofghG /flx; -P8\ _ af6 ul; t xg]
- ck/flws kj]Q a9g]
- /fi6<5lj laug]Mfi6sf]; Fotf ; ;s]t dly gsf/f]ds kefj kg; S5,
- bIf hgzlQnsf]cefj xg]vt/f

विषय प्रस्तुति सत्र

१६

विषय

dfgj aḥlavgaḥḥ xgg xg]clwsf/xḥ

उद्देश्य

; xefulxḥn]dfgj aḥlavgaḥḥ xgg xg]clwsf/xḥsf af/ḥf atfpg / ljZnḥḥf ug{; Sgḥg\

क्रियाकलाप

- dfgj aḥlavgaḥḥ s]s]clwsf/xḥ xgg xg ; Sb5g\egL; fdlxs kḥg ug{.
- cfPsf]pQ/xḥsf]dVo dVo abf °nlk rfḥḥf l6ḥ}hfg].
- l6lkPsf s/fdfly sḥL5nkm ub{xgg xg]clwsf/xḥsf]tof/L:nf08 byf0{JofVof ug{.

मूल्यांकन

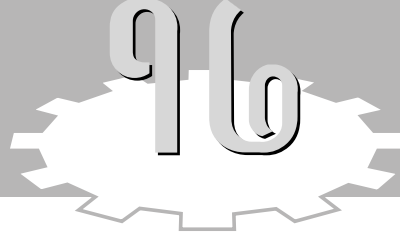
- sIffsf]cḥḥdf ; xefulnf0{kḥg ug{.

मानव बेचबिखनबाट हनन हुने अधिकारहरू

dfgj j rljvgj f6 lgDg clwsf/x? xgg xgfg\

- ; u7t xg|/ ; u7g vllg]clwsf/
- ; fdks ; fj fhlsf]clwsf/
- kzf /llg|/ ; dfg Hbfnsf]clwsf/
- ; j R5fn]lj jx ug{kfpg]clwsf/
- ; /Iffsf]clwsf/
- a; f0-; /f0 tyf 3dlkm j tGqtsf]clwsf/
- cfd; Ddfgsf]clwsf/
- oftgf tyf bJofxf/af6 dlQmxg]clwsf/
- afn>dsf]zff0af6 ; /If0f kfpg]clwsf/
- ; dfgtf / ehej lj?4sf]clwsf/
- lzIffsf]clwsf/

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgaḥḥ hḥḥḥ ckgfpg'kgḥ; fj wḥḥḥL

उद्देश्य

; xefulxḥn]dfgj aḥlavgaḥḥ hḥḥḥ ckgfpg kgḥ; fj wḥḥḥsf]af/ḥḥ cḥnf0{atfpg ; Sgḥḥḥ\

क्रियाकलाप

- ; xefulxḥnf0{% j 6f ; dḥḥḥ lj eḥḥḥ u/Ldḥḥḥsf]lj ifodf 5nkm !% ldgḥḥsf]; do lb0{ug{nuf0{ 5nkmḥḥḥ p7ḥḥ lj ifonf0{Nkḥḥḥḥ rḥḥḥḥḥ ptḥḥḥ{nufpg}.
- x/ḥḥ ; dḥḥnf0{% ldgḥḥsf]; do lb0{kḥḥḥḥ ug{nufpg} kḥḥḥḥ lj ifosf]% j 6}; dḥḥsf]Ps}7ḥḥḥḥḥ ; dfj ḥḥ u/L; ḥḥḥḥ/Of ugḥḥ/ bḥḥḥ/Psf]/ 56ḥḥḥḥḥ{x6ḥḥḥḥ/ yḥḥḥ}.

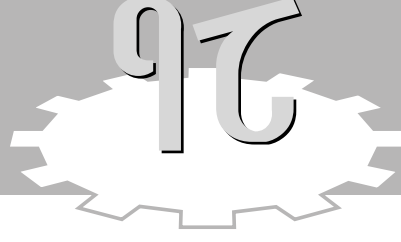
मूल्यांकन

- ; fdlxs kḥḥḥ ugḥḥḥ.

वेचबिखनबाट जोगिन अपनाउनु पने सावधानी/होसियारी

- gof“dfG} ü cgfjZos ˆkdf glhs gxg] s/f gvfflg]
- Psn}ga:g]
- rfxg]e(bf a9Lglhls g vffg] ü zsf]cfvfn]xg]
- s; h]uffo s/f /fvdf kl/jf/df atfpg]
- glrg\$]JolQm]lbPsf]vfg\$/f gvf]
- dfgj a}lavg tyf cf] f/ k; f/sf af/df kl/jf/ ; dbfo ; fyL; uLlj Bfnodf jf htftt}a}lavgsf] lj?4df 5nkm rnfpg]
- s; h]sxLhfp“eg]s\$]nflu hfg] lsg hfg] slt ; do; Ddsf]nflu hfg]eg} hfgsf/L/vg]. rgfvf]xg]
- bnf; ü ljzif ; ts{xg]
- r}gfdhs ultljwxˆ ; fng ug]
- 8/, wfs, wDslaf6 g8/fpg]/ nfe nfnrfd kmg gxg]
- ufpa6 sfdsf]nflu afx/ hfg' kb\$]cj:yfdf ; DalGwt 7fp\$]af/df :ki6 hfgsf/L/fv] dfq hfg]
- lj jxsf]k:tj cPsf]cj:yfdf klg pQmk:tj /vg]JolQmf]3/, 7hfgf, cflgafg, Joj ; fo, p; sf] kl/j fl/s kf7eld, kl/j fl/s k:tj cflbsf]af/df oyfy{hfgsf/L/vg].
- lj bˆ jf c6q hfg]k:tj sf]nflu cfkut; ü Jofks 5nkm u/] dfq lg06df kLg' kb\$. o; df sxf'hfg] s]sfdsf nflu hfg] sf]sf]hfg]cflb af/df ki6 xg].
- cfkmf0{a}g]sfo{ug{nfu\$]j f u/\$]yxf kfPdf To:tf]zsf kfg]lj lQs}glhssf]kx/Lsfoffodf ph/Lbg]. kx/Lsfoffo glhs gePdf sg}; 3; :yf jf ; fdlhs sfo\$tf0{hfgsf/Lbg].

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavg ; DaGwL ; d:of xn ug{ePsf kḥf; xḥ

उद्देश्य

dfgj aḥlavg lj?ḥ ljleḠg ; Da4 klfxḥ -/fhb, u} ; ; dfh / 6ḥ olgogaḥ6 ePsf kḥf; sf]af/ḥf
hfḠḡḡg\ cḥnf0{atfpg ; Sgḡg\

क्रियाकलाप

- dfgj aḥlavg lj?ḥ ul/Psf sfoḡḥ sf]af/ḥf s]yxf 5 egLkḡg ug]. pQ/sf]; HḡLs/Of u/L
/fhbaf/f u}; /sf/L; ḡyf ; dfh / 6ḥ olgogaḥ6 ePsf kḥf; sf]af/ḥf JofVof ug].

मूल्यांकन

- ; fdlxs kḡg ug]/ pQ/sf]cfwf/df dNof^asg ug].

मानव बेचबिखन/ओसारपसारका समस्या हल गर्न भएका पहलहरू

ट्रेड यूनियनहरूबाट भएका पहलहरू

- != 6\$ olgogsf ; b:ox;nf0{; fdfhs ck/fw lj?4sf]sfof; r; u/fpg]vfnsf lfdtf clej [4 sfoqndx; ; r;fnt .
- @=dfgj a;lavg tyf o; sf]gsf/flds c; /af6 ; r; u/fpgsf]nflu cfd ddb/ a;rdf o; sf] ; sf/flds / gsf/flds kfsf]lj ifodf z;f; ultlj lw dkn; kl;IOf sfoqndx; ; r;fng .
- #= lj leG u; ; /sf/Lgsfo; ;sf]; xsfof a;lavg lj?4sf ultlj lw; ; r;fng / ; dg o .
- \$=j;L; /huf/ldf hfg;f]; r;gfsf nflu ; fdul;lgdf u/Laqm lj t/Of
- %=lj leG dhsdf ; xof; ; d; lgdf u/Lkl8tnf0{/xt tyf p4f/sf sfo;df ; xof;
- ^=dfgj a;lavgsf lj?4sf]/fi6 sfggsf]lgdf k/fdz{/ ; xof;
- &=j;L; /huf/Inf0{Jo;l:yt ug{/ lj b;df /huf/ldf /x;sf]nflu gllt lgdf k/fdz{/ ; xof; kbfg
- *=6\$ olgogsf cG//fi6 s; dkn; ltg; ; DalGw b;sf cfa4 olgog dkn; kl8tnf0{ ; xof; kbfg

राज्य पक्षबाट भएका पहल

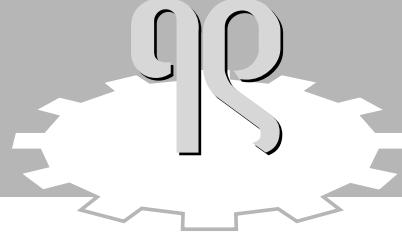
- dfgj a;lavglj?4sf cG//fi6 sfggkl; kl;ta4tf JoQm
- dfgj a;lavglj?4 sfgg lgdf -gkn; clw/fhsf]; lj wfg @) \$& dhsLP; @) @), hlp df:g] a;P; @) \$#_
- hg; r;gfdhs cleofg ; ~rfng
- ; ~rf/ dfWdaf/f dfgj a;lavglj?4 k;f/k; f/
- ; ldf If;df dfgj a;lavg / cf] f/k; f/sf]lj?4df lgu/fgL
- lzIfidhs sfoqndsf gltx;df lj :tf/
- kl8tx;sf]nflu ckt;snlg p4f/ ug;f nflu kxn
- dfgj a;lavgsf]; DaGwf cg; Gwgflds sfoqnd ; ~rfng
- dfgj clwsf/ cfo;=dxnf cfo;sf]:ykgf
- dfgj a;lavglj?4 /fi6 tyf lhNf:t/lo sfo;n :ykgf
- kx/Lsfof;odf dxnf ; hsf]Jo;l:yf

गैर सरकारी संस्थाहरूबाट भएका पहलहरू

- hgr;gfdhs sfoqnd -t;nd, sfo;nf uf]7L, hg-; g;j f0, cWog-edOf, lkn;l-kh;g; ; 8s gfs, xl;^a-af;{ leQ]klqsf cll; ; ~rfng
- ck/fwlnf0{sf] f;Lug;f ; xof;
- dfgj a;lavglj?4 k;f]sf/Lsfgg lgdf]sf]nflu ; ;nf; kbfg
- dfgj a;lavgsf]; DaGwf cWog cg; Gw; / jsnt cleofg
- ; ldf If;df dfgj a;lavg; DaGLd;dnf kQf nufpg tyf ck/fw; h; k8tn tyf cg; Gw; ug]sfof; ; xof;
- kl8tx;sf]nflu kg;ykgf tyf ; zQns/Of sfoqndx; ; ~rfng

- **kl8tx**nf0{/fhuf/ldhs tfindsf]Joj:yf
- **a**rlavglj?4 kēfj sf/Lsfgg lgd00sf nflu ; **erfj** kbfg
- **a**rlavg; **DaGw**Lsfgg tyf dx; **lgw** sf00g og ug{/fbbdfly bjfj dhs sf00dx ; ~rfng
- ; fs{dx; **lgw** lgd00df cu; /tf / ljzi6 ofibfg
- **Gg** ; kdf eP klg cktstfng ; ~rf/ -xknf0g, kfylds pkrf/ cflbsf]Joj:yf ul/Psf].
- **/fli6e** :t/df dfgj **a**rlavglj?4d (AATWIN -Alliance Against Trafficking of Women In Nepal) tyf NNAGT (National Network Against Girl Trafficking) **h:tf** ; ~hfnx lgd00f u/\$f].
- **cG**//**fli6e** :t/df dfgj **a**rlavglj?4 GAATW -Global Alliance Against Trafficking in Women, CATW (Coalition Against Trafficking in Women) **sf]**; ~hfnst]lgd00f

विषय प्रस्तुति सत्र



विषय

dfgj aṛlavg lj?c cGt//fli6 sfggxḥ

उद्देश्य

cGt//fli6 Ifqdf dfgj aṛlavg lj?c kfl/t dVo dVo sfggsf]af/ḍf hfGg]/ JofVof ug{; Sg\$g\

क्रियाकलाप

- sfgg s]xf]eGḍf z? u/Lsfggdf Joj :yf ePsf lgDg lj ifox?df JofVof ug{.
- dlxnf lj?c eḍefj ; DaGwLsfgg !(&(
- dfgj Jofkf/, aZofj IQ / zḥfOf ; DaGwLsfgg !(\$ (
- afn clwsf/ dxf; lGw !(* (
- ; fs{dx; lGw @)@
- cfOpncf]sf]cle; lGw g+!*@ / !#*
- dflly pNḥvt sfggdf Joj :yf ePsf dVo abfxḥsf]l6kf]sf]:nf08 kofḥ ug{; lsG .

मूल्यांकन

- k:tt lj ifodf sḅLc:ki6 ePdf kZg ug{; do lbg]. ; fḅLkZgsf]cfw/df dNof^sg ug{; lsG .

कानूनी प्रावधान

dfgj aṛlavgsf]lj?4 /fi6ḡ tyf cḠ//fi6ḡ sfggxḌdf oy}t Joj :yfxḌ ul/Psf]5 . pQmJoj :yfxḌn] dfgj aṛlavg sfodf ; mlg klfsf nflu lg?T; flxt ug[u/LJoj :yf ul/Psf]5 . sfggdf h]; s}Joj :yf eP tklg bḌsf]sfggsf]sfodf ogf]klfd /xḌf]sdhf/L/ l9nf ; !tIsf sf/0m]of]; d:of h:tfs] t:t} /xḌf]5 .

sfggdf pN]vt s/fxḌsf]sfodf og ; xL9un]gePsf]cj :yfdf h:t} s}/fd]s'/sf]Joj :yf eP tklg T; n]vf; }kḑj kfg; Sbḡ . t; y{/fi6ḡ tyf cḠ//fi6ḡ sfggdf ePsf dfj g aṛlavg lj?4sf Joj :yfsf] af/df ; Hkdf lgDg adf]hd /xḌf]5 .

मानव बेचबिखनसम्बन्धी अन्तरराष्ट्रिय कानूनमा भएको व्यवस्था

महिलाविरुद्ध हुनेसबै प्रकारका भेदभाव उन्मूलन गर्ने महासन्धि ! (&(:

dlxnf ; dfgtf / lj sf; ; DaGwL ; a}kIfxḌ ; dḡL ; ḡQm/fi6Ḍ; Ḍsf]dx; efn]kl/t u/Ḍf]dlxnfsf] dfgj clws/nf0j ym]gs dfḡtf lbOPsf]Ps dxḡk0f{Pp6f cḠ//fi6ḡ sfggnf0{dlxnf ; DaGwLdx; lw elgḠ . of]dx; lḠw ; ḡQm/fi6Ḍ Ḍaf/f ; g\ (&(df kl/t ul/Psf]xf]. o; n]dlxnf lj?4 xg]; a}kḑf/sf] eḑefj xḌ pḠdhg ; DaGwLJoj :yf u/Ḍf]5 . o; n]dlxnfxḌsf]clwsf/ ; Af0f ; Dj wḡ / pglxḌsf]hljg:t/ dly p7fpgsf]nflu cḠ//fi6ḡ Ḍkdf Joj :yf ul/Psf]5 .

; ḑf/df ; a}df]g; n]lagf eḑefj, df]g; h:t}eP/ afḡ kfp]kl/jḑ tof/ ug{dfgj clwsf/sf]ljZjJokL 3f]0f kq, gful/s tyf /fhg]lts clwsf/; DaGwLdx; lḠw, clyḑ ; fd]hs tyf ; ḑs]ts clwsf/; DaGwL dx; lḠw nufot ljleḡ lsl; dsf cḠ//fi6ḡ sfggxḌ /xḌf 5g\ ; Ik0f{dfgj h]ltsf]nflu eg] oLsfggxḌ lgdfḡ eP klḡ sfggxḌsf]Joj xl/s kḑm k?ifkIflo ePsf]5 . o; ḑ]oLcḠ//fi6ḡ sfggafḡ klḡ ; ḑf/el/ dlxnfdly xg]z]f]0f, cḡfo cTofrf/nf0{kḑj sf/L9uafḡ lgoḡ0f ug{; lsPg . dlxn]lj?4 xg]eḑefj sfod}/xḡ]. pglxḌsf ; d:ofxḌdf sg}sdLcfPg . o; n]ubf{l]Zj df cfw hg; Vof cf]6ḡ]dlxnfxḌn] /fhuf/L, lzIf, :j:f.Ḡ c]bsf cj ; /afḡ kl5 k/. dlxnfxḌkl5 kb{3/, kl/jf/ ; dfh / /fi6Ḍ}kl5 kg{ uof]. 3/b]v lnP/ bḑ; Ddsf]lj sf; ug{sfo{k?ifxḌsf]PSnf]kḑf; afḡ ; ḑj ePg . of]s'/f ; ḑf/e/sf bḑxḌn]dx; ; u/. dlxnfxḌdfly xg]eḑefj, cḡfo, z]f]0f c]bnf0ljZj afḡ; d]t ug{Pp6f 5ḑ}dx; lḠwsf] cfjZostf dx; ; eof]. oxLcfjZostf nf0{k/f ugḑf nflu ; ḡQm/fi6Ḍ; Ḍsf]dx; efn]; g\ (&(-@) #^ ; fn_ df Pp6f dx; lḠw kl/t uḑf]. o; dx; lḠwsf]gfd dlxn]lj?4 xg]; a}kḑf/sf] eḑefj pḠdhg ug{ dx; lḠw /flvof]. o; nf0{gk]fnn]; g\ ((! df cgdf]g u/Ḍf]5 .

महिलासम्बन्धी छुट्टै महासन्धिको आवश्यकता

- s:tf]kḑf/sf]Joj xl/ dlxn]lj?4 xg]eḑefj xf]eḡ]ls6fg ugḑ
- dlxnfxḌsf]lj?4df s; /L/ sg sg Ifḡdf a9Leḑefj e0/xḌf]5 eḡ]s'/f ki6 kfg{
- dlxnf / k?if k]s]ts afxḑ cḡ x/ḑ b]i6n]; dfj 5g'eḡ]s'/f atfpg,
- dlxn]lj?4 xg]; Ik0f{eḑefj cḡfo ugḑf nflu ljZif cj :yfdf ljZif x/rfx ug{Joj :yf ldnfpg,
- ljZjel/sf dlxnfxḌsf]; d:of ; dfwḡ ug{l]Zjel/ g]nfu"xg]sfgg lgdfḡ ug{
- dlxnf; DaGwLsfggxḌnf0{Joj xl/df nfu"ugḑf nflu x/ḑ bḑsf ; /sf/nf0{lhDd]f/ agfpg,

- dxnfx;nf0{k?if; /x kl/jf/ ; dfh, /fi6/ ljZj s}xtdf xg]sfo{df ; xefuLxg]cj ; / khfg ug{
- dxnf ; dfgtfnf0{jf:tljs 2kdf Jojxf/df ptfg{.

महासन्धिको बनावट :

dxnf ; DaGwL dxf; lGw #) j 6f wf/f / ^ efudf afl8Psf]5 . o; df kTos wf/fn]dxnf clwsf/nf0{; /lft ug]Joj:yf u/\$f]5 . o; df wf/f ! df dxnflj?4sf]e]efj sf]kl/efif, wf/f @ df dxnflj?4 xg]; a}k\$ /sf e]efj p]d]hg ug{/f]baf/f ug{k}k]t1fsf]Joj:yf ul/Psf]5 . wf/f # b]v % df dxnf k?ifsf]; dfg lj sf; sf]nflu sf]g]L nufot ; a}pkfo ckgfpg ; Sg]Jof:yf, wf/f ^ b]v !^ dxnf clwsf/sf]Joj:yf, wf/f !& dxnflj?4sf]e]efj p]d]hg; DaGwL ; ldt]sf]Joj:yf u/\$f]5 .

मानव व्यापार, बेश्यावृत्ति र शोषणको अन्त्य गर्ने महासन्धि १९४९

of]dx; hw ; g\ (\$ (df kl/t ePsf]xf]. o; n]hj h{tLj f OR5f lj kl/t csf]JolQm]sf]ofg cfs]ff kl{ ug]sfofj?4 /f]bn]/f\$ nufpg' kg]s/f pNny ul/Psf]5 . o; af b} Jofk/sf]nflu sf]L v]lg] v]lg nufpg] ef8df lng]jf ; f]sfo{ug\$]nflu ultlj lw ug]h:tf]s6g]sf]sfid ug] km]spg]jf nhfg]h0{ ; dt ; hfo ug{k}g]Joj:yf ul/Psf]5 .

बालअधिकार महासन्धि १९८९

of]dx; hw dfgj a}lavgd] afnafnsf]a}lavg / pg]x;nf0{nufpg]sfo\$]lj?4 ; g\ (* (df kl/t dx; hw xf]. o; df afnafnsfnf0{a}oj] Q h:tf sfo{df ; m]g u/fpg' gxg]. o:tf]sfofj?4 /f]bn]/f\$ nufpg' kg]; fy}a}lavgsf]sfo\$]lj?4 jf o; nf0{/f]gsf]nflu /fi6, lak]lfo tyf axk]lfo pkfox; ckgfpg' kg]s/f of]dx; hwdf pNny ul/Psf]5 . of]dx; lGwdf # efu %\$ wf/f 5g\ ; f]wf/df pNny]vt dVodVo Joj:yf lgDg 5g\M

wf/f != !* jif{dlgsf JolQm]f0{afnafnsf elg5 egLafnafnsf]kl/ro pNny 5 .

wf/f @= hft, wd{ lnE, wgsf cfw/df afnafnsfx;nf0{e]efj ug{x}b}g .

wf/f #= afnafnsfx;nf0{/fd]f]:ofx/ ; ; f/ kfg]clwsf/ 5 . o; sf lhDj]f/ lgsfox;df cdfafa' lhDj]f/LJolQm; dbfo, ; /sf/ k5g\

wf/f \$= afnafnsf]clwsf/ ; DaGwL ; lGw]Joj:yf;nf0{nfu"ug]lhDj]f/L ; /sf/sf]xf].

wf/f %= afnafnsf]kl]tefnf0{kl/jf/sf ; b:o / ; /sf/n]k]f]; fxg lbgk5{.

wf/f ^= x/\$ afnafnsf]h]d]k]5 af]g kfg]clwsf/nf0{; /lft ug]lhDj]f/L ; /sf/sf]xf].

wf/f &= afnafnsf]gfd, /fi6]tf / kl/jf/; us]g]tf h:tf s/fx;sf]lg]Zrt ul/gk5{.

wf/f !#= afnafnsfn]c;sf]clwsf/ xgg gxg]u/Lsg}sf]hfgsf/Lkfg' lbg'jf c]g]lj rf/ JoQm ug{k}fg' k5{.

wf/f !% afnafnsfx;n]c;sf]clwsf/ xgg gxg]u/L ; 3; :ydf efu lng jf v]lg kfg' k5{.

wf/f !^= c]g}cdfafa' tyf lhDj]f/ JolQm;af/f afnafnsfx;nf0{ul/g]bJoj]xf/ / x]faf6 ; /sf/n] ; Af]f ug{k}5{.

wf/f @@= z/Offy]afnafnsfnf0{; lfd xgsf nflu lj zif :ofx/ lzIf, / t]ndsf]Joj:yf ug{k}5{.

wf/f @*= lzIf kTos afnafnsf]clwsf/ xf]. ; /sf/n]k]fylds lzIfnf0{clg]fo{/ lg]MNs agfpgk5{.

wf/f #@= afn >dnf0{; /sf/n]lgd]h kfg{k}5{. afnafnsfx;nf0{pg]x;sf]zf/l/s lj sf; df xfg]xg]lzIf / :jf:Yodf afw k]g]u/Lh]vdk]f]sf]dd] nufpg' x}b}g .

w/f #\\$=afnafnsfnf0{ofg zff0faf6 arfpg'k5{
w/f #%= ; /sf/n]a]lavg ; h]fahL/ cKx/Of h:tf s'/faf6 afnafnsfnf0{; AfOf ugk5{
w/f \\$!=/fli6e jf cGt//fli6e sfgn]a9Lclwsf/ lbPsf]eP ; f]Lnfu"Xg]Joj:yf
w/f \\$@=afncIwsf/ dx; lGwsf]/fhn]krf/ k;f/ ug{k]g]bfloTj
w/f \\$#=b]v %\\$ dx; lGwsf]sfof]g og tyf tt\; DaGwLkl]t]hg dNbf]g, cgudg cflbsf]Joj:yf ul/Psf]5 .

मानव बेचबिखनविरुद्ध सार्क महासन्धि २००२

of]dx; lGw % hgj/L@) @ df sf7df8f]f ; DkG P3f/f; fs{Lzv/ ; Ddhgaf/f dfgj a]lavgsf]lj?4sf
ultlj lwnf0{If]lo :t/df Joj:yt ug\$]nflu ; fs\$; b:o /fi6«g]kn, ef/t, e6fg kfs:tf, aunfbz,
>Insf, dflNf; _ x]df nfu'ug[u/Lkl/t dx; h]w x]. o; n]dfgj a]lavg÷cf] f/k; f/lj?4 dly pN]vt
; ft b]zleq Pscfk; df ck/fwdf ; m]G JolQm]sf]aofg lng] kdfOf h6fpg]nufotsf sfggL; xfof k]f]g
ug] ck/fwdf ; m]G JolQm]dly d2f rnfpg]/ d2f rnfpg]b]zn]dfu u/]f ; DalGwt b]zdf lkntf{ug]
To; sf lglDt ; DalGwt dhn]dfu u/]f; xof] h6fpg] a]lavg÷cf] f/k; f/ ug{sfof]0{/f]gsf]nflu
; m]G lgsfo, ; yf tyf JolQm]sf af/]f lgoldt hfgs/L cfbfg-k]f]g ug] kl8tx]sf]x]rfx, pkrf/
kg:yf]gf / :j b]z lkntf{x]gsf nflu cfj Zos kxn ug] ; DalGwt JolQm]sf]blftf clej]4sf]nflu cfj Zos
t]fndsf]Joj:yf ug] To:tf]sfo{ug\$]nflu cfj Zos kg}; f]t ; fwgsf]th]f ug]cflb Joj:yf ul/Psf]5 .

o; sf]cnfj f /fb k]fn]cf] f/k; f/sf]pbud If] eg] lrlgPsf :yfgx]df pQmsfo{/f]g cgs]h jftfj /Of
tof/ ug{; t]nt lj sf; sf]k]f; n]0{s]b]t ug]. ; f]f/ dfWdx] d]knt dxnf tyf afnafnsfsf]xt
ljkl/t ul/g]krf/ k;f/ dly /f\$ nufpg]/ pglx]sf]xs lxt dly cgs]h k]f]g kfg]u/L; f]f/ dfWdnf0]
k]f]u ug]lj z]f hf\$ lbg]cflbsf]klg Joj:yf u/]f]5 .

आई.एल.ओ.को अभिसन्धि नं. १८२

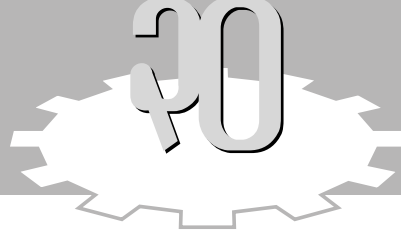
of]cle; lGw lgs]6 k\$]f/sf]afn>d lgd]hgsf]nflu cGt//fli6e >d ; u7gsf]; fw/Of ; efn]!& hg !(((
df ux]Of ul/Psf]cle; lGw x]. o; df !^ j 6f w/fdf lj leG clwsf/sf]af/]f pN]y ul/Psf]5 .

of]cle; lGw]lgs]6 k\$]tsf]afn>dnf0{/fli6e d2fsf]kdf lngkg] !* jif{eOf dlgsfnf0{afns egl
kl/eflft ug] lgs]6 k\$]tsf]afn>dsf :j]ksf af/]f ls6fg ul/Psf]5 . h; cGtu] bf; Tj jf bf; Tj
; dfg Jojxf/sf ; a]:j]kx] h:t}afnafnsfsf]a]lavg, h]p df:g] a]g] COf a]w]f / af]w kyf tyf
; z:q ; zif]f k]f]sf nflu afnafnsfsf]jnk] \$ jf clgj fo{h:tf lj ifosf]lj/f]wsf]Joj:yf u/]f]5 .
o; sf lglDt ; Da4 afnsn]sfd ug]s]dbf/sf]Joj:yfks / ; f]ü ; DalGwt dhb/ ; u7g; ü k/fdz]; " f]sf]
ux]Of ug]Joj:yf u/]f]5 . o:tf]k\$]tsf hf]vdaf6 hf]fpgsf]nflu afnafnsfnf0{cfj Zos ; fd]l]s,
c]y\$ pkfosf]c]n]d]g ug]s]f klg ; f]cle; lGw]Joj:yf u/]f]5 .

आई.एल.ओ.को अभिसन्धि नं. १३८

of]cle; lGw]sfd nufpgsf]nflu G]gtd pd]sf]xb t]f]Psf]cle; lGw x]. To; h]of]klg afn>d; ü
; /f\$ /fb5 . of]cle; lGw ^ hg !(&# df cGt//fli6e >d ; u7gsf]dx; efn]kl/t u/]f]xf]. !& w/fdf
pN]vt cle; lGw]/f]uf/Lkj]zsf nflu G]gtd pd]sf]d]kb08 t]f]gkg]Joj:yf u/]f]5 . h; df s]dsf]
k\$]t cg; f/ hf]vdk]0{s]fdd] !* jif{eOf sd pd]sf]fnf0{s]fdd] et]k]ug{g]s]f pN]y ul/Psf]5 .

विषय प्रस्तुति सत्र



विषय

गर्भ क्ल/हस्र]; लु वुग / दगु अलवग

उद्देश्य

गर्भ क्ल/हस्र]; लु वुग @ \$& द लु :यु एडु दलु नु सुसुल/दु अ'] सुनु{अतुगु ; सुगु\

क्रियाकलाप

- ; लु वुगुसुल/लु !! डलु @# ; डलुसुल/कुलु/सुलु/लुअगु/ ; खलुनुनु{; दुदु लु एलुगु उ/लुडुडु दुनु सुसुल/दु 5नुकु उ/लुगु].
- 5नुकुदु ; अलु; खलुतु /खुगुलुतु/दु तुलु/ उगु
- 5नुकु कुलु ;] गदु कुलुगु/ सुलु अलु अलुगुलुगु उगु/ ; लु वुगुसुल लु :युसुल/दु कुलु कुगु].

मूल्यांकन

- दुनु सुसुल/दु सुलु 58सु]कुगु उगु].

- धारा १६ - सूचनाको हक
धारा १७ - सम्पत्तिको हक
धारा १८ - सांस्कृतिक तथा शिक्षा सम्बन्धी हक
धारा १९ - धर्म सम्बन्धी हक

धारा २० - शोषण विरुद्धको हक

dfhg; nif0{a}lavg ug{ bf; tNofpg, afwf agfpg j f sg}lsl; dn]lghsf]OR5f lj?4 sfd u/fpg
lgifw ul/Psf]5 . ; fy}To:tf]sfo{ughf0{sfggn]b08glo eg\$]5 . o; }wf/fdf gfafnsnf0{sg}sn
sf/vfgf, vfgLjf o:t}c6 sg}hflvdk0{sfd df nuf0g]5eg egLJoj:yf u/\$f]5 .

धारा २१ - देश निकाला विरुद्धको हक

धारा २२ - गोपनीयताको हक

धारा २३ - संवैधानिय उपचारको हक

विषय प्रस्तुति सत्र

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विषय

हलप दf:ग]a]g]P]g @) \$#

उद्देश्य

हलप दf:ग]a]g]; DaGwLP]g @) \$# दf ePsf Joj :yfsf]af/df :ki6 e0{c;nf0{atfpg ; Sg5g\

क्रियाकलाप

- हलप दf:ग]a]g]P]g @) \$# knf]skLu/Laf8g]/ ; xefuInf0; dxd f j efhg u/LpQmP]gdf ul/Psf] Joj :yfsf]af/df 5nkm u/fpg].
- 5nkmdf ; a]f]; xeflutf /xg]j ftj /Of tof/ ug]
- 5nkm kl5 ;] gdf knsfpg]/ s]al' of]egLk7g ug]/ P]gdf ul/Psf Joj :yfsf]af/df ki6 kfg].

मूल्यांकन

- k7g ug].

जीउ मास्ने बेच्ने कार्य नियन्त्रण ऐन २०८३

हlp df:glarlg]Pgsf]bkm\$ n]bxfosf]sg}klg sfo{u/df hlp df:glarlg]sfo{dfg\$}5 .

- sg}klg p24on]dfg; aflavg u/df
- aflavg ug{p24on]sg}dfg; nf0{lj bzd nudf
- sg}:j f:gLdfg; nf0{nnf0{kmsf0{j f sg}kpfeg lb0{j f ` Sof0{j f 8/ qf; j f bj fj df kf/Lc6 sg}tl/sfn]a7ofj Qdf nuPd .

के गरेमा उद्योग हुन्छ त ?

हlp df:glarlg]sfo{ug\$ f nlu kl/k-r ldnPsf]j f To:tf]sfo{ugdf ; xofu kxofPd j f To:tf]sfo{df nlf s; hf0{kff; fxg u/df To:tf]sfo{ug{kof; u/df To; nf0{pBfu u/\$f]elg5 .

उजुरी सम्बन्धी प्रक्रिया

हlp df:glarlg]u/\$f]j f ug{nfu\$fyxf kfp]sg}klg JolQm]kx/Lsfo{hdf ph/Lug{; Sg\$. o:tf]ph/ldf kff eP; Ddsf kdf0x; ; mlg ul/lbg' kg\$.

- kl8t kF :jom]klg ph/Lbg ; Sg\$g\
- of]d2f >L% sf]; /sf/ j fbLe0{rNg\$.

अदालतमा मुद्दा चल्दाको प्रक्रिया

- cleoQmkqrp k/\$f]@S 306f leq lghsf]aofg cbfntdf nuLkdf0ft ugkb\$.
- o:tf]ck/fwdf cleofu nfu\$JolQm]g}dh]o:tf]ck/fw u/\$f]xf0g egLkdf0ft ugkb\$. cyft kdf0sf]ef/ kl]tj fbldf x5 .
- o:tf]cleoQmf0; fdf0tof ygfdf /fvLsf/j fxLul/5 .

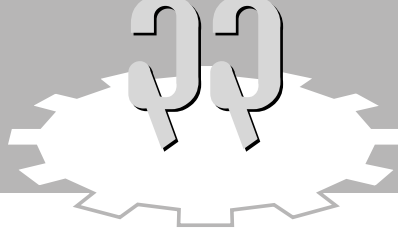
प्रमाणको भार भनेको के हो ?

- h; n]h]s/fsf]bfj Lu5{ ; f]s/f kdf0ft ug]cleef/f klg ToxLJolQmf /x5 eG]l; cfGnf0{ ; j :jlsf/ ul/Psf]5 . t/ vf; vf; d2df h; pk/ d2f rnf0Psf]5, p; h]dh]To:tf]u/\$f] xf0g egLkdf0ft ug{k5{. o; /Lv; s/f kdf0ft ug{vf; kInf0{cleef/f lbPsf]5 eg]To; nf0{ kdf0sf]ef/ elg5 .
- hlp df:glarlg]d2df h; pk/ ph/ ul/Psf]5 . p; h]dh]hlp df:glarlg]ck/fw u/\$f]5g egL kdf0ft ug{k5{. c6yf p; hf0{g}ck/fwLdfg5 .

जीउ मास्ने बेच्ने अपराधमा हुने सजाय

- dfg; aflavg ug{JolQmf0(!) jif{blv @) jif{ Dd sb .
- dfg; aflavg ug{p24on]lj bzd nhfghf0(% jif{blv !) jif{ Dd sb .

विषय प्रस्तुति सत्र



विषय

dh'sLPg @)@

उद्देश्य

dh'sLPg @)@ n]dfgj a;lavg lj?c'sf]Joj :yfsf af/df hfgsf/L/fvLatfpg ; Sg5g\

क्रियाकलाप

- dh'sLPg @)@ sf]krf]skLu/Laf8g]/ ; xefuInf0{; dxdf lj efhg u/L pQmPgd ul/Psf] Joj :yfsf]af/df 5nkm u/fpg].
- 5nkmdf ; a;f]; xeflutf /xg]jftfj/Of tof/ ug{
- 5nkm kl5 ; }gdf ksfpg]/ s]al' of]egLk7g ug{/ Pgd ePsf]Joj :yfsf]af/df ki6 kfg{.

मूल्यांकन

- dh'sLPg @)@ sf]af/df s;L58s]k7g ug{.

मुलुकी ऐन २०२० मा मानव बेचबिखन विरुद्धमा भएका व्यवस्था

sg}klg cj:yf jf sf/Ofdf dflg; nf0{laqm lj t/Of ug{gkf0g}/ u/df sfgg adfhd sf/jfxLxg] s/f pNy 5 . o; df Joj:yf eP cg; f/ aPg gkfb}jf aPgsf]nflu ofhg agfbfs}cj; /df ck/fwL kqfp k/df !) jif{sb} ; hfosf]Joj:yf 5 . ar; s\$]cj:yf kl5 kl8snf0{@} jif{sb}sf]Joj:yf 5 . ; fy}lsG]JolQmf0{klg gkfn leq}kqfp k/df aPghf0{/xsf]; hfosf]Joj:yf 5 / lsG\$]yL jf lj uf]knf{gkfp}/ aPghf0{lj uf]adfhdsf]yk hl/jfgsf]Joj:yf ul/Psf]5 .

मुलुकी ऐन जीउ मास्ने बेच्नेको महल

- s; h]sg}dflg; nf0{laqm ug]p2Zon]nnf0{ksf0{gkfn afx/ nhfg]jf nuLlaqm ug{xbg} .
- aPg gkfb}df kqfp kgf0{!) jif{sb} / aPL; s\$]eP @} jif{sb} xG .
- lsG]dflg; gkfn leq}kqfp k/]lghnf0{aPg]; /xsf]; hfo xG .
- dflg; aPLsg\$]df lsG\$]yLe; u/f0{aPghf0{Pgdf n]vPsf]; hfodf yk ; f]y]Isf]lj uf] adfhd hl/jfgf ; dt ug{kbf} .

विषय प्रस्तुति सत्र

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विषय

afnafnsf ; DaGwLPg @) \$*

उद्देश्य

afnafnsf ; DaGwLPg @) \$* df Joj :yf ePsf afn clwsf/sf]af/df hfG\$g\ c;nf0{atfpg ; Sg\$g\

क्रियाकलाप

- afnafnsf ; DaGwLPg @) \$* knff]skLu/Laf8g]/ ; xefuInf0{; dxd l j efhg u/LpQmPgsf] Joj :yfsf]af/df 5nkm u/fpg].
- 5nkm df ; a\$] ; xeflutf /xg]jftj/Of tof/ ug]
- 5nkm kl5 ; }gdf knsfpg]/ s]al' of]egLk7g ug]/ Pgd ul/Psf Joj :yfsf]af/df ki6 kfg].

मूल्यांकन

- afnafnsf ; DaGwLPg @) \$* af/df s]L58s]k7g ug].

बालबालिका ऐन २०८८

afnjlnsf ; DaGwLPg @) \$* n]afnaflnsf]xs clwsf/sf]; /If, kfng kf]f / :jf:Yo pkrf/sf] Joj:yf, afnaflnsf]; /If / ; /fssf]Joj:yf, snofsf/LJoj:yf, afnaflnsf]{sfddf nufpg] ; do / lj>fd ; DaGwLJoj:yfsf]s/f pNhy ul/Psf]5 .

; f]LPgdf afnaflnsf]{lsgar n] n]nrf byf/ jf s/skdf kf/Lbj tfnf]{r9fpg gxx] h]vdk]{ sfddf nufpg gxx]/ afnaflnsf]{a]lavg jf x:tf]/Of ug{gkfp]s/f]sf]ki6 Joj:yf ul/Psf] 5 .

jfnjlnsf]{df]s]sfddf nufpg jf d08g ug{bjLbj tfsf]gfddf jnLr9fpg, s7] ; hfo lbg, qm / oftg kf]{Jojxf/ ug{/ cg]ts k]zdf nufpg ; d] j G]h ul/Psf]5 .

obLo:tf]sfo{u/df =====

बेचबिखनमा परेकाको उद्धार र कानुनी उपचारका लागि थाहा पाउनु पर्ने कानुनी कुराहरू :

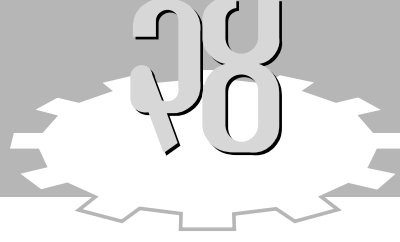
a]lavg ; DaGwLck/fwnf]{goGf ug{ h]vddf k/}sf]p4f/ tyf /fxt pknAw u/fpg tyf b]f]dfly sf/j fx]sf]klqmf]yfngLug{gDg klqmf cjnDj g ug{kb} .

o; sf nflu ghssf]k]/Lsfoffodf kl8t :j o+jf yxf kfpgh]; s} Dd l56f]-yxf kfp]lalQs} lnvt jf d]vs ph/Lug{kb} .

o; df ; s} Dd pknAw kdf, tYox; a9L; m]g ug{kb} .

o:tf]cj:ydf glhs k]/Lsfoffo gePdf r]na}La]lavg lj?4 ult]lw ul//x]f ; } ; :yf jf tkf]sf]; #7gdf vj/ ug{kb} .

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavgaḥ kll8txḥsf]pḥf/ tyf kḡ:yḥkḡf

उद्देश्य

- dfgj aḥlavgaḥ kll8txḥsf]pḥf/ tyf kḡ:yḥkḡf ug{af/ḍf hḥḡḡg\ pkfo cj nḍj g ugḥf]nḥf cḥnf0{atfpg]5g\
- kḡ:yḥkḡf] ; fḍlḥsIs/0sf]kḥsf af/ḍf atfpg ; Sḡḡg\

क्रियाकलाप

- ; xefulxḥnf0{pḥf/ tyf kḡ:yḥkḡf ug{s]ugkḥf{egL ; fḍlxs kḡg ug{. 5nkm]sf]qḥḍḍf p7ḡf abfxḥsf]l6kḡ ug{.
- ; fḡL abfxḥsf] ; fḡLs/0f ub{tof/ ul/Psf]nf08sf]kḡfḡ u/L:ki6 kḡg{.

मूल्यांकन

- ; fḍlxs kḡg u/Lug{ ; lsḡ .

मानव बेचबिखनबाट पीडितहरूको उद्धार तथा पुनर्स्थापना

(फिती, उद्धार, पुनरागमन, पुनर्स्थापना र पुनर्मिलन)

dfgj aɾlavgsf]sfo{f]/f}yfdsf ; fy; fy}kl8tsf]p4f/, kg:yfkgf o; sf]plrt Joj:yfkg cToG dxG kO{lj ifo xf]. dlysf lj lj w sf/Ofn]ubf{; f]sfoa6 kl8t klfsf]p4f/ / pglxG sf]kg:yfkgfsf nflu 7f] of]hg / sfo{mxG clgjfo{xG . o:tf]of]hg / sfo{mxG sf]nflu /fH, gful/s ; dfh, 6\$ olgog / cfd gful/ssf]dxG kO{eldsf xG . o; sfo{f lgDg lnlt lj ifoxG ; DalGwt xGg\

फिती

aɾlavga6 kl8txG nO{:j bẏdf jf cP}ufpɔf lktf{Nofpg]j f pglxG sf]kl/j f/sf]; fydf lHdf nufpg]sfdnfO{lktf{elgG . lktf{kl5 p4f/, kg/fudg, kg:yfkgf / kgldhg u/fpg]h:tf sfo{xG ug{kg{xG .

छापा (Raid)

aɾlavgd f k/ɬf]dfg; sf]klxrfg u/L pgsf]OR5f -afnafnsfsf]xsdf gkg] cg' f/ hf]vdkO{ cj:yfa6 arfpg]j f p4f/ ug{kẏf; g tyf ; DalGwt ; /ɬf/j fnxG sf]; xof] lnO{To:tf :yfgdf x:tlf] ug{sfdnfO{5kf df]elgG . o; df kẏf; gsf]; mltf / lgkltf h?/LxG .

उद्धार (Rescue)

aɾlavgd f k/ɬf]dfg; xG nO{aɾPsf]JolQm; ÷f jf aɾP/ ha/h:tLnufOPsf]sdfa6 dQmughfO{ p4f/ elgG . p4f/ ug{f nflu :yfgl ; fdllhs ; ÷fxG, kx/Lj f ; /If lgsfo; ũ ; dG o ug{kg] tyf ; xof] lng'kg{xg; S5 . h:t} ef/tsf sf]lxG df aɾPsf oj tlxG nO{p4f/ ug{f nflu :yfgl p4f/ ; ÷fxG, kx/Lj f ; /If lgsfo; ũ ; dG o / ; xof] lng'kg{xg ; S5 . p4f/ ul/Psf JolQmf] nflu kg:yfkgf cToj Zos 5 .

पुनर्स्थापन (Rehabilitation)

aɾlavgd f k/ɬf kl8txG nO{p4f/ ul/; skl5 tTsn pglxG nO{uf; , jf; , skf; , :jf.Yo / To; kl5 lj :tf}j]slnks /huf/Isf]nflu ; lksf]Joj:yf ldnfpg]sfo{kg:yfkgf xf]. aɾPk5 kl8txG cPgf] 3/ kl/j f/, ufp, bẏaf6 nfd]; do; Dd klg afx/ a:g'kg{xg ; S5 . pglxG lj leG /f]sf]lzs/ xg ; S5g\ sɔf]g/Lf/ xg ; S5g]f cO ; lxG klg ghfgs]l:ylt xg ; S5 . o:tf]cj:yfdf cPgf] v\$df ckn]leg ; Sg]:yltdf gku'-hh; Dd cG/d ; xof] kYofpg'kg{xG . o; sf nflu oL; a} s/fxG sf]Joj:yf ePsf]kg:yfkgf sO{xG :yfkgf ul/Psf xGg\ o:tf hf]vddf k/ɬf]dfg; xG n] kg:yfkgf sO{xG df a:g kfg'pglxG sf]clwsf/ xf]. kl8txG nO{kg:yfkgfsf]aGf]:t ug{/fHsf] bloTj klg xf].

पुनर्गमन (Repatriation)

p4f/ ul/; skl5 aɾPsf]:yfg jf k/bẏaf6 cP}ufp, 7p"jf :j bẏdf cfp]sfo{kg}udg xf]. aɾlavgd f k/ɬf]dfg; sf]; xdt cg' f/ hx'kns g rfxGg\To; :yfgdf Joj:yt tL/sf]kn]sfpg' kb\$. o; df /fH tyf cO klfsf]To]ts}eldsf /xG .

पुनर्मिलन वा पुनर्एकीकरण (Reunion/Reintegration)

alrPsf]sf/Ofaf6 cfdafa, 3/kl/jf/, cfrhga6 nfd] do; Dd 5SP/ a:g afW kl/Psf kl8tx2nf0{
kl/ cfdafa' / kl/jf/hgx2; ü e\$3f6 u/fpg]sfo{kglng xf]. kgldng kl5 doflbt tl/sfn]
dfgj clwsf/s]pkefu ub}; dhdf ; dfg6 hlj g latfpg kfg]cj:yf tof/ u/fpg'kb5 . o; sfddf
; /sf/ / gful/s ; dhfs]a9Leidsf xG .

उद्धार, पुनर्स्थापना र सामाजिकीकरणको पक्ष

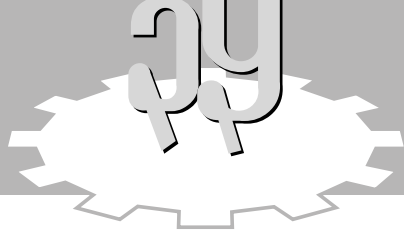
aflavga6 kl8t JolQmf0{sg}klg dWdafa6 p4f/ ul/; skl5 p; sf]c'gf]b2, upf,; dh / 3/df
Nof0; Ddfgj\$ hlj gofkg ug{; 3fp k'ofpg]sfo{f0; fdlhsIs/Of elgG . of]sfo{Pp6f rgf]k0{
sfo{xf]. xdf]; dhdf clxn} Dd klg o:tf ultj lwnf0; xhtsf ; fy cfd 2kdf :j Isf/ ul/b2 .
o; sf nflu alrPsf rlna\$]sf]p'cf/, kg:yfkgf / :jb2 lkmf{ug{sfo\$]nflu ofhg thdf ul/g'
kb5 . o; df kl8t tyf hlvddf k/\$f dxnf tyf afnafnsfsf nflu Jofj ; flos / sfo{hs ; lk
blftsf]lj sf; Pj +cfdlge{tfs]clej]c'sf sfo{dx2 ; fng ug{kb5 . pgx2nf0; fdbflos
kg:yfkgf u/fpg'kb5 . of]sfo\$]nflu ; /sf/, u}; /sf/LIf, 6\$ olgog tyf :yfglo lgsfo alr
; xsfo{xg'h?/L5 . o; sf ; fy}lbuf; ; fut lfdt clej]c / ; hns]lgdf ; dt ul/g'kb5 .

पुनर्स्थापनाका लागि गर्नु पर्ने कार्यहरू

kl8tsf]p4f/ kl5 kg:yfkgf]Joj:yf clt h?/Ljifo xf]. sltko cj:ydf p4f/ kl5 Jofj:yt
kg:yfkgf]cefjdf em\jstx2 a9g uPsf ; dt 36gxf 5g\ T; h]kl8tsf]p4f/ kl5 kgJofj:yt
ug{7f] ofhg clgj fo{5 . kg:yfkgf sfo\$]nflu lgDg s/fdf Wfg k'ofpg'h?/L5 .

- != kl8tsf]nflu uf; , jf; , skf; , lzIf / :jf:Yofkrf/sf]Joj:yf
- @= kg:yfkgf sfo\$]nflu ; mlg xg' kgJolQm2sf]bl6s'f]df kl/jtg
- #= kl8t JolQmf]dfgl; s cj:yfnf0; fdf6Is/Of ug{k/fdz{
- \$= plrt 6ofsf nflu sfgg; /; Nfx Pj +; xofu
- %= kl8tklt 3/ kl/jf/ / ; dhnxg]gsf/fds bl6s'f]df kl/jtg ug{cfjZos jftj/Of tof/
ug{vnsf sfo{nsf]thdf / sfo{og
- ^= kl8tx2sf]OR5f cg' f/sf]hlj g lgj f'xf nflu plrt lzIf, /fhuf/L/ ; kafa6 p'kflbt j:tsf]
pkof]sf]nflu ahf/sf]Joj:yf .

विषय प्रस्तुति सत्र



विषय

जिल्हा शाळा/ उच्च/ निम्न

उद्देश्य

जिल्हा शाळा/ उच्च/ निम्न या शाळांमध्ये सद्यस्थितीत चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण : किंवा शाळा/ उच्च/ निम्न या शाळांमध्ये चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण

क्रियाकलाप

- जिल्हा शाळा/ उच्च/ निम्न या शाळांमध्ये सद्यस्थितीत चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण : किंवा शाळा/ उच्च/ निम्न या शाळांमध्ये चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण
- जिल्हा शाळा/ उच्च/ निम्न या शाळांमध्ये सद्यस्थितीत चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण : किंवा शाळा/ उच्च/ निम्न या शाळांमध्ये चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण
- जिल्हा शाळा/ उच्च/ निम्न या शाळांमध्ये सद्यस्थितीत चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण : किंवा शाळा/ उच्च/ निम्न या शाळांमध्ये चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण

मूल्यांकन

- जिल्हा शाळा/ उच्च/ निम्न या शाळांमध्ये सद्यस्थितीत चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण : किंवा शाळा/ उच्च/ निम्न या शाळांमध्ये चालविण्यात येणाऱ्या शिक्षण/ शिक्षण/ शिक्षण

वैदेशिक रोजगारी र बसाइ-सराइ

बसाइ-सराइ

dfgj lo jf kfs[ts sf/Ofn]cfrhal; /x\$fl:yfgaf6 csf]:yfgdf :yfoLjf c:yfoL; kdf hfg]sfdnf0{dfgj lj:yfkg jf a; f0-; /f0 elg5 . ^ dxgf jf ; f]eOf a9Lcj lwsf nflu 3/sf]dVo JolQm; kx dh a; f;f; 5f8Lc6oq :yfgfGt/Of ug{a; f0-; /f0÷cfkjf; g xfl. ofhgfa4 a; f0-; /f0÷cfkjf; gn]cj; / / ; lj wf Pj -h]jgz]h]df ; d; k]j t;g u/fp5 . clgoldt a; f0-; /f0÷cfkjf; gn]ljleG ; If:of nufot a;rlavgsf] hf]vddf ; d; kfg{; Sb5 . To; h]a; f0-; /f0 dfgj a;rlavgsf]dxG]kOf{tG] xfl.

बसाइ-सराइ/आप्रवासनका किसिम :

a; f0-; /f0 lgDg lsl; dsf /x\$fl 5g\ h; nfo{lgDg ad]hd JofVof ug{; lsG5 .

अन्तरिक Mc'g]b;zsf]Ps 7fpäf6 csf]7fpäf ul/g]a; f0-; /f0÷cfkjf; g cfl/s xfl. of]a; f0-; /f0÷cfkjf; g :j]5s ; kdf xg ; S5 . o:tf]a; f0-; /f0 lgoldt clgoldt bj }k\$[tsf]xg ; Sb5 . JolQm]f ljleG vfn]sf ; d:ofx; nufot a;G, kfs[ts k\$]k cfl]bsf sf/Ofn]af]Vtf j ; a; f0-; /f0 ug{ul/G5 . o; df c'g]b;zleq ljleG sf/Ofn]lj:yfkt e0{xg]z/Ofy]k; ; d; kb5g\

b;z lj sf; df If]lo c; Ghtgf Pj +cj ; /sf]cefj df d]fg; x; cj ; /sf vf]h]df zx/ k:g]ub5g\ bu]af6 ; udt/, c; /If]taf6 ; /If]tlt/ hfg]ub5g\ o; n]; sf/f]ds tyf gsf/f]ds bj }vfn]sf]c; / kfg{; Sb5 .

बाह्य MP]s b;za]f6 csf]b;zdf ul/g]a; f0-; /f0÷cfkjf; g afxà a; f0-; /f0 jf cfkjf; g xfl. o; sf nflu ; DalGvt b;zsf]k'j{:j]ls]t (VISA) sf]h?/t kb5 . o; df a;G jf c6o sg}sf/Ofaf6 c'g]:yfoLa; f;f; jf b;z 5f8Lc6oq b;zdf hfg'kg]af]V]f]ds cj:yf]sf z/Ofy]k]klg kb5g\ xfd]b;zdf /x\$fl e6fgL ; /Ofy]k; xfd]b;za]f6 ef/tdf knfog ePsf xhf/f]JolQm; cfl]b . o:tf]vfn]sf]; sf/f]ds lj:yfkg] s]Lk]t]ztsf]c]fy\$ lj sf; / lj :tf/sf]; ef]gf xG eg]a9Ldfqdf c; / kb5 . g]k]naf6 l8le n]f/ldf hfg; o:t}k\$[tsf cfkjf; l; klg o; df kb5g\ o; df j]b;zs /f]huf/ldf hfg; klg kb5g\

नियमित Ma; f0-; /f0 ubf]P; sfggdf n]vPsf]kl]qmf k'f u/] ul/g]a; f0-; /f0nfo{lgoldt a; f0-; /f0 elg5 . o; df ; d;Gt eljiosf]vf]h]df c'g]OR5f cg; f/ sfgg ad]hd c'g]7fp"5f8Lc'g] ; kOf xs clwsf/ ; /If]t xg]u/Lsfid jf jf; :yfgsf]k]j t;g ul/Psf]xG5 .

अनियमित MP; sfggdf pN]y ul/Psf]kl]qmf; nfo{k'f gu/Is]g e]f]of/, n]f]n]r]df km]P/, jf c6o sg}sf/Ofn]a; f0 ; g]sfdnf0{clgoldt a; f0-; /f0 elg5 . o; df lagf ; r]gf tyf of]hg, clgoldt Pj +cdfgj lo lx; fan]ul/Psf]xG5 .

स्थायी Mc'g]k/fgf]7fpñf0{:yfoL; kn]5f8Lkg]M]k]g]u/Lc6oq a; f;f; u5{eg]To:tf]a; f0-; /f0 jf cfkjf; gn]f0{:yfoLcfkjf; g elg5 .

अस्थायी Mg]Zrt p2]o k'f ug\$]nflu c'g]7fp"s]Lcj lwsf nflu 5f8Lkg]M]k]g]u/Lcsf]7fpäf u0{a:g'c:yfoLa; f0-; /f0 xfl. o; df /f]huf/Isf]nflu lj b;z hfg]sfd c:yfoLa; f0-; /f0 leq kb5 .

वैदेशिक रोजगारी

gkfnsf] > d ahf/df /fhuf/lsf]cj ; /sf]thgfd > lds ckltsf]cj :yf cTbGt wj} /xsf]5 . j flif\$ tlg nfv > ldsx; /fhuf/lsf]vfhldf > d ahf/df cfpj]ub\$g\ o ; sf]cgkftdf /fhuf/lsf] ; hgf xg]lff]sf] lj :tf / lj sf ; ebf pN6]lff e0/xsf]5 . o ; nfo]Jo]l :yt ug]af/df /fhbn]7f] ofhgf thdf ug ; s\$] 5g . t ; y{gkfnaf6 /fhuf/lsf]lj sNksf] ; kdf lj bZ hgf]sfd dxG kof]ag\$]5 . o ; n]ubf]gkfn j}bz /fhuf/ldf hfg\$]pj { eldsf] ; kdf kl/rt 5 .

o ; l:yltdf j}bz > d ahf/df hfgx; n]7hf]rgf]L / ; d:ofx; eflg afW 5g\ u} sfgg]L ; Derf]f, a9L/sd lng] tff]Psf]sfd gbg]h:tf ; d:ofx; xhf/fj > ldsn]ef]b}cfPsf 5g\ sltko > ldsx; nfo] gSsnLsfuhf tof / u/L7uLul/g]klg ul/Psf]5 . o:tf]cj :yfdf dff]/sd c ; h u/Lj}bz /fhuf/df k7fpj]sfd ug]gSsnLJo] ; foLefg] / kmf / xg]36gf klg yk}36\$]kf0G .

lj zif u/L cfk]f ; Ldhh/x; nfo]j}bz /fhuf/lsf]cj ; / ay}8IÆ-kmf]f, hf]vdk0f{tyf sl7g_ sfdsf nflu kffg ul/G . oltv] gkfnsf nfv}dxnf, k?if, afnafnsf, lszf]-lszf]L / jois ; a}o ; txsf] a}lavg, t:s/L tyf hf]vdk0f{> dsf lzs/ ag\$ 5g\ gkfnsf]a/fhuf/lsf]rsf]b/sf]sf/0fn]gkfnL > d ; :t]aG ku\$]5 . o ; df klg gkfnL > ldsx; g/fdf sdx; h:t}of] Jo] ; fo, 3/h'gf\$, sn-sf/vfgf tyf ; s{, pff bB, pQhs dgf]-hgsf]sfd, ; G, ofgf; Tj, cE kof/fk0f, h/Leg,lpBff snsf/vfgsf hf]vdhG sdx; nufot cG sltko o:t}k\$]tsf sddf kof] e0/xsf]5 .

j tdfg lx}ffds aGsf]rk\$df k/Lhlj sffhgsf]lj sNksf] ; kdf xhf/fj}oj f-oj tLx; sfdsf]vfhldf ; /sf/n] :j ls]t glbOPsf h:t} 0/fs, sj t, hf\$gnufotsf dh\$xd ; dt l5d\$Ldh\$ ef/t tyf aEfbzsf]cj B dfu\$]kof] u/Lu}sfgg]L t] / n]hfg]ub\$g\ o ; sf ; fy} ; /sf/L :j ls]t lnP / vf8lsf dh\$xd, dn] ; of, ef/t nufotsf bZx; df hfg\$] ; Vof pnYo /xsf]5 .

csffknef]of/, 5sofP/, kffeg by]P/, ha/h:tL, nno]knsf0 ; r'gf]lxg agf0 dgknsf]lgldt cjw pkfo Pjd\dfu ; dt kof] ul/G . o ; }l ; nl ; nfd ufpa6 zx/df, zx/af6 vf ; u/ ef/tnufot > d-clwsf/sf]b]6sf]0fn]hf]vdk0f{df]gPsf vf8LbZx; tyf blif0f k}kPlzofdf k\$of0Gg\

o:tfvnsf sfo{ug\$]nflu lj bZL > d ahf/df dhh/ k}f/Lug]cG//flib lu/f; u sltko /flib j}bz /fhuf/ sLkg]sf] ; DaGw xG . o ; \$]dfWda6 j}bz /fhuf/ldf hfg]sfd ePsf]5 . o:tf sLkg]x; n] clwsz kl8tx; nfo ; Derf]fdf lnvt salnot ul/Psf]/sdsf]cfwefbf sd of sltko cj :yfdf kl/> lds tyf ; lj waf6 j-l-rt ; dt ul/Psf]kfOPsf]5 . o ; }l ; nl ; nfd lj ljw sf/0fn]hf]vddf k/\$f dxnfx; nfo ; dt kffegdf kf/Lofgzff]0sf]lgldt cf] f-k ; f/df ug]ul/Psf]5 . of] ; Vof klg lbgkl]lbg a9bf]b/df /xsf]5 . o ; df oftfoft dhh/sf] ; Vof klg pnYo g}/xsf]5 .

वैदेशिक रोजगारीका फाइदाहरू

- j}bz /fhuf/ldf hfg] / fdf]vnsf] / fhuf/LkfPsf]cj :yfdf lgDg kff0bf xG M
- != /fhuf/lsf] ; hgf xG .
- @= cfly\$ pGlt xg\$; fy}kl/j fl/s hlj g :t/df ; wf/ cfpj ; S5 .
- #= ; /sf/L9s6ldf lj bZLdbf cfhg xG . / ckTIf ; kdf nfe kb5 .
- \$= j}bz ; :s]t cflbsf]af/df hfgsf/Lxf] ; n xG .
- %= blf hgziQnsf]lgd]f xG .

वैदेशिक रोजगारीका समस्याहरू

ul/aL, a/fhuf/L/ cfGL/s aGsf]sf/Ofn]ubf{j}bz /fhuf/Isf]dv tSg afW ag\$ f gkfnL>ldsx;n] cNk; r'gf j f khfegdf km] yk bM kfgp afW 5g\ o:tf ; d:ofnf0{tLg judf af8g ; lsG .

१. काममा जानु पूर्वको समस्या Mb]qmdf xhf/fjgkfnLx 7lug] nl6g] alrg] afW agf0g] cnkq kg] aYrk] xg] /fxfbgLnsh0g] gSsnLkj zflf -le; f_ tyf gSsnLjs{k/ld6sf]df/df kg] lagf ; r'gf Pp6f bzsf] sfuhkq tof/ u/Lcs}bzdf k7fpg] ofqsf]qmdf ofgzfif0f ugh:tf ck/fwx;af6 kil8t ePsf 5g\

२. काममा प्रवेश पछिको समस्या Mj bz kj z ul/; skl5 tflsPsf]sfd gkfgp] sd tna lbg]/ sltko cj:yfdf tna; dt gkfgp] cfhw pkrf/af6 lj dv ul/g] aGwgd/ /lvG] ; ~rf/ ; Dksaf6 lj R5h ul/g] ofgzfif0f ug] oftg tyf c6 qm Pj d\ckdfghgs Joj xf/ eflgk] lu^0tf/ldf k/Liftkt{ dt ltkg] tna /fsg]pZon]skf\$Nkt bff nufpg] 3; dfg] hfto tyf wld\$ lj eh ug] Oiof{tyf k/f0kg byfpg] ; fdlxs ; hfj fhIsf]clwsf/ gkfgp] c6 ; fdlhs ; /Iffsf lj ifoaf6 j-rt xg'kg{tyf sltko cj:yfdf xTof; dt ug]h:tf ; d:ofx;af6 ul; t /xg'k/\$f]5 .

३. वैदेशिक श्रममा जाने महिलाको थप समस्याहरू Mj bz /fhuf/ldf hfg]dlxnfx;n]k?if >ldsn]eflg'k/\$f dfl y pN]vt ; d:ofsf jfj hb yk ; d:ofx; klg eflg afW xg'kl//x\$]5 . ; lhnf]>d / cfsif\$ tnasf] emf]cfzj f; gdf lj bzdf kVf0{dlxnfx;n]f0{b}Jofk/df nufpg] zif0f0St 3/h' sfdshdf nufpg] ; s{ df vhfpg] pQhs gfrdf grfpg] gSsnLlj fx /rLofgzfif0f ug] nfu'kbfsf]cjw t:s/ldf kofh ug]ofgh6 b?T; fxg ug] dftj ; Af0f / To; sf]; lj waf6 j-rt u/fpg]h:tf ; d:ofx; /x\$ 5g\

वैदेशिक रोजगारीमा जानेहरूले अपनाउनु पर्ने सावधानी

cgluGL; d:ofsf jfj hb klg gkfnL>ldsx;n] jbz /fhuf/ldf hfgsf]nflu afW xg'kl//x\$]5 . o:tf kl/l:yldf jbz /fhuf/ldf hfgsf]nflu pgl;n]eflg'kg]; d:ofx;n]f0{s}Lxfl; of/Lcyjf ; ts{f ckgPsf] v08df s}Lxbdf hflvd sd xg ; Sb5 . t; y{o:tf कार्यमा जानेले निम्न विषयमा ध्यान पुऱ्याउनु जरुरी छ ।

- lj bzdf hfgf; fy /ftf-/ft w}cfo cfhg xG eG]efj gfa6 dQmxg'kb\$.
- lj bzdf hfgk] \$f]tof/ldf Wfg lbg] ckin]ug]; Demf, kft ul/Psf]kj zflsf]j ytf, kft ul/Psf] >d Ohfht kq cflbsf]ki6 cWog ug].
- cgfj Zos cfly\$ khfegsf]k5fl8 gnlg]/ o:tf]sfof k/lrt tyf ckl/lrt JolStdly e\$ lj Zj f; gug].
- o:tf]sfof hfg'kj {glhssf]; fyL/ c^Gx; ; u vNf 5nkm ug]. kxn\$ kil8tx;sf]cgej ; G] aem]/ ; fLadflhd ; t\$tf ckgfpg].
- cfj ZostfeOf a9L; xofh ug]{rfxghf0{zsf]b]6n]xg]/ ; /lft xg ofhg thfl ug].
- lj bz hfgk] {sf] u, slxn] sx' / lsg hfb}xgxG eG]af/df kl/jf/sf ; b:o, ; fyL/ Oi6ldqnf0{ hfgsf/L lbg].
- cfknf0{s; h]alrg] jf c6 cglrt sfo{ug{nfsf]jf u/\$f]yxf kfg]lalQs}kx/L ; fdlhs sfo\$tf{ dfgj clwsf/sdk6\$ olgog jf kqsf/nf0{hfgsf/L lbg].
- cfkinhg nfu\$fbzsf]sfgg lgod, /lt/j fh / rfnrngsf]af/df ; fdG hfgsf/L/Vg' clgj fo{xG .
- cfknf0{; d:of kb{p4f/sf]nflu ; Dks{ug]{sfof0ox; h:tf/fhbtj f; , >d ; xrf/Isf]sfof0, 6\$ olgogx;sf]af/df hfgsf/L/Vg' clgj fo{5 .

वैदेशिक रोजगारीमा ध्यान पुऱ्याउनु पर्ने कागजी तयारी

- kj ʒf1f ; ktsf]/fxbfgL/ >d Ohfhtkq .
- :j:f:Yo k/If0f / aIdfsf]sfuhft .
- sfd ug{nfuf\$]sDkgIsf]k/f gfd, 7ufgf ; DaGwt ; /f\$]/j fnf JolQmf]lj j /Of .
- gkfnL/fhbtj f; , lgoft Pj +gkfnlx / ltglx;sf]; u7gx;sf]hfgsf/L.
- eOk/Lcfdpg]vr\$]lglDt sXLlj bZLdbf .
- j bZs /fhuf/ bZdf aIngl]efiff ; DaGwLcfj Zos k'ts Pj +gS; fx .
- j bZs /fhuf/ sDkgLePsf]:yfg, kft gDa/ Pj +cfj Zos gS; fx .
- cfkQ kbftTsfn va/ ug{; lsg]kx/LPj +; /If lgsfox;sf]kft .
- ofqdf hxh j f uf8LkftkgePdf To; ; DaGwLkOf(hfgsf/L.

रोजगारसम्बन्धी अग्रिम जानकारी राख्नु पर्ने कुराहरू

- sfd ug{7fp“Pj +sDkgIsf]lj j /Of .
- tna ; lj wf tyf eQfngIsf]ls; d ; DaGwLJoj :yf .
- sfo\$06f tyf cfe/ 6f0dsf]Joj :yf Pj +zt .
- hlj g aldf, cftw pkrf/sf]Joj :yf, b36gf Iflkt'at af; / pkbfgsf]Joj :yf .
- /fhuf/ bZsf]efuhs Pj +df} dsf]kj {hfgsf/L.
- gkfnL/fhbtj f; tyf sG h/af/]clud hfgsf/L.
- cflwsf/s ; /sf/L>d :j Is[t / :j Is[t kft Dfngkj/ sDkgIsf]7x/ .
- /fhuf/; DaGwLcfbfgL, vr\$]cj :yf Pj +j rt /sd k7fpg]Joj :yfsf]af/df hfgsf/L

विदेशमा अपनाउनु पर्ने सावधानी :

- af6\$]:ki6 hfgsf/Isf]cejf df cndlng ; Sg]xgn]unt JolQm]c0q n]hg jf enofpg ; Sg]; efj gf /xG, t; y{; DaGwt cflwsf/s JolQm]lng Nofpg]vfnf]Joj :yf ug{.
- To:tf]cflwsf/s JolQmgcfPsf]cj :ydf ; xL 7fpdf klgf]nflu :ki6 7ufgf / gS; f ; fydf /fVg]/ ; f]byf0{6ds; L, a; j f /haf6 ; DaGwt 7fptkthfg].
- cfkñ ü ePsf]/fxbfgL, le; f nufot c0 cfj Zoslo sfuhft Pj +gub, 6fen; {r\$; /If t ; fy cfkñ ü /fVg].
- ; DaGwt sDkgIdf ; SsnL/fxbfgLaefpg'kgdf /fxbfgL/ le; fsf]kft\$skLcfkñ ü /fV] dfq lbg].
- ; DaGwt bZdf klgf; fy To; bZdf /x\$]cfpg]bZsf]/fhbtj f; df ; Dks{u/Lcfpg]gfd, 7ufgf / cfkñ]sfd ug{nfuf\$]sDkgLj f :yfgsf]lj j /Of hfgsf/Lu/fpg].
- ; DaGwt /fi6df klu; skl5 cfkñ]lrgfhfg\$]sf]L; fyLeP cfpg]lj j /Of / ; rgf lbg].
- ; DaGwt bZsf]/xg; xg; ; s[t, wd{ Joj xf/, sfggf]af/df cfw/et hfgsf/Lng].
- gthf]j f :yfglo JolQmf]kthfgdf gkmng]:yfglo bnfnx; af6 xg]7ulaf6 ; fj wfg xg].
- :j:f:Yo k/If0sf]gfd df ofgzif0sf]; Defj gf xg]ePsf]lj zif ; ts{f ckgfpg].
- ; 0 lzlj/x;df sfd ubf{yk vt/f xg]ePsf]o:tf]hfydkOf{sfd ug{0Gsf/ ug{.
- ; DaGwt Ifqdf /x\$]6\$ olgogsf]; efj gf /x] Dd_ oyzfL3; b:o aG]/ ; d:of k/\$]cj :ydf ; DaGwt olgogdf ; Dks{ug}.

आप्रवासी मजदुर र उनीहरूका अधिकारहरू

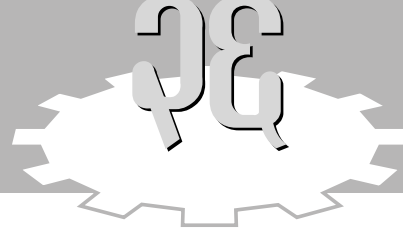
kOf{ kn]; ; lrt e0{j \$lNks Pj +; Ddgt hlj sflfhg'sf]lg]Dt dfg; n]cGt//fi6e >d ahf/df kjz ug{ kfp'pglx;sf]cfw/et clwsf/ xf]. hf]sf]LJolQmljZj sf sg}klg :yfgdf uPsf]cj:yfdf klg p; sf Gogtd dfgj clwsf/x; xgg xg'xbg . To:tf clwsf/x;sf]; Af0sf]nflu ljZj df yk}ultlj lw ; #fng ePsf 5g\

cGt//fi6e >d ahf/df sfd ug{>lds tyf ltgsf kl/jf/sf]clwsf/ ; Af0f ug{; eSt /fi6e; 3af/f ; g\ !((() df ; a)ckjf; Lsdbf/x; tyf ltgix;sf kl/jf/sf ; b:ox;sf]clwsf/ ; Af0f ; DalGw cGt//fi6e dxf; lGw kl/t u/\$f]5 . pQm; lGwdf pNhy ul/Psf >lds tyf ltgsf kl/jf/sf clwsf/x; lgDg lnlt 5gM

- :j tGkj' \$ affg kfp]clwsf/ .
- lgj ffw; kdf 3dlkmsf]clwsf/ .
- oftgf, ckdfg tyf bf; Tlj?4sf]clwsf/ .
- anh^ot of clgj fo{>dlj?4sf]clwsf/ .
- lj rf/, lj j \$ / wd\$fl:j tGqtsf]clwsf/
- ; lklQ, uflkgotf / ; ~rf/sf]clwsf/ .
- lx;f, wDsLjf qf; lj?4sf]clwsf/ .
- :j R5frf/Lkqrp j f gh/aGlj?4sf]clwsf/ .
- ; fj hlg tyf lgiklf ; gj f0sf]clwsf/ .
- sfgg Joj ; foL, kl/t/lff, eflff / lftklt;\$f]clwsf/ .
- ; DalGwt /fhsf]gful/s; /x ; dfgtsf]clwsf/ .
- plrt Hbfnf, 5\$L, tnaLlabfsf]clwsf/ .
- ; fdllhs ; /lff, kzfut :jf:Yo / sfggL; /lffsf]clwsf/ .
- ; 3; #yf vllg]/ 6\$ olgog vllg]clwsf/ .
- dftelidsf]; fj hlg ; /\$f/sf]dldndf ; xeflutfsf]clwsf/
- ; ul7t xg]/ ; fdlxs ; hf]fhLug]clwsf/

dly pNlyt clwsf/ lbnfpgsf]nflu ; a)/fi6e;To; sf gful/s Pj +; /sf/sf]bfoTj xG . o; df cGt//fi6e :t/df :yflkt dftotfx;nf0; dt dgg u/Lcgfj Zos ; kdf 7uLug] >ldsnf0{a}flavg ug] unt sfd ug\$]nflu afW kfg]h:tf siddf ; #lg JolQmj f ; :yfnf0{b08 ; hfo lbnfpg]sidsf nflu ; DalGwt /fhn] kxn ug{kg] u}sfggL tl/sfn]ank' \$ csf]bzd kfz u/fOPsf]jf a}rPsf]cj:yfsf]cfw/df kl8t JolStnf0{ck/fwL dfgg' gxx] u}sfggLcj:yf ePsf kjf; Ldhb/x;nf0{bf] flbzn]; /lff ; fy}cfj Zos zf/l/s / dfgl; s :jf:Yo ; jf pkn]w u/fpgkg] kl8t tyf ltgsf kl/jf/x;nf0{sfggL tyf cG k/fdz ; jf pkn]w u/fog'kg] kl8t JolStx;nf0{j bz kmg'sf]nflu cfj Zos kxn / ; /lff kbf]g ug{ afncwsf/, dlxf clwsf/ clbsf]af/df ; jhgzn xgkg] ljleG sf/Oaf6 /fbbdf tgj sf]:yltsf]; hgf ePdf ckjf; Ldhb/x;nf0{dfgj lo /fxt, p4f/ Pj d'cfly\$; xofu ul/gkg]h:tf cGt//fi6e dftotfsf]Vofn ; DalGwt bzn]ug{kbf\$.

विषय प्रस्तुति सत्र



विषय

गर्भसंज्ञासंग्रह

उद्देश्य

- गर्भसंज्ञासंग्रह का अर्थ और उपयोग ; संक्षेप
- संज्ञासंग्रह का अर्थ और उपयोग ; संक्षेप

क्रियाकलाप

- गर्भसंज्ञासंग्रह का अर्थ और उपयोग।
- ; संज्ञासंग्रह का अर्थ और उपयोग ; संज्ञासंग्रह का अर्थ और उपयोग।
- ; गर्भसंज्ञासंग्रह का अर्थ और उपयोग।

मूल्यांकन

- ; गर्भसंज्ञासंग्रह का अर्थ और उपयोग।

नेपालको यातायात क्षेत्र

भौगोलिक बनावटमा नेपाल

gkfn Pl; of dxfbzsf]pQ/Lufhfwdf kb5 . of]bz Pl; ofsf]pQ/L/ blifofLufhfwdf{hf8g]s8lsf] 2kdf nueu alrdf kb5 . gkfnsf]kj]kZrd, / blifof l; dfgf ef/tsf]pQ/ kbz, laxf/, l; lssd, / kZrd aEfn kfGx2 kb5g\ pQ/tkrrlgsf]:jzfl; t Ifq ItAat kb5 . gkfnn]ljZjsf sh Ifqkmsf])# kltzt / Pl; of dxfbzsf])# kltzt eefu cfu6sf]5 . gkfnnf0{pQmIfqkmsf] cfw/df # Ifqdf ljefhg ul/Psf]5 . lxdfnLkbz !%%, kxf8Lkbz, ^*%, t/f0{kzbz, !&%, /xsf] 5 . pQmkltztzsf]cfw/df v}lofb hldgsf]Ifqkm lxdfnLIfqdf %^%, kxf8LIfqdf #@%% / t/f0{kzbzdf ^!=(%/xsf]5 .

नेपालको यातायात क्षेत्र

oftfoft Ifqsf]lx; fan]# j6f Ifqnf0{kdv dfg5 . ; 8s, xj f0 / hndfu{ vf; u/L gkfnndf hn oftfofts]; Defj gf g}5g . xj f0 oftfoft / ; 8s oftfoft kdv 2kdf /xsf 5g\ xj f0 oftfoft klg cfly\$ lj kGtf / c6 sltko sf/Ofn]ubf{; a}; fw/Of hgtfsf]kxr eOf afx/ /xsf]5 . clt buq kxf8LlhNndf dfg; sf]cfj t hfj tsf]; fwgsf]2kdf xj f0 oftfoftnf0{kofu ub}cfPsf 5g\ o; df klg kofft hxhnsf]sdL df} dsf]hl6ntf, / df} dLlj dfg:Ynsf]sf/Ofn]of]kefj sf/LaG ; sf]5g .

xj f0 oftfofttknxfn; Dd ; fgf 7hf u/L\$% j6f lj dfg:yn dknf bzJofkL; jf ; ~rfng ePsf]5 . /sf/L:jldTj sf]Pp6f lj dfg slkgLnufot c6 lghLIfqsf slkgx2n]; jf pknAw u/f0/xsf 5g\ gkfnsf]oftfoft Ifqsf]lx; fan]; 8s oftfoft g}kdv oftfofts]; fwgsf]2kdf /xsf]5 .

सडक यातायात

; 8s oftfoft bzsf]dxGkOf{oftfofts]Ifqsf]2kdf :yflkt 5 . efn]ns lj s6tf Pj +c6 sltko sf/Ofn]xfn; Dd %* lhNndf dfq ; 8s oftfoft klG ; sf]5 . gkfnndf hddf !%, \$%* ls-dL; 8s lj :tf/ ePsf]5 . ; 8s oftfofts]f]* lhNndf ; lj wf lj :tf/ e0; sf]5 . log}; 8sdf u8g]uf8L / s}Lxj f0{dfu\$]dfw}daff6 dfgj a}lavg, cf] f/ k; f/ ul/G .

यातायात मजदुर

oftfoft dnb/ eGfn]oftfofts] Ifqdf sfd ug{; a}k\$]tsf dfg; nf0{a' fpb5 . vf; u/L; 8s oftfoft Ifqdf rns, kl/rns, as/, r\$, s08S6/, xk/, ; 3, l; l08s\$, Pj +9j fgLIfqdf sfd ug{ dnb/x2 ; a}oftfoft dnb/ xg\ oftfofts]; fwgsf]cj:yfsf]cfw/df oftfoft dnb/sf]cj:yf lgw{Of ul/Psf]eP tklg oL; a}k\$/sf dnb/x2 kTof 2kdf b}gs h; f]kms-kms dfg; ; u j/ Jojxf/ / ; jf kYof0/xsf xGg\ ndf]b/Ljf 5f]b/L; fgf vnsf ; jf/lsf ; fwg jf 9j fglsf] kofhgsf]uf8L2df sfd ug{dnh/x2 kTof ofqIsf 2kdf dfg; nf0{Ps :yfgaff6 csf]:yfgdf cf] f/ k; f/ ul//xsf]kf0G . o; /Lcf] f/ k; f/ ug{qndf o; ; u ; Da4 dnb/x2 ofqIsf ultlj lw rfnrng; u kTof ; /f\$/ /fvG/ glhs xg]dfsf kfpb5 . o:tf]cj:yfsf]olb zsf nfu}df glhssf pcf/ sfb,

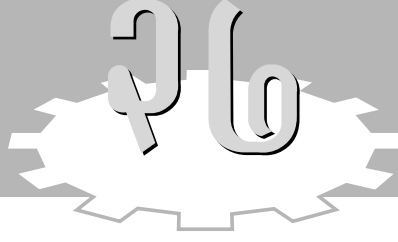
; /f/ jnf ; yfx, ; /sf/Llgsfo cfb :yfgdf ; rgf lbg ; Sb5g\ o; /L; rgfkl eP kl5 pcf/ stfh]; /n 9En]pcf/ ug{; Sb5 / Pp6f lftaf6 aRg arfpg ; Sg]cj:yf /xG .

मानव बेचबिखन र यातायात मजदुरको सम्बन्ध

dfgj ařlavgsf]nflu kfh; f]; fj hlgS ; jf/Lsf]; fwgSf]kfh ul/Psf]xG . /fhwfgLnufot bžsf cG zx/df o:tf]sfo\$]nflu GdS; L/ cG ; fgf ; jf/Lsf]kfh ul/G . Ps 7pãf6 cGq nhfgsf] nflu To:t}7hf vnsf ; jf/Lsf]; fwgSf]kfh ul/G . h:tf] nfd]b/Lsf]nflu a; , 6ssf]kfh xG . o; /L cf] f/ k; f/ ug{qmdf ; DalGwt ; fj f/Lsf ; fwgdf sfd ul//x\$ř rfnS kl/rfnSx;n]To:tf] sfdsf nflu lnP/ uPsf]JolQm/ p; ũ}/x\$ř]JolQm]ultlj lwnfO{glhsaf6 bVg]cj; / křpg]xG . o:tf]cj:yfdf zsf]nfb]ultlj lw u/\$ř]e]Pdf cřZos sfo\$]nflu kxn ug{; lS . o; df oftfoft dhh/n]ug{; Sg]sfo{lgDg ad]hd /x\$ř]5 .

- ; jf/L; fwgdf ofqf ug{sgklg zsf:kb JolQm; dflly lgu/fgLug{
- ofqsf]cj lwe/df pglx; alrdf eP u/\$ř jftfhk tyf ultlj lwx;df Wfg křfpg'
- sřG/df l6s6 lng cfPsf;sf]af]nrfnL, lqmfSnfk, ultlj lwsf]lgu/fgLug{
- zsf:kb ofqLsf]ultlj lwdflly zsf nfuđf ; fvk5 ug{
- sg}JolQmsxLenkq k/\$ř]cj:yfdf p; nfO{; fvk5, p4f/ / ; xofh křfpg'
- To:tf zsf:kb JolQm]af/đf ; 3, ; u7g / kx/Lsfođodf lhđđf nufO{sf/j fxl; dđ u/fpg křg ug{.
- cfkh ũ}sfot cG oftfoft sd]x;nfO{klg dlxnf tyf afnafnSx;sf]ařlavg lj?c ; hu u/fpg'.
- cfpg oftfoftsf ; fwx;df ; a}ofqh]bVg]u/Lařlavg lj?csf sřžg n]vPsf l:6s/ tyf kř6/x; 6f:g]/ cřZostf cg' f/ lj t/Of ug{.

विषय प्रस्तुति सत्र



विषय

dfgj aṛlavg / oftfoft dhh/ / Joj ; foIsf]eldsf

उद्देश्य

- dfgj aṛlavg lj?c oftfoft dhh/sf]eldsfsf]af/df hfg] c;nf0{atfpg ; Sg\$g\
- dfgj aṛlavg sfoḍf oftfoft If]aḍ xg]; Defj gfnf0{sd ug{eldsf lgj ḍ ug{; Sg\$g\

क्रियाकलाप

- ; xefuḵ;nf0{dfgj aṛlavg lj?c[sf]ult]j lwdf s]s]ug{; lsG < egL.^ hgfsf]% ; dḵ agf0{ 5nkm u/fpg].
- 5nkmsf lgisiff0{°nlk rf6ḍf ptfg{nufpg].
- pQm5nkmsf]abfnf0{; H]Ls/Of ub{tof/ ul/Psf]:nf08 k|tt u/LJofVof ug{.

मूल्यांकन

- cḠḍf kg:d/Of u/fpg nufpg].

यातायात मजदुर तथा व्यवसायीको भूमिका

xfdf|b|zsf|; (bedf clxn} Ddsf|a|lavgs÷cf| f/ k; f/df :yndfuf|k|k|k| cTolws ePsf|5 . ef/t eGf
af|x/ cG b|x|df a|lavgsf|sfo\$|nflu nluPsf|cj:yfdf klq ef/t; Dd :yn dfu\$}k|k|k| ul/G .
To; kl5 dfq xj f|dfu{k|k|k| ul/G . o; df dlxn tyf afnafnsf|a|lavgs tyf cf| f/ k; f/df ; fj h|gs
oftfoft ; j|sf|k|k|k| cTolws xg|u/\$f|5 . o; /L; fj h|gs oftfoft ; j|sf|k|k|k| u/| a|lavgs÷cf| f/
k; f/ e0/x|f oftfoft Joj ; foL tyf d|b/x|n|y|xf gkP/}7h|ck/fw xg|u/\$f|5 .

xfdf| b|zaf6 dlxn tyf afnafnsf|a|lavgs cf| f/ k; f/ ubR|s|tko cj:yfdf nfu"kb|f|j|f c|f|w
k|k|k| u/| kl8tnf|a|f| agP/ y|f| g|g|b|0|; fj h|gs oftfoftsf|; f|wgsf|k|k|k| u/La|lavgs ul/Psf|
36g|x| 36g|u/\$f 5g\ t; y{o; ; ü ; Da4 oftfoft Joj ; foL >lds sd|f/l|x|n|To:tf|cj:yfdf kl8tsf|
; /Iff ug{rgfv|xg|kb5 . oftfoft sd|x|n|dlxn, j|, czQm/ afnafnsf|f|leG k\$|n|; xof|
k|k|k|; Sb5g\ oftfoft d|b/ sd|f/Lklg o; ; d|hsf cleG / lhD|f/ ; b:ox| ePsf|; d|hd|
Jof| ck/fw, s'; s|f, / e|e|k|k|Jo|x|nf|x6fpg cf|Zos d2t u/LhD|f/ gful/ss|eldsf lgj|f|
ug{|klg pg|x|sf|b|fo| tyf st|o x|.

To; h|olb c|g|; j|f|sf|; f|wgd| j|f c|g|cf; kf; df a|lavgsf 36gf e0/x|f j|f xg|; De|f|g| b|y|d|
oftfoft d|b/ tyf Joj ; fo|x|n|pg|x|nf|g|Dg |kn|; xof| ug{|kb5 M

!= sg|ofq|df|y zsf nfu|d|f t?G|; f|k5 u/Lsx|' sf| ü s|s|dsf|nflu h|g nfu| x|; f|Lcf|ZoStf
cg| f/ ; xof| / ; Nfx lb|a|lavgs cf| f/ k; f/ xg ; Sg|s|f h|gsf/Lu/fpg'kb5 .

@= k6s-k6s l6s6 sf6Lofqsf|b/La9fpg|klxn|eg\$|cf|h|g|7fp"eGf kms 7fp|df cf|h|g v|f|g|j|f
cf|h|g| kms-kms l; 6df a; LPs cs|f|f|a9|f W|f|g|lg|t/ af|hr|n sd ug{|h:tf ult|lw c|g|
; j|f/L; f|wgd| ofqsf|q|ndf e0/x|f|5 eg|kl/rfns, x|k|x|n|r|fnsnf|h|gsf/Lu/f|cf|Zos
eP kx|ldf vj/ ug{|kb5 .

#= c|g|; j|f/L; f|w|g| uG|osf|nflu 56g cu|f8 ; De|f| eP; Dd rfns ; lxt geP kl/rfns, s08S6/
x|k|n|dfg| a|lavgs÷cf| f/ k; f/sf|af|df atfpg|/ sg|klg ofq|nf|d2t r|f|xP|df cf|k|x|n|; xof|
ug{|f|eg|Luf8Lleq ; a|h|; G|u/Lh|gsf/Lu/fpg|Jo|y|f ug{|; lsG . o; n|olb s; h|f| SofP/
ofqf u/fpg nfu\$|/x\$ eg|kl8t JolQm|df|g ; Sg|xG .

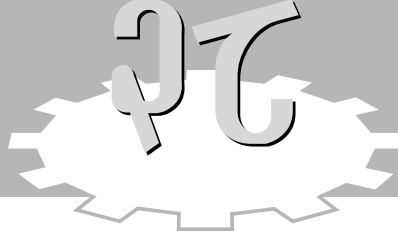
\$= sg|ofq|nf| SofP/ nlu/x|f|zsf nfu\$|t/ ; f|w|; De|f| geP|df d|f| x|Lp; sf|; fyLvf|g|vf|g,
lb; f|lk; fj ug{|uPsf|cj:yfdf ; a|s|f ; f|Lcf|Zos d2t ug{|; lsG . t/ o; df lj rf/ eg|k|k|k|
kb5 .

%= ; fj h|gs oftfoft If|sf s|dbf/, sd|f/L|f cG ; Da|G|t JolQm|c|g|; j|f/LrN|If|x|df dfj g
a|lavgs cf| f/ k; f/ lj?csf|ult|lw ug{|; ~h|f|n/x|f|5 j|f 5|f h|gsf/Lng'kb5 / pQm; h|f|n; ü
; f|g|f|cf|b|g|k|b|f|g / ; d|G|osf|s|fd u/Lh|f|v|dd|f k/\$f dlxn / afnafnsf|a|lavgs÷cf|df ; xof| ; d|f|
ug{|; lsG .

^= c|g|; j|f/L; f|wgd| ofqf ug{| hf|; s|h|dlxn afnafnsf j|f cG ofq|x|nf|cg|f|Zos b|M, x|f|g|L
lb|g|z|f|l/s |kdf z|f|f| ul//x|f|b|y|d|f cf|Zos ; xof| ug{|kb5 .

&= oftfoft d|b/ ; s|÷; u7g Pj Joj ; foL ; ld|x|n|dfg| a|lavgs h:tf|ck|f|ws sfo\$|af|df c|g|
; b:ox|nf|; r|f| u/fpg|. o; lj ifodf ; j|hg|zn|xgsf|nflu Joj|:yt ug{|u/fpg|ug{|kb5 .

विषय प्रस्तुति सत्र



विषय

dfgj a;lavgsf ; d:of ; dfwfgsf rgffL

उद्देश्य

- rgffLsf]kxrfg u/Lc;nf0{atfpg ; Sg\$g\
- rgffLsf]cfw/df efj Llbgfsf nflu ; ts{f ckgfpg ; Ifd xg\$g\

क्रियाकलाप

- ; xefuL;nf0{; dxdf lj efhg u/LrgffLx; s]s]xg\egL; dx 5nkm u/fpg]
- 5nkmsf lgisiff0{k;tlt ug{nufpg]
- tof/L:nf0\$sf]k;ttt u/L:ki6 kfg]

मूल्यांकन

k7g ug{; lsG .

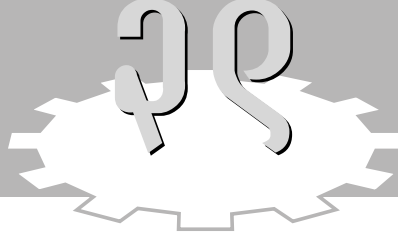
मानव बेचबिखन ओसारपसारको समस्या समाधानका लागि चुनौतीहरू

dfgj aḥlavg tyf cfj f/; f/ ; dfhsf]Pp6f uDeL/ ; d:ofsf]ḥkdf /xḥf]5 . o; n]; dfhdf lj s[t
lj ; ḥlt a9fPsf]5 . of]; d:ofsf]; dfwfg h?/L5 . o; sf]nflu /fhsf]dxḥk0f{eldsf /xḤ . tklg
/fḥb o; sf]klidf Ḥolt ulDe/ ePsf]5ḡ . of]; d:of xn ug{fbzidf w})rgfflxḥ 5g\ pQmrgfflxḥsf]
klxrfg u/L; fdgfsf]nflu 7f] /0fgllt thḥf ug{kbḥ .

चुनौतीहरू

- != ul/aL-a]fhuf/L
- @= ; zQmsfggsf]cefj
- #= agḥf sfggf]sf0ḡ og xḡ g; Sg'
- \$= ; fdflhs eḥefj -; fdflhs lnEeḥḥ-hftḤ lj eḥ_
- %= hghft÷cfbjf; Inf0{/fli6ḥ dh kjfxdf Nḥpg g; Sg'
- ^= ; z:q ; 3if{
- &= gful/sxḥdf bḥ 0R5f zlQmsf]cefj
- *= cl:y/ /fhgllts cj:yf

विषय प्रस्तुति सत्र



विषय

dfgj aḥlavg lgoG0fdf JolQm; dbfo, gful/s ; dñ, / 68 olgogsf/ /ffbsf]eldsf

उद्देश्य

; Da4 ; a}kIfsf]eldsf]af/df hfG5g\ atfpg ; Sg5g\

क्रियाकलाप

- ; xefulx;nf0{dfgj aḥlavg lj?c}sf]ult]lwdf s]s]ug{; lsG < egL.^ ^ hgfsf]% ; dḥ agf0{ 5nkm u/fpg].
- 5nkmsf lgisiff0{°nlk rf6df ptfg{nufpg].
- pQm5nkmsf]abfnf0{; HkIs/Of ub}tof/ ul/Psf]:nf08 k|tt u/LJofVof ug{.

मूल्यांकन

- cG0df kg:d{Of u/fpg nufpg].

समस्या समाधानका लागि व्यक्ति, समुदाय, नागरिक समाज, ट्रेड यूनियन तथा राज्यको भूमिका

dfgj aḥlavg Pp6f uDeL/ dfgj lo ; d:of ePsfh]o; sf]; dfwfgsf]nflu ; j klifo ; mltf ; xofh / eldsf /xG . ; ah]cf-cf'gf]klifsf]eldsf lgmj fykj \$ lgj fx u/\$f]cj:yfdf dlysf rgf]lsf ; fdgf ug}; lG .

व्यक्तिको भूमिका

- ; ḥgxf; klt ug{/ c;nf0{kg ; lrt u/fpg]
- dfgj aḥlavg; DaGwL36gf ePsf]yxf ePdf t/Gt ph/Lug]
- dfgj aḥlavgsf]lj?4df sfd ug}; ḥyfx; ü ; lks]lj:tf/ ug]
- 3/ kl/jf/df 5nkm rnfp]
- dfgj aḥlavg lj?4sf]cleofgx; df ; xefuLxg]
- kll8t JolQmf0{lgmj fy{kj \$; xofh ug]

समुदाय तथा नागरिक समाजको भूमिका

- kḥf/ k;f/ ug]
- sfo{t ; ḥyfx; ü ldn] sfoḥmf]agfpg]
- hgrḥgf cleofg ; ḥfng ug]
- bjfa ; dḥ agfpg]
- cg'; Gwg tyf vfh u/Lklj;hg k\$zfg ug]
- kll8tx;nf0{p4f/ ug]/ kg:yfkgfsf]nflu kxn ug]
- kll8tnf0{; dfhdf kg:yfkgfsf nflu ; dfhdf ; xh j ftj /0fsf]nflu kxn ug]

राज्यको भूमिका

- dxf; lGwx;df ePsf Joj:yfx;sf]Joj xf/df sfoḥg og ug]
- sfgg sfoḥg og ug]
- ; fdlhs lj eḥnf0{sd ug\$]nflu /0glts ofhgfsf]thḥf ug]
- sfggx;sf]; d; fdlos ; zfwg u/LJofj xl/s agfpg]
- dfgj aḥlavgsf]lj?4 Ifqlo tyf cG//fi6e sfoḥmf]agfpg]
- dfgj aḥlavg lj?4sf sfoḥmx;df u}; /sf/L; ḥyfx; ü ; dG o ug]
- kll8tx;nf0{p4f/ ug]/ kg:yfkgfsf]nflu kxn ug]
- lbuf]cily\$ pkfhgsf ; efgfsf]vfhL/ Joj:yfkg
- lj Bdfg aGsf]cGto u/L/hgllts :yflo]sf]Joj:yf ug]
- ck/fwlnf0{s8f sf/jfxLug]

ट्रेड यूनियनको भूमिका

- 6\$ olgog cfḥfhgnf0{; fdlhs, /fhgllts cfḥfhgsf]cfofd yk ; fdlhs sl/]tsf]lj?4 sfoḥm ; ḥfng ug]
- ; dfhdf khg]lj s]t lj ; ultsf]af/ḥf cfd dnb/ alrdf ; rḥ u/fpg]
- zḥfs ultlj lw dknḥ dfgj aḥlavgsf lj leG klfsf]af/ḥf ; rḥ u/fpg cleofg ; ḥfng ug]
- dfgj aḥlavgsf lj?4 xg]lj leG ultlj lwdf cfd ; b:onf0{; xefuLu/fpg kḥḥg ug]
- sfgg thḥsf nflu k/fdz{bg]/ sfoḥg ogf nflu bj fj ; ḥgf ug]
- cG//fi6e Ifqdf nlj^a ug]/ bj fj ; ḥgf ug]

विषय प्रस्तुति सत्र

30

विषय

Pr cf0{le P8\

उद्देश्य

- ; xefulx₂n]Pr cf0{le÷P8\sf]af/df hfG5g\ atfpg ; Sg5g\
- ; xefulx₂ Pr cf0{le÷P8\af6 ; /Ift xg k0Tg ug5g\

क्रियाकलाप

- ; xefulx₂nf0{Pr cf0{le÷P8\sf]sf]; fdlxs k7g ug[/ 5nkm u/fpg].
- 5nkmsf lgisiff0{°nlk rf6df ptfg[.
- pQm5nkmsf]abfnf0{; HkLs/Of ub}tof/ ul/Psf]:nf08 k|tt u/LJofVof ug[.

मूल्यांकन

- cG0df kg:d{Of u/fpg nufpg].

एचआईभी/एड्स

अवधारणा

P8\ ckrhf sg}/fih xfg . ha xfdInfo{PrcoLeG]efo/; n]cfqrdOf u5{xfdLP8\af6 ul; t xg ; S5fj of]efo/; Ps JolQmf6 csfJolQmf ; g{; S5 . t/ PrcoLePsf ; a}JolQmf0{P8\ ePsf]rflx"xbg . ha PrcoLeLgfdsl]efo/; n]xidf]z/Ldf cfqrdOf u5{o; n]xidf]/fih; ü n8g] Ifdtfnfo{gi6 ub}hfG . kl/Ofd:j k xfdInfo{?3f v\$Lh:tf]ct ; fdfG /fih klg kf03fts ; flat xg ; S5 .

/ut hfr ubf{h; sf]/utdf PrcoLeLb]vG, To; nfo{PrcoLeLk]hl6e elgG . PrcoLeLePsf] JolQmf0{P8\ xg]; efjgf xG / of]/fih nfu; skl5 sg}klg pkrf/ ; ej 5g . To; h]of]/fih nfg] glbg'g}j l4dfgLxG .

एचआईभी एड्स विश्वव्यापी तस्वीर

; g\@) @ sf]cGto; Dddf !% b]v @ \$ jif{ Ddsf ojfx ; ! s/f\$ @ nfv, afnsx ; #) nfv ; d; u/LP8\ /fihaf6 kl8tx ; sf]hDdf ; ^Vof \$ s/f\$ @ nfv ku\$fl]yof]. P8\ z ; ePb]v xfn; Ddsf tYofI xhf{P8\ kl8tx ; sf]cfwf ; ^Vof dlxn / afnsfx ; sf]/x\$fl]kfOPsf]5 . ; g\@) @ df dfq P8\af6 @% nfv jo:s / ^ nfv !) xhf/ afnafnsfx ; d/].

PrcoLeLe]gg]P8\sf]efo/; n]ljzif u/Lxidf]dl:tis, d6' lduff / /fih; ü n8g]z/L/s Ifdtfd cfqrdOf u5{xidf]z/Lsf]/fih lg/f]vs kOfnLjzif sfzx ; af/f lgld{ xG, hg sfzx ; n]xidf]z/Lnfo{ 00kfz xgaf6 / cG sfzx ; sf]gi6 xgaf6 arfp5 . t/ P8\sf]lhj f0h]l; w]ltg]sfzx ; d]fy cfqrdOf u5{/ /fih lg/f]vs Ifdtf g}gi6 u5{. PrcoLeaf6 ; qrdt JolQm ; nfo{P8\ nfu\$fl]P8\ /fih]sf]bh]df /fvG . ; a}PrcoLeL; qrdtx ; /fihaf6 plQs}kl8t xGg'eG]5g . sltko PrcoLe ePsf JolQm ; klg x[6ki6 / hf]vd dQmxg ; S5g\ xidf]z/Ldf kl]t ju{ldnld6/ @) eGf a9L /fih lg/f]vs sfzx ; /xGh; Dd pQmJolQmf0{cG /fih ; af6 vt/f xbg .

एड्सको भाइरस सने तरिका

PrcoLe k]hl6e ePsf]JolQm ü c ; /Ift ofg ; Dks{/fvgn] PrcoLeLk]hl6e ePsf]/ut lngfn]j f sg}cEx ; kTof/fkOf ugfh] PrcoLe k]hl6e ePsf]JolQm]kofu u/\$f] ; 0 kofu ugfh] c ; /Ift tj/n]60af6"-z/Ldf gSzf agfpg]sfd_ agfpgfn] ue]tLdlxnfd PrcoLe k]hl6e ePdf ue\$fl]zzdf ; g{; S5 . hlGd; skl5 klg bW r':bf ; g{; S5 .

के गर्दा भाइरस सने ?

- ; ü}vfgf vbf / Pp6}ef8f]kofu ubf{
- rDag ubf{
- cIdfn ubf{
- nfv\$]h]6f\$bf

- Prctf0e ePsf]JolQmú sfd ubf{
- Ps}7fpđf lbzf lk; fa ubf{/ xft dv wbf
- b36gfd k{/sf]JolQmf0{d2t ubf{

एचआईभि/एड्स र यौनजन्य रोगहरूबाट बच्नका लागि तपाईंले के गर्नुपर्छ ?

- Pshgf; ü dfq ofg ; Dks{/fvxf] \
- ofg ; Dks{/fvbf s8dsf]køfi ugxf] \
- Prctf0eLkflhl6e ePsf]/ut køfi gugxf] \
- Prctf0eLkflhl6e ePsf]cÈ kTof/fkOf gugxf] \
- l8:knhan jf lgdks[ul/Psf]; O{dfq køfi ugxf] \

AIDS = Acquired Immune Deficiency Syndrome
 HIV = Human Immunodeficiency Virus

विषय प्रस्तुति सत्र

३१

विषय

; d:ofsf]kēfj sf/L; dfwfg

उद्देश्य

; d:of ; dfwfgsf pkfosf]af/df hfG\$g\ atfpg ; Sg\$g\

क्रियाकलाप

- ; xefuX;nf0{dfgj a;lavgssf]; d:of ; dfwfgsf pkfox; s]s]xg ; S5 egLkZg ug{
- 5nkmdf cfPsf lgisiff0{°nlk rf6df ptfg{nufpg}.
- pQm5nkmsf]abfnf0{; HkIs/Of ub}tof/ ul/Psf]:nf08 k|tt u/LJofVof ug{.

मूल्यांकन

cGtdf kg:d{Of u/fpg nufpg}.

मानव बेचबिखन नियन्त्रणका लागि आवश्यक उपायहरू

dfgj aṛlavg lgoGṀf tyf /fṣyfdsf nflu lj leGg pkfoxṀsf]cj nDj g ug{kḡ{xG . o; sf lj leGg klfxṀ /xṣf 5g\ of]; d:of ; dfwḡsf]nflu ; fdfhs ; dfwḡsf]kIf, sfggL; dfwḡsf]kIf, dfgj clwsf/ ; AfṀsf]kIf, cflyṣ lj sf; ; ü ; DalGwt kIf, :jf:Yo ; lj wf pkrf/ / /fxtsf]kIf, n^aus ; dfgtfsf]kIf / ; /Iift a; f0-; /fṀsf]kIfnf0{lj rf/ kṀofpg' kbṣ . ; fṀLadffhdsf]ofhgfsf]thḡf sfofḡ og / cgudg dNṀfsgsf]JoJ :yf ug{kḡ .

dfly pNḡvt klfxṀsf]af/ḡf lgDg adffhd ug{kḡ{xG M

सामाजिक समाधानको पक्ष

dfgj aṛlavg tyf cf] f/ k; f/ Pp6f ; fdfhs ck/fw ePsfh]o; sf]; dfwḡsf]nflu ; fdfhs lx; fan] ; ḡrg'h?/LxG . ; dfhdf lj Bdfg lj s[.t, ; a)kṣf/sf lj eḡsf]cGṀ ugṣf]nflu /Ofḡltsf]thḡf ug{kḡṣ . ?9lj fbL; ṣf/sf]cGṀ ub}; dGṭ ; dfh lgdfṀsf nflu ; xeflutfdhs JoJ:yfksṀ sfogḡltsf]thḡf ug{kḡṣ . ; fdfhs Ifḡdf lqmzfLn ; 3; ṣyfsf]lfdtf clej 4, pglxṀ; üsf]; xsfo{ / ; dGṀosf]sdfdf /fhn]/Ofḡlts 9un]JoJ:yt ug{kḡṣ . ; fdfhs hfU/Of, kḡjL sfo{; ~hnsf] :yfkḡf / ; fdfhs kl/rfng, pcf/ / kḡ; fdfhsIs/Ofsf]kIfdf ultljw ; ṣfngsf nflu gllt thḡf ug{kḡṣ .

कानुनी समाधानको पक्ष

dfgj aṛlavg tyf cf] f/ k; f/ Pp6f u} sfggL ck/fw ePsfh]o; sf]; dfwḡsf]nflu sfggLkIf dxḡ kṀ{xG . sfggLkIfdf bṣsf]lj Bdfg sfgg, To; n]; dḡṣf]Ifḡ, gof'sfgḡsf]cf]Zostf / sfofḡ ogf]kIfdf Wḡg kṀofpg'h?/L5 . sltko cj:yfdf lj Bdfg sfggdf koḡḡ JoJ:yf xḃxḃ} kḡ sfofḡ ogf]txdf lknf]ePsf]cj:yfdf gof'sfgḡsf]cḡrTo g/xg]xG . To; ḡ]gof'sfgḡsf] thḡf eḀf kḡ sfgg sfofḡ ogdf /xṣf lj lj wtsf]vḡLh?/LxG . sfggLkIfdf gllt, cg; Gwḡ tyf ; ṣyut ; ḡnsf]cfw/df sfgg lgdfṀ / sfofḡ ogf]kIfdf Wḡg kṀofḡ' kbṣ .

मानव अधिकार संरक्षणको पक्ष

; dfhdf kṛnt lj leGg kṣf/df lxṣfxṀdW]dfgj aṛlavg Ps h3Ḁ lxṣf xf]. lxṣfn]kḡ8t JolQḡsf] dfgj clwsf/ tyf :jtḡtfsf]xssf]pN^a3g ubṣ . cf] f/k; f/ tyf aṛlavgdf k/ṣf, pcf/ ul/Psf, kḡ:yfkḡf ul/Psf / ; dfhdf :yfkḡ ePsf JolQḡsf]dfgj clwsf/sf]/Iff ug[u/L/Ofḡlts pkfo cj nDj g ug{kḡṣ . o; df lj zḡf u/LaḡrPsf JolQmck/fwLxfḡgg,\s]n c; / kḡ{kIf dfq xḡ\eḡ] s/fnf0{lj rf/ u/] aḡrPsf JolQmṀsf]dfgj clwsf/sf]kṀf; /Iff ugṣf]nflu dfgj clwsf/sf Ḁḡtd dfkb08nf0{dWgh/ u/Lofhg thḡf ug{kḡṣ . ofhg lgdfṀ ubf{lj eḡ lj?4sf]clwsf/, ; /Iff tyf plrt JoJxf/sf]clwsf/, Ḁodf kxṣf]clwsf/, Iftkḡṣf]clwsf/, a; fṀsf]:yltsf]clwsf/, :jf:Yo tyf cḀ ; jfxṀsf]clwsf/, pcf/sf]clwsf/, jbz knḡḡ]clwsf/ h:tf cḀ//li6Ḁ dfḀtf kḡḡ clwsf/sf]; AfṀf tyf ; Dj 4ḡsf]lgldt /Ofḡlts lx; fan]ofhg thḡf ug{kḡṣ .

आर्थिक विकाससँग सम्बन्धित पक्ष

dfgj aḥlavgsf ljleG sf/Ofx; dW]dxG kOf{sf/Of cly\$ cej xf]. t; y{cly\$ cj:yfsf]; b9Is/Of lagf of]; d:ofsf]; dfwg ug{; lsbḡ . o; sf nflu cfo cfhg / /fhuf/L; ḡgf ug{vfnf /Oflltsf] cjndj g ug{kḡ . Ifdtf lj sf; sf]sfo{gllt cjndj g u/LpkoQm; ḡfut Joj:yf, sfo{kOfnL, hgziQmtyf ; fwg ; ftsf]Joj:yfsf]lj sf; ug{sfogllt thḡf ug{kḡ . cly\$ cfldge{tsf nflu lj sf; fids kxndf hf\$ lbg] nllft ; dxsf JolQm; sf]Ifdtf lj sf; ug{ofhgfsf]kltkmdf czQm / c; xfo ju\$ JolQm; kxḡ a9fpg lj zif sfoḡnd ; ~rfng ug{kltkmsf]lj t/Of ; dtfdhs tNofpg] ; j/fhuf/Isf nflu Joj; flos tyf ; lkdhs klzIfOf, Joj; fo ; ~rfngsf nflu cfw/et ; xofh tyf ; dG o h:tf s/fx; sf]Vofn sfoḡnd; sf]thḡfdf ug{kḡ .

आधारभूत स्वास्थ्य उपचार, सहयोग र राहतको पक्ष

of]kIf klg dfgj aḥlavgsf]hḡvd sd ug\$]nflu clt cfjZos ljifo xf]. dfgj aḥlavgaḡ kl8t JolQm; j:f:Yo l:ylt cTbG sdhf], PrcfOf; P8\ nufot cḡ sltko ; ḡfids /fhaf6 ul; t, cḡ sltko :j:f:Yo ; DaGwL; d:ofsf sf/Ofn]pglx; sf]; fdlhsL/Ofdf ; dt kefj kfg{; Sb5, t; y{o:tf vfnf ; d:ofsf]nflu kl8tsf]:j:f:Yo pkrf/sf]Joj:yf, ; ḡfids /fhaf6 kl8tsf]nflu cfj; / ; xofh, tyf cḡ k\$ /sf hOf{/fh]sf]nflu pkrf/ /xt cfb lj ifodf ofhgf lgdfOf ul/g' kbḡ .

लैङ्गिक समानताको पक्ष

lj zif u/Ldfgj aḥlavgsf]dxG kOf{sf/Ofsf] ; kdf nḡas c; dfgtf klg xfeG]s/f kdfloft e0 ; s\$]5 . lnḡlo ljeḡsf]cfw/df xg]u/\$]cj; / / kxḡdf /x\$]c; dfgtfnfOf{cḡo ug{vfnf /Ofglltsf]thḡf ul/g' kbḡ . dlxnfnfOf; DklQ dly ; dfg clwsf/ lbḡ]vfnf]ofhgf thḡf ug{ ; fdlhs ljs]tsf sf/Ofn]NofPsf]lnḡlo ljeḡsf]b/InfOfsd ug{kḡTg ug{cfb /Ofgllt thḡf ug{kḡ .

वैदेशिक रोजगारी र सुरक्षित बसाइ-सराइको पक्ष

dfgj aḥlavgd dxG kOf{sf/Ofsf] ; kdf a; fOf; /fO klg ePsfh]o; sf]; xLJoj:yfkg h?/L5 . lj Bdfg cj:yfsf]Ifḡlo c; Gḡg Pj +cj; /sf]cejnfnOf{cḡo ug{a; fO ; /fO lgoGOfsf]cfw/ xf]. o; nfOf{cfw/ df] lj sf; sf kḡf/f/nfOf{ufdOf hgtfsf]kxḡ; Dd kḡfpgsf]nflu /Ofgllts ofhgfs] thḡf h?/L/xḡ . csffkn]lj Bdfg aḡasf sf/Ofn]klg dfg; lj:yfkt e0/x\$]h]o; sf]bl3\$fnlg ; dfwg tkḡsbdrfḡ' cfjZos kbḡ . of]sfo\$]nflu dxG kOf{eldsf /fhbsf]/xḡ . jḡzs /fhuf/Idf bḡvPsf lj Bdfg ljs]tnfOf{cḡo ug\$]nflu cfjZos pkfosf]cjndj g h?/L5 . gkn >d lgoff ug{dhḡsdW\$]Pp6f dVo dhḡsf] ; kdf /x\$]5 . oxḡḡḡ hfg]>d zlQm; plrt Joj:yfkg, pglx; sf]dḡns clwsf/sf]lbf/06L, sfd cg' f/sf]Hbnfsf]Joj:yf, lj bḡdf xg]; a)k\$ /sf] >d zifOfsf]nflu cfjZos glltsf]thḡf ul/g' kbḡ . jḡzs /fhuf/Idf xg]bḡLlj bḡL; a)k\$ /sf] 7ulsf]cḡo ul/g' kbḡ . pglx; n]lj bḡdf uOf{cfhg u/\$] /sdnfOf{j bḡdf ; /n / ; /lft lx; fan] kḡfpg cfjZos Joj:yf ug{h?/L/x\$]5 .

समस्याको प्रभावकारी समाधानका लागि आवश्यक तत्त्व

dlxnf tyf afnafnsfs]cf] f/ k; f/ tyf aṛlavg lgoḠof tyf /f\$yfdsf]nflu ul/g]ultlj lwnf0{
glthfdh's tyf u0fflds sf0fḠogsf nflu lgDg s'/fs]cf]Zostf kb5 .

- /fhgllts klṭa4tf / ; xofḥ
- Ḡflos / sfgḠL; xofḥ
- ; jf ; DaḠLa8fkq
- ; fwg ; fṭsf]koffṭtf
- kṛf; slo Ifdtf
- ; Ifd / OdifḠf/ sdṭf/L
- gful/s ; dhhsf]; xeflutf
- kḠfj sf/L; dḠo Joj :yf
- ; xeflutfdhs cgudg Joj :yf
- kḠf; fxgsf]Joj :yf
- ; xofḥfflds tyf ; sf/fflds kl/kfngf
- cg'; ḠwḠ / lj sf;

विषय प्रस्तुति सत्र

३१

विषय

; d:ofsf]; dfwfgsf nflu tTsfng / bI3\$fnlg /Ofgllt

उद्देश्य

; d:ofsf]; dfwfgsf nflu tTsfng / bI3\$fnlg /Ofgllt sf]j f/df hfG\$g\ atfpg ; Sg\$g\

क्रियाकलाप

- ; xefulx₂nf0{dfgj a}lavgsf]; d:of ; dfwfgsf tTsfng / lb3\$fnlg /Ofglltx₂ s]s]xg ; S5 egL ; dx sfo{u/fpg}.
- 5nkmdf cfPsf lgisiff0{°nlk rf6df ptfg{nufpg}.
- pQm5nkmsf]abfnf0{; HkLs/Of ub}tof/ ul/Psf]:nf08 k}tt u/LJofVof ug{.

मूल्यांकन

cGto df kg:d{Of u/fpg nufpg}.

समस्याको समाधानका लागि तत्कालीन र दीर्घकालीन रणनीति

-klzIfs klzIf0f sfoqmdf 5nkmj f6 cfPsf]lgisif\$]cfw/df pNhy ul/Psf]

तत्कालीन

- :yfglo :t/df tlnnd ; #fng ug|/ bIf sfo\$tr{tof/ ug|
- 3/kl/jf/ / 5/15d\$df 5nkm rnfpj
- of]; fdllhs ck/fw xf]egLJofks 2kdf krf/ k; f/ ug|
- oftfoftsf ; fwgx2df dfgj a1lavg lj?4 ; Gzdhs sf\$] g 6f:g]
- dfgj a1lavgsf lj?4 Jofks hgrtgfsf]clej [4 u/f0{o; sf]lj?4 nfg kl|ta4tf hgfpj\$] ; Vofdf lj :tf/ ug|
- a; kfsdf dfgj a1lavgsf lj?4 ; fjwfgL:j 2k ; r1 u/fpg]
- lnPsf]tlnndsf]af/df Jofks cgej cfbgkbf]g ug|
- of]lj ifodf Jofks cGt/lqm cleofg ug|

दीर्घकालीन

- 6\$ olgog cfGfngsf]2kdf dfgj a1lavgnf0{ln0{cleofg ; #fng ug|
- hgrtgf hufpb}hfg]vfnsf sfoqmdx2 ug|
- cGt/ ; u7g dfgj a1lavg lj?4sf]af/df ax; ; #fng ug|
- ; Gzdhs ; fdu,l,gdf0f u/Lkrf/k; f/ ug|
- ; /f\$]j fnf; u ul/g]; xsfohf0{lg/Gt/tf lbg]
- dfgj a1lavg lj?4sf kf7dqmd tof/ u/Lolgog dfkrf klzIf0f ; #fng ug|
- lbuf]tyf ; lqm cleofgstf{tof/ ug|

मानव बेचबिखन सम्बन्धि केही उदाहरणहरू

17 girls rescued from Indian circus

The Nepal Child Welfare Forum (NCWF) on Saturday brought 17 girls rescued from Haryana-based circuses in India to Hetauda.

The girls had been forced to work for the Great India Circus and the Empire Circus, reports quoted NCWF as saying.

The rescued girls have been lodged at the NCWF's Circus Rehabilitation Project house.

Among those rescued, eight girls had been working for the Great Indian Circus and nine for the Empire Circus. The guardians of the girls had earlier forwarded an application to the NCWF asking it to take initiatives to rescue their daughters.

All rescued girls are between the ages of 5 and 14 years. The girls were out of contact with their families while in India. nepalnews.com pb Jan 22 06

Four children rescued in India- brief

Indian police has rescued four Nepalese children subjected to torture in India and brought them back to Nepal.

The children had gone to Mumbai in search of work where they found work in a garment factory, the state run Gorkhapatra daily reported.

The children rescued from India are Nasibul Nadakh of Dhanusha district, Mohammad Rasid Ansari of Mahottari, Ram Singh Chaudhary of Kapilbastu and Bishnu Subedi of Syangja; all of them are 12 years old.

The rescued children complained that their employer neither gave them proper food and clothes nor their salary, instead subjected them to torture.

They said that two years back they went to Mumbai in search of work because of the weak economic condition of their families.

Indian police handed over the children to Nepalese police on Wednesday. Initially, the police had kept them in the temporary rehabilitation centre of ABC Nepal in Bhairahawa.

The police handed over Ram Singh Chaudhary of Kapilbastu to his guardians on Wednesday and preparations are underway to hand over the rest of the children, ABC Nepal stated. nepalnews.com pb Dec 30 05

छलफलका लागि केही तथ्यगत घटनाहरू

छक्कलीको कथा

5SsnLdsjfgk/sLaf; (bf xg\ pgsf cdfafah) pgsf]lj j fx !@ jif\$]pd]/df /fd axfb/; ü ul/lbPsf lyP . Toltv] 5SsnIn]g t To]lj j fxsf]lj /fv g] u/\$L ly0g\g t ; dyf . 5SsnIn]3/ klj f/sf] ; xof]df c°g}ufp\$]:shaf6 :shsf]k9f0 l; WfPsl ly0g\

!^ jif\$]pd]/df 5SsnIsf]kxnf]aRrf hlGdof]. !* jif{kUf gkfb}pgsf]bf] f]aRrf hlGdof]. /fd axfb/nf0{klg v}s]ePsf]xf< /f]fb}uof]. b0{jif kl5 p; sf]dTo' eof]. 5SsnIn]; fg]ltgf]sfd u/] eP klg aRrf xsfpg sfzz u/\$Lly0g\ pgLsdfs] vf]hdf klg ly0g\

olQsdf pgsf]dgdfof; ü e\$ eof]. dgdfofn] pgsf]bM ; vs]af/df s/f u/k15 ckm ü sfkg/ hfg]k|tfj /fv g\ dgdfofn]5SsnInf0{Toxf"uP/ b}Jofk/ ug{k5{ ckm]ufxs; ü sdfPsf]dW]!) kl; t sf]lj fnInf0{a' fpg' k5{eG]s/fx: :ki6 /fv g\ 5SsnIn]of]af/df w}; f'kl5 pgL/fhLe0g\ 5SsnLdgdfof; ü;sfkg/ u0g\ sfkg/df 5SsnIn] sxf"sfd ug]sg sf]lj fnIsf]df sfd ug]; a}lgOf ckm]ul/g\ c°gf]:j f:Yos]af/df klg pgnf0{kOf hfgs/L5 . c°gf]/df]:ofx/ ug{hfg\$LL5g\ Toxf" rf/ jif{sfd u/] 5SsnLkxf] dfq}3/ kbsg\ 3/ kbs] ckm]NofPsf]k} fn]Pp6f ; fg]3/ agf0g\ b0{ j6f h; kuf0{lslgg\ clxn]pgLbw aR5g\ bw a}sf]cf]bfglaf6 pgn]c°gf b06f aRrf xsf0/x\$L l5g\

छलफलका लागि प्रश्नहरू

- of]36gf a}lavg÷cf] f/k; f/ xf]ls xf0g <
- of]36gdf a}lavg÷ cf] f/k; f/ ug]bnfn 5 ls 5g <
- of]36gdf 5SsnIsf]sgsg clwsf/x: xgg ePsf 5g <
- o:tf vfnsf 36gfsf]; dfwg s; /Lug{; lsG <

मनमायाको कथा

dgdfof g] fsf\$SLafl; (bf xg\ pgL!& j if\$Le0g\ kxf] ; fn g/|eG]pgs}ufp\$]Pshgf s\$ afx/lt/ sfd u/] kbs]. afx/af6 sfd u/] s\$Lk} f klg lnP/ cPsf /x\$g\ 3/j f/ klg cfp]lj lQs} hf\$]. g/|dgdfofsf]cdf afaf; ü lj j fx ug]k|tfj /fv]. b0{k} f sdfPsf]/ ufps}s\$ eg] cdf afah] dgdfofnf0{g/| ü lj j fx ul/lbP . s\$L dxgf kl5 g/|dgdfof; ü afx/ 3Dg hfg]k|tfj /Vof]. dgdfof vZLxb}>ldfg; ü 3Dg u0g\

g/|dgdfofnf0{nvpg k}of]. Toxf"d]f ; fyL: eg] g/|dgdfofnf0{b0{hgf dxnf clg Ps hgf k?if; ü lrghg klg u/fof]. To; sf]efnkN6 tL; a; fyL: ü dgdfof / g/|klg aDa}3Dg hfg] eg] uP . aDa}ku kl5 ; a}hgf Pp6f xfn]df af; a;]. efnkN6 laxfg tL nvga6 cPsf dxnf ; fyL; ü dgdfofnf0{a; , xdf]s\$Lsfd 5, xfdLPs l5gdf cfp5}egL tLs\$; fyL; ü g/|afx/ 3Dg lx8of]. ; f' ; Dd klg ltg: kbsg\ /ft k/k15 Pp6f 6af; ldf tLb0{hgf dxnf ; fyIn]dgdfofnf0{ g/|kfg u/\$f]lyof]. csf]; fyLsxf"a; \$f 5g\] hfp"eg] lnP/ uP . To; /L nu] tL b0{dxnfn] dgdfofnf0{sf]ldf k}P . dgdfof w}]/f0g\s/f0g\ t/ pgsf]s\$L; lk nfu. pgLhah{tLb}Jofk/ ug{ afW kl/g\

छलफलका लागि प्रश्नहरू

- of]36gf a}lavg÷cf] f/k; f/ xf]ls xf0g <
- of]36gdf a}lavg÷ cf] f/k; f/ ug]bnfn 5 ls 5g <
- of]36gdf dgdfofsf]sgsg clwsf/x: xgg ePsf 5g <
- o:tf vfnsf 36gfsf]; dfwg s; /Lug{; lsG <

छलफलका लागि केही तथ्यगत घटनाहरू

हलिलको कथा

cf7 jifsf xlnn hnZj/ glhs}wdf/f ulj ; sf
af; Gf xg\ pgnf0{kff} ; fn cf°g}ufpšf]sfsf
kgf]c; #) hgf aRrf; ü ; f/ldf h/la\$ eg{sfd
ug\$ nflu dDj 0{lnP/ uP . o; /LlnP/ hfbf pgn]
xlncsf]cdf afahf0{=?=#) .- ef? klg lbPsf lyP .

xlnn; ü pgsf]; a)#) hgf ; fyIx;nf0{tL
sfsfn]dDj 0{lzjuh If]sf]Pp6f cWf/f]3/leq nu].
Tof]3/df a:g]Ps hgf dfg; ; ü pgn]tLs\$fx;sf]
af/df s/fsfgLu/. o; /L#) hgf aRrf NofP jkt
pgn]dDj 0{df]df; af6 ? #).)) .- klg lnP .

xlnn cf°gf ; fyIx; ; ü laxfg ^ ah]v /ftL
!! ah] Dd ; f/ldf h/L eg{sfd uy]. kln]tlg
dlxgf; Dd t tfind eg] pglx;nf0{k} f klg lbPgg\
vfg vfg eg]lbGof]. Pp6f sf]df; a)#) hgf ; Ty]
afx/ st}3Dg kfpbgy].

tlg dlxgf kl5 pglx;nf0{dlxgfsf]? %).-
lbgyfnof]. /sd pglx;sf cdf afax'xf'tg}sfsf
eGh]kYofpg]ubv]. o; /Lxlnc]Ps jif{ Dd Toxf"
sfd u/] lj :tf/}xlnc]cfvf bVg 5f8]. kl5Nnf]5
dlxgf]v t pglx;Lklg bVgg\ To; h]pgL 3/
kns]. cdfafah]glhs}sf]c:ktfndf pgnf0{hrfpg
nu]t/ ca pgsf]cfvf ; wsf]nflu aG e0; s\$]f]
lyof].

छलफलका लागि प्रश्नहरू :

- of]36gf a}lavg÷ cf] f/k; f/ xfl]s xffg <
- obLof]36gf a}lavg÷ cf] f/k; f/ xfl]eg]o;
36gfsf bnfxx; sf]sf]xg <
- of]36gdf xlncsf]sgsg clwsf/x; xgg ePsf
5g <
- o:tf vnsf 36gfsf]; dfwg s; /Lug{; lsG <

कलावतीको कथा

snfj tLdf]a}sf]pnf]f/Lulj ; sLdxnf xg\
pgL clxn]@ aif\$Le0g\ pgsf % hgf bfhf0
lbbalxglx; 5g\ cdf PSnh]; a}aRrf kfNg' k/\$f]
xbf 3/df lgs}bM lyof]. snfj tL 3/sLh7L 5f]L
ePslxbf pgnf0{bM kfPsf]f; fx}kL/ kbYof].

pgsf ufpsf rf/ hgf s\$lx; sdfpgsf nflu
lbNnLuPsf]pgnf0{yxf lyof]. tldW]; fg\$G5Lk/f/
; fn 3/ kns\$]f]yxf xgf; fy snfj tL pgsf]3/df
klug\ pgl; ü s/f u/] pgn]cfkthklg ; fg\$G5L; ü
lbNnL hgf]OR5f hfx] ul/g\ ; fg\$G5In]pgnf0{
; xof] ug]/ lbNnLnu] csf\$]3/df sfd nuf0bg]
To; sf]jkt pgn]?=!%) .- dlxgf lbnf0bg]k]ta4tf
hfx] ul/g\ snfj tL 3/df cdf, ef0, alxg; ü ; Nfx
u/] ; fg\$G5L; ü}lbNnLu0g\
lbNnLku]k5 ; fg\$G5In]pgnf0{cf°gf]sfd ug]
7fpdf nlug,\ftL; ü;a;]. efnkN6 kf]snfj tlnf0{
yxf eof]Tof]t b}Jokf/ ug]sf]7L/x\$. ; fg\$G5In]
pgnf0{Toxf"nu]jkt 3/jfn; ü ?=@).)) .- lnPsl
/xl5g\ of]s/f yxf kfPk5 snfj tL 5fufaf6 v;]
e0g\ /ffg\ s/ffg\ efg]kof]g ul/g\ t/ ; lsgg\
afW eP/ b}Jokf/ ug]{yflng\ clxn]pgn]b}Jokf/
ug]{yfn\$]@ jif{eof]. gkfnaf6 uPsf]s}L; :yfsf
JolQm; pgsf]sfd ug]ynf]f ku\$g\ w]a] bMsf]
s/f u/]k5 pglx;n]snfj tlnf0{gkfn kns\$ rfx]
; 3fpg]atfP . snfj tln]elgg\d kln]kns\$ rfxG]
t/ clxn]rfx]G, lsgg]ca s}Lk} f sdfP/ dfq}3/
kns\$]lj rf/ 5 . To; kl5 d ; fg]Jokf/ u5{. Tof]
Jokf/n]d]f ef0 afxgLkn5'. gxg'e0xfNf]ca d
oxLsdfdf ; Gt6 5'.

छलफलका लागि केही प्रश्नहरू

- of]36gf a}lavg÷ cf] f/k; f/sf]xfl]s xffg <
- o; df bnf sf]x]f<
- snfj tlnf0{s]ug]kb5 <
- snfj tLsf clwsf/x; s]s:tf xg ; Sb5g\ pgsf]
clwsf/x; s; /Lxgg eof]f<
- tLclwsf/x;sf]; Af]f s; /Lug{; lsG <

छलफलका लागि केही तथ्यगत घटनाहरू

कृष्णकुमारीको कथा

s{0fsdf/L@S jiflf dxnf xg\ pgn]c^ogf]3/
kl/jf/; ü ; Nfx u/] stf/df sfd ug{hfg]lgwf]ul/g\
/fd axfb/n]pgnf0{of]sdddf; 3fpg]jfrf u/./fd axfb/n]
pgnf0{Pp6f sLkgLdfknf Toxf'nu/ sfd lbnfp5' eg].
o; sf nflu pgnf0{Ps nfv çkøf-nf]g]; dt /fd axfb/n]
atfP . s{0f sdf/ln]c^ogf]Ps 6qñ38/Lklg alrg\ pgsf]
cdfsf]k]fkt ; a}laqm u/Lgkú\$]k} f C0f vfhL! nfv
çkøf kYoP/ /fd axfb/nf0{a' f0g\ /fd axfbh]pgsf]
kf; k{le; f ; a}yfsf]Jo:yf u/]. s{0f sdf/Lcç sXL
; fyLç; ü stf/ klug\ Toxf'pgL nufot pgsf ; a}
; fyLçs]kf; k{Po/k{d}v}s\$]ug{kbs eg] sLkgs]
dflg; x"egLPs hgfn]lnof]. pglxç ; ahf0{nu/ Pp6f
xifndf /flvof].

e]hkN6 pgnf0{Pp6f 3/df nu/ /flvof]. pgn]ToxL
3/df sfd ug{kgs]f/ atf0of]. To]sLkgs]eG]dfGh]
pgnf0{pgsf]kf; k{k]kg lbPg, 3/ kmg]l6s6 klg cfm]ü
lnP/ uof].

pgn]sfd ug{3/ dflnsn]s{0f sdf/lnf0{pgn]
eg\$]gdgdf kln; nf0{ahfP/ a' f0bg]/ kln; n]pgnf0{
t?G 3/ kmf0 lbgs eG]wdsLaf/Daf/ lbg]uy]. 3/af/L
af] cPsf]s/0f tolt eP klg k} f gsdf0{s; /L3/ kmg]
eG]pgnf0{; fx]rGf lyof]. pglTo]3/df laxfg \$ ah]v
/ftL!@! ah] Dd sfd ug{kYof]. /fd/Lvfg klg lbObgYof].
pgn]sXLlauf/g'eg]pgnf0{j]sg sl6Gof]. ^ dlxgf hlt
sfd u/k15 s{0f sdf/L; fx]la/fdLkl/g\ pglP7g a:g;
g; Sg]/ sXLsfd ug{g; Sg]e0g\ 3/dflnsnf0{; fx]l/;
p7] pgnf0{^ 306f hlt uf8ldf lnP/ uP/ af6f]f 5f]lbof].
s{0fsdf/Lp7] aNhaN lx8g yfng\ axf] gxGh; Dd
pgLx18/xg\ cGodf pglaxf] eP/ nl8g\ To; k15 pgn]
cfkmf0{kln; yfgdf kf0g\ kln; n]pgl; ü 3/ dflnssf]
/ pgnf0{Nofpg]sLkgs]f]gd ; f]t/ t/ pglclzllft ePsf]
s/0fn]pgn]sXLklg eG ; lsgg\

छलफलका लागि प्रश्नहरू

- * of]36gf a]lavg÷ cf] f/k; f/sf]xf]ls xfdg <
- * of]36gdf s{0f sdf/lnf0{ank} \$ sddf nufpgsf
nflu s]s:tf ck/fwç ul/Psf 5g<
- * of]36gdf s{0f sdf/lf]sg sg dfgj clwsf/xç xgg
ePsf 5g<
- * of]36gdf ; mlg bnf sf]xf]< s{0f sdf/lnf0{fofo
lbnfp g s]ugknf<

कृष्णाको कथा

si0ff /fçx6 lhNfsLaf; Gf xg\ pglSiff
; ftdf k9blyg\ pgsf]kl/jf/df w]}lsl; dsf bM
kl8fxç ; xg' kbYof]. pgsf]afah]/S; Lvfp/ pgsL
cdfmf0{; w}kk6g]ubYof]. pgsf b0{hgf ef0xç klg
lyP . cdf afa'bj h]s]0ff / s{0f sf ef0xç nf0{kms
kms Joj xf/ ubf]. s{0f nf0{k9fpg' k/\$f]f ; w}
lwSsfy]. pgsf]nflu k} f vr{ug{k/\$fh]ef0xç nf0{
bM eof]eG]s/f ; w}bf]f]f0Gof]. o:tf]s/f ; Gf
s{0f nf0{w]}bM nf0of].

Pslbg s{0f sf]ufp\$]f ; fyL/dç aflx/af6
cfof]. s{0f]n]c^ogf]Joyf pgnf0{atf0g\ /dçn]
s{0f nf0{k6gf nu/ Pp6f 3/df sfd nuf0lbg]jrg
lbof]. To; sf]; fy}p; n]s{0f nf0{Toxf'k9g]Jo:yf
ldnf0lbg]jrg klg lbof]. /dçn]s{0f nf0{k6gf
kYof]. p; n]s{0f nf0{Pp6f 3/df kYoP/ 5f\$]
cfof]. s{0f nf0{To]3/df kYoP jkt p; n]dflns]l6
!),))) ?køf klg lnof]. s{0f]n]s]xb\$ egL cln
cln al' g\ pgn]Toxf]af6 e]lg]s]f] ul/g't/ pgnf0{
u08fxç]ne]lg lbPgg\ To; k15 slt dlxgf; Dd To]
3/d]w]}hgfn]s{0f nf0{j n]sf/ u/]. s{0f nf0{; 0af6
nfu' kbfy{lboGof]. o; ksf/n]sXL dlxgf lat k15
s{0f nf0{Pp6f sf]ldf nu/ /flvof]. Toxf's{0f h:t}
!%-@ hgf s\$]xç /flvPsf lyP . tLs\$]xç nf0{nfu'
kbfyç lbg]ul/Gof]. pglxç nf0{Ps csf] ü s/sfgL
ug{lboGof]. ltglxç ; ahf0{kl/jf/ lgo]hgsf
c:yfoL; fwgxç kof]h ug{afW agf0Gof]. pglxç nf0{
ljleG Jo]Qmç; ü ofg ; lks{/fv agf0Gof].
sXLu/Lsf]Lue]tLe0xfn]eg]pglxç nf0{uektg
ug{nuf0Gof].

छलफलका लागि प्रश्नहरू

- * of]36gf a]lavg÷ cf] f/k; f/sf]xf]ls xfdg <
- * of]36gdf s{0f nf0{ank} \$ sddf nufpgsf nflu
s]s:tf ck/fwç ul/Psf 5g<
- * of]36gdf s{0f sf]sg sg dfgj clwsf/xç xgg
ePsf 5g<
- * of]36gdf ; mlg bnf sf]xf]< s{0f nf0{fofo
lbnfp g s]ugknf<

छलफलका लागि केही तथ्यगत घटनाहरू

संजीदाको कथा

; ह्र्स्व d]²s]pnf]f/lsLaf; (f xg\ pgsf cdf aaf ; fg]f lat\$]f lyP . pglc°gf]bf0; ü a; \$L ly0g . pgsf]bf0 l/s; f rnf]by]. ; ह्र्स्व !% jif\$]L xbf p; s]bf0n]lj]fx u]vof]. eph' 3/df c]pk]5 ; ह्र्स्व lgs}/df0g\ eph'; ü 5 dlxgf hlt /df0n} u/Lla]of]. 5 dlxgf kl5 ; ह्र्स्वLefphsLlbbLpgnf0{ e]g egLpglx]s]3/df c]0g\ ; ह्र्स्वbf0{b]y]lj]lqs} ephsLlbbLlgs}vzLe0g\ pgn]; ह्र्स्व; ü ld7f ld7f s/f ul/g\ Pj +pgn]; ह्र्स्वbf0{c]k]n]lnP/ hfg] / /fd]s]sddf lbnf0]bg]j]frf ul/g\ ; ह्र्स्वbf0 eph' b]j]h]; ह्र्स्वbf0{lnP/ hfg lbP .

; ह्र्स्वLefphsLlbb]n]; ह्र्स्वbf0{k]f]lj ; uGh k]v]0g\ Tox'pgnf0{Pp6f sf]7df ylgof]. afx/L ; #f/; ü sg]k]s]/s]; lks{/fv]g lb0Pg / kfr lb]kl5 pgnf0{cs]3/df nluof]hxf"; ह्र्स्व h:t}!@j6Ls\$]L /fv]Psf lyP . To]s]f]L]yof]. To; s]d]n]sgLeg\$]f ; ह्र्स्वLefphsLlbbL/lx]5g\ pgn]s]l]x]nf0{of]g Jofk/ u/fp]bL/lx]5g\ ; ह्र्स्व lgs}/f]0g\s/f0g\ . pgn]s]d ug{gdf]g]f]h]pgnf0{\$ lbg; Dd ef\$} /fv]of]. w]}k6s kl6of]. b0{hgf u08f h:t]df d]f; n] pgnf0{lbgdf s]f]k6s an]s]f/ u/]. ; ह्र्स्वbf0{w]} v]g ; lsgg\ afW eP/ pgn]b]x]Jofk/ ug{z] ul/g\ 8] jif]k]5 pgLs; f\$; f]Tox]f]f6 p]d]sg ; km e0g\ pgLlj/f6gu/ kln; sxf'cf0klug\ kln; n] 3/ k]v]fpg v]h]f pgL/f]0g\s/f0g\c]f]0g\ pgnf0{ c]k]n]3/ uP eg]bf0 ephh]k]f] ToxLk]v]f]p]5g\e]g] 8/ lyof].

छलफलका लागि प्रश्नहरू

- of]36gf a]lavg÷cf] f/k; f/s]x]f]ls x]0g <
- of]36gdf ; ह्र्स्वbf0{ank] \$ s]ddf nufpgsf nflu s]s:tf ck/fwx] ul/Psf 5g<
- of]36gdf ; ह्र्स्वbf0{s]g sg dfg]clwsf/x] xgg ePsf 5g<
- of]36gdf ; ह्र्स्व bnf]n s]x]f] < ; ह्र्स्वbf0{c]fo lbnfpg s]ug]knf] <

मंजुको कथा

dh' gj nk/f; L lhNnfs] Pp6f ; fg] uf]p]s]f ; s]D]f; L6fh]sLaf; (f xg\ pgsf]kl]j]f/df Ps hgf bfh'afx\$ c] s]x]L5] . Ps lbg ef/taf6 Pshgf ckl/lrt JolQmp]gx]s]3/df c]of]/ p]gx]s]3/s] Pp6f sf]f e]8df lnP/ a:g y]v]of]. s]x]Llbg]kl5 To] d]f; / p; s]b]fh' /fd] ; fyL ag]. To; n]dh]s]f bf0; ü c°gf]lj]fx ul/lbg]k]t]f] /fv]of]. bf0n]ToxL k]t]f] dh'; ü /fv]of]. dh]nf0{l]r]Q a'] / pgn] c:j]s]f/ ul/g\ bf0n]pgnf0{s6df]. c]0df dh]s]f To]d]f; ; ü hah{t lj]fx eof].

lj]fxkl5 p]gx] 3/ hfg]egLef/t uP . To] d]f; n]dh]nf0{c°gf]Pshgf ; fy]sxf'k]v]of]. To; kl5 pgL Pp6f sf]7df /fv]0g\ pgn]b]x]Jofk/ ug{ kb]v]of]. pgn]leg\$]f]gdf]bf pgsf] >ld]f e]Gh]ufn]df An\$]n]lr/Llbg]/ To; df gg nufpg]ub]f]/x] . pgL afW eP/ b]x]Jofk/ ub]y]g\ s]x]Ldlxgf kl5 dh'ePsf sf]7df kln; n]5kf d]v]of]. pglnf0{Tox]f]f6 p4f/ u/L3/ k7f0of].

छलफलका लागि प्रश्नहरू

- of]36gf a]lavg÷cf] f/k; f/s]x]f]ls x]0g <
- of]36gdf ; ह्र्स्वbf0{ank] \$ s]ddf nufpgsf nflu s]s:tf ck/fwx] ul/Psf 5g<
- of]36gdf ; ह्र्स्वbf0{s]g sg dfg]clwsf/x] xgg ePsf 5g<
- of]36gdf ; ह्र्स्व bnf]n s]x]f] < ; ह्र्स्वbf0{c]fo lbnfpg s]ug]knf] <

सन्दर्भ सामग्री

- != afn>d tyf c j w dfgj cf] f/ k; f/ lj?c nĒs ; dfgtf kjwġ - ILO
- @= Trafficking in Girls with special Reference to Prostitution – ILO
- #= dfgj aġlavg tyf cf] f/ k; f/ lgoġf ; DaGwLklzIfs klzIf f lgbġzsf - kd/f06\
- \$= dfgj aġlavg tyf cf] f/ k; f/ lj?c cleofg Ps ; o Ps ; jfn hj fkm- kd/f06\
- %= dfgj aġlavg tyf cf] f/ k; f/ lgoġf ; DaGwL/fi6e tyf cġ//fi6e sfggL; eġ tyf o; sf]kġfj sf/Lsfoġ og klzIfs kl:tsf - dxnf sfgg lj sf; d~r
- ^= Trafficking in Women in South Asia - Oxfam
- &= sf] ħL- dxnf kg:yfkgf sġ|
- *= dfgj aġlavg cf] f/ k; f/ tġnd lgbġzsf - dxnf kg:yfkgf sġ|
- (= /ġuf/L/ e":jfdġ nĒs ; dfgtf - ILO
- !)= South Asia Policy Dialogue on Human Trafficking Proceeds - Him Rights
- !!= oftfoft Jofj; fosf sġdbf/ sġf f/In]ġfġkg{sfggLJoj:yf ; DaGwLhfgsf/Lkl:tsf - sfgg cġ ġf tyf ; ġt lj sf; sġ|
- !@= Psn olgog - gġfn 6\$ olgog dxf; 3
- !#= lj sNksf]vġġL- gġfn 6\$ olgog dxf; 3
- !\$= dxnf >ldssf dġns clws/xġ - gġfn 6\$ olgog dxf; 3
- !%= Trafficking of women and Children in Bangladesh an Overview - Center for Health and Population Research Bangladesh
- !^= Combating Trafficking in Women - Action Aid
- !&= cf0ġn=cġf sf kf]t cle; lġwxġ

यातायात मजदुरका लागि
मानव बेचबिखन/ओसारपसार विरुद्ध प्रशिक्षक प्रशिक्षण कार्यक्रम
!(-@# krfuğ @)^@

दिन/समय□	कार्यक्रम
<p>पहिलो दिन :</p> <p>)!M) -)!M)</p> <p>)!M) -)@M)</p> <p>)@M) - @M%</p> <p>@M% -)#M%</p> <p>)#M% -)#M)</p> <p>)#M) -)%M)</p>	<p>cfudg, btf{</p> <p>pb3f6g</p> <p>sfoqmd af/]hfgsf/L</p> <p>ckIff klxrfg</p> <p>lrof</p> <p>dfgj aḥlavg -cjwf/of, kl/efiff, kj7eld, k\$f/, j tdfg cj :yf_</p>
<p>दोस्रो दिन :</p> <p>)*M) -)*M)</p> <p>)*M) -) (M%</p> <p>) (M% - !)M)</p> <p>!)M) - !!M%</p> <p>!!M% - !@M%</p> <p>!@M% -)!M%</p> <p>)!M% -)@M)</p> <p>)@M) -)\$M)</p> <p>)\$M) -)%M)</p>	<p>kg:d{Of</p> <p>dfgj aḥlavgsf sf/of / c; /xç</p> <p>lrof</p> <p>dfgj aḥlavgaf6 xgg xg]clwsf/xç</p> <p>dfgj aḥlavg -køfhg, ; Deflo :yn, tftl/sfxç, klqmof dfu{</p> <p>vfgf</p> <p>dfgj aḥlavg -kll8t kif, ; mlg kif, / ` Sofpg ul/g]axfgf_</p> <p>dfgj aḥlavg kll8t / ck/fwlsf]klxrfg -; dç sfo{; dt_</p> <p>; q ofhgf tof/L/ cfufdL.sfoqmd</p>
<p>तेस्रो दिन M</p> <p>)*M) -)*M)</p> <p>)*M) - !)M)</p> <p>!)M) - !)M%</p> <p>!)M% - !@M)</p> <p>!@M) -)!M)</p> <p>)!M) -)#M)</p> <p>)#M) -)#M%</p> <p>)#M% -)%M)</p>	<p>kg:d{Of</p> <p>dfgj aḥlavgaf6 hflug ckgfpgkg}; fj wfgL-; dç sfo{</p> <p>lrof</p> <p>cGt//fli6ø sfgg -dlxnf lj?ç ehefj !(&(, dfgj Jofkf/ j }ofj Q / ofg-!(\$ç,</p> <p>afn clwsf/ !(*ç, ; fs{dx; lgw @)@, cfOpncf]cle; lgw_</p> <p>vfgf</p> <p>cGt//fli6ø sfgg hf/L</p> <p>lrof</p> <p>dfgj aḥlavgaf6 kll8tsf]pçf/ tyf kg:yfkgsf]kIf</p>

यातायात मजदुरका लागि
मानव बेचबिखन/ओसारपसार विरुद्ध प्रशिक्षक प्रशिक्षण कार्यक्रम
!(-@# krfug @)^@

दिन/समय	कार्यक्रम
<p>चौथो दिन M</p> <p>) *M) -) *M)</p> <p>) *M) - !) M)</p> <p>!) M) - !!M)</p> <p>!!M) - !@M)</p> <p>!@M) -)!M)</p> <p>)!M) -)#M)</p> <p>)#M) -)#M%</p> <p>)#M% -)%M)</p>	<p>kg:d{Of</p> <p>gkfnst]sfgg -gkfn clw/fhsf]; h;wfg, hlp df:g]a]g]Pg_</p> <p>lrof</p> <p>gkfnst]sfgg -dhsLPg, >d Pg, sfggLpkrf/ klqmf_</p> <p>vfgf</p> <p>; d:of xn ug{; /f\$/jfnst]kxnx;</p> <p>lrof</p> <p>j]z /fhuf/L/ a; f0-; /f0</p>
<p>पाचौ दिन M</p> <p>) *M) -) *M)</p> <p>) *M) - !) M)</p> <p>!) M) - !) M%</p> <p>!) M% - !@M)</p> <p>!@M) -)!M)</p> <p>)!M) -)#M)</p> <p>)#M) -)#M%</p> <p>)#M% -)\$M)</p> <p>)\$M) -)%M)</p>	<p>kg:d{Of</p> <p>gkfnst]oftfoft If / dfgj a]lavg</p> <p>lrof</p> <p>Pr=cf0]e P8; \</p> <p>vfgf</p> <p>dfgj a]lavg ; d:of ; dfwgsf]rgf]L/ ; d% sfo{gog]sf nflu cfjZos</p> <p>pkfo</p> <p>cfrf/ ; ktf ; d% 5nkm ; d]</p> <p>cfrf/ ; ktf ; d% 5nkm ; d]</p> <p>dNof^sg ÷ ; dkg</p>

मानव बेचबिखन/ओसारपसार विरुद्ध प्रशिक्षक प्रशिक्षण कार्यक्रम

